

ST. FRANCES XAVIER CABRINI PROVINCE

54th Provincial Assembly

April 17 – 21, 2023

READINGS AND LITURGY OF THE HOURS

Monday, April 17, 2023

Tuesday, April 18, 2023

Wednesday, April 19, 2023

Thursday, April 20, 2023

Friday, April 21, 2023

Monday, April 17, 2023

**Monday of the Second
Week of Easter**

Reading

Office of Readings

Morning Prayer

Evening Prayer

Night Prayer

Home page!

Monday, 17 April 2023
Monday of the Second Week of Easter

READINGS

First Reading

Acts 4:23-31

As they prayed, they were all filled with the Holy Spirit and continued to speak the word of God with boldness.

A reading from the Acts of the Apostles

After their release Peter and John went back to their own people

and reported what the chief priests and elders had told them.

And when they heard it,

they raised their voices to God with one accord

and said, “Sovereign Lord, maker of
heaven and earth
and the sea and all that is in them,
you said by the Holy Spirit
through the mouth of our father David,
your servant:

Why did the Gentiles rage
and the peoples entertain folly?
The kings of the earth took their stand
and the princes gathered together
against the Lord and against his
anointed.

Indeed they gathered in this city
against your holy servant Jesus whom you
anointed,
Herod and Pontius Pilate,
together with the Gentiles and the peoples
of Israel,

to do what your hand and your will had long ago planned to take place.

And now, Lord, take note of their threats, and enable your servants to speak your word

with all boldness, as you stretch forth your hand to heal,

and signs and wonders are done through the name of your holy servant Jesus.”

As they prayed, the place where they were gathered shook,

and they were all filled with the Holy Spirit

and continued to speak the word of God with boldness.

Responsorial Psalm

Ps 2:1-3, 4-7a, 7b-9

R. :

*R. (See 11d) Blessed are all who take
refuge in the Lord*

or:

R. Alleluia.

Why do the nations rage

and the peoples utter folly?

The kings of the earth rise up,

and the princes conspire together

against the LORD and against his

anointed:

“Let us break their fetters

and cast their bonds from us!”

*R. Blessed are all who take refuge in the
Lord.*

or:

R. Alleluia.

He who is throned in heaven laughs;
the LORD derides them.

Then in anger he speaks to them;
he terrifies them in his wrath:

“I myself have set up my king
on Zion, my holy mountain.”

I will proclaim the decree of the LORD.

*R. Blessed are all who take refuge in the
Lord.*

or:

R. Alleluia.

The LORD said to me, “You are my Son;
this day I have begotten you.

Ask of me and I will give you
the nations for an inheritance

and the ends of the earth for your possession.
You shall rule them with an iron rod;
you shall shatter them like an earthen dish.”

R. Blessed are all who take refuge in the Lord.

or:

R. Alleluia.

Acclamation before the Gospel

Col 3:1

R. Alleluia, alleluia.

*If then you were raised with Christ,
seek what is above,
where Christ is seated at the right hand of
God.*

R. Alleluia, alleluia.

Gospel

Jn 3:1-8

No one can enter the Kingdom of God without being born of water and Spirit.

✠ A reading from the holy Gospel according to John

There was a Pharisee named Nicodemus, a ruler of the Jews.

He came to Jesus at night and said to him,

“Rabbi, we know that you are a teacher who has come from God,

for no one can do these signs that you are doing

unless God is with him.”

Jesus answered and said to him,

“Amen, amen, I say to you,

unless one is born from above, he cannot see the Kingdom of God.”

Nicodemus said to him,

“How can a man once grown old be born again?

Surely he cannot reenter his mother’s womb and be born again, can he?”

Jesus answered,

“Amen, amen, I say to you,
unless one is born of water and Spirit
he cannot enter the Kingdom of God.

What is born of flesh is flesh

and what is born of spirit is spirit.

Do not be amazed that I told you,

‘You must be born from above.’

The wind blows where it wills,

and you can hear the sound it makes,

but you do not know where it comes from
or where it goes;

so it is with everyone who is born of the Spirit.”

At the end of the Gospel, the Deacon, or the Priest, acclaims:

The Gospel of the Lord.

All reply:

Praise to you, Lord Jesus Christ.

Monday, 17 April 2023

OFFICE OF READINGS

INVITATORY

The Invitatory is said when this is the first ‘hour’ of the day.

Lord, + open my lips.

– *And my mouth will proclaim your praise.*

Ant. The Lord is risen, alleluia.

The antiphon is repeated. In individual recitation, the antiphon may be said only at

the beginning of the psalm; it need not be repeated after each strophe.

Psalm 95

A call to praise God

Encourage each other daily while it is still today (Hebrews 3:13).

Come, let us sing to the Lord *

and shout with joy to the Rock who saves us.

Let us approach him with praise and thanksgiving *

and sing joyful songs to the Lord.

Ant. The Lord is risen, alleluia.

The Lord is God, the mighty God, *
the great king over all the gods.

He holds in his hands the depths of the earth
*

and the highest mountains as well.

He made the sea; it belongs to him, *

the dry land, too, for it was formed by his
hands.

Ant. The Lord is risen, alleluia.

Come, then, let us bow down and worship, *
bending the knee before the Lord, our
maker.

For he is our God and we are his people, *
the flock he shepherds.

Ant. The Lord is risen, alleluia.

Today, listen to the voice of the Lord: †
Do not grow stubborn, as your fathers did
in the wilderness, *

when at Meriba and Massah

they challenged me and provoked me, *
Although they had seen all of my works.

Ant. The Lord is risen, alleluia.

Forty years I endured that generation. *

I said, “They are a people whose hearts go
astray

and they do not know my ways.”

So I swore in my anger, *

“They shall not enter into my rest.”

Ant. The Lord is risen, alleluia.

Glory to the Father, and to the Son, *

and to the Holy Spirit:

as it was in the beginning, is now, *

and will be for ever. Amen.

Ant. The Lord is risen, alleluia.

If the Invitatory is not said, then the following is used:

God, + come to my assistance.

– **Lord, make haste to help me.**

Glory to the Father, and to the Son, and to the Holy Spirit:

– **as it was in the beginning, is now, and will be for ever. Amen. Alleluia.**

HYMN

Christ the Lord is ris'n today;
Christians, haste your vows to pay;
Offer you your praises meet
At the Paschal Victim's feet.
For the sheep the Lamb has bled,

Sinless in the sinner's stead;
Christ, the Lord, is ris'n on high,
Now he lives no more to die!

Christ, the Victim undefiled,
Man to God has reconciled;
When in strange and awful strife
Met together death and life;
Christians, on this happy day
Haste with joy your vows to pay.
Christ, the Lord, is ris'n on high,
Now he lives no more to die!

Christ, who once for sinners bled,
Now the firstborn from the dead,
Throned in endless might and power,
Lives and reigns forevermore.
Hail, eternal Hope on high!
Hail, our King of Victory!
Hail, our Prince of life adored!

Help and save us, gracious Lord.

Tune: *Victimae Paschali Laudes 77.77 D*

Music: Traditional, alt.

Text: *Victimae Paschali Laudes*, Wipo of Burgundy, eleventh century

Translation: Jane E. Leeson, 1807-1882

Or:

The day of resurrection!

Earth spread the news abroad;

The Paschal feast of gladness,

The Paschal feast of God.

From death to life eternal,

From earth to heaven's height

Our Savior Christ has brought us,

The glorious Lord of Light.

Our hearts be free from evil

That we may see aright
The Savior resurrected
In his eternal light;
And hear his message plainly,
Delivered calm and clear:
“Rejoice with me in triumph,
Be glad and do not fear.”

Now let the heav'ns be joyful,
And earth her song begin,
The whole world keep high triumph
And all that is therein;
Let all things in creation
Their notes of gladness blend,
For Christ the Lord has risen,
Our joy that has no end.

Tune: Ellacombe or Aurelia 76.76 D

Music: (Ellacombe) Wurtemberg

Gesangbuch, 1784, adapted in the Mainz

*Gesangbuch, 1833, and further adapted in
the St. Gall Gesangbuch, 1863; (Aurelia) S.
S. Wesley, 1810-1876*

*Text: John Mason Neale, 1818-1866,
adapted by Anthony G. Petti*

PSALMODY

**Ant. 1 Bow down and hear me, Lord;
come to my rescue, alleluia.**

Psalm 31:1-17, 20-25

*A troubled person's confident appeal to God
Father, into your hands, I commend my
spirit (Luke 23:46).*

I

In you, O Lord, I take refuge. *
Let me never be put to shame.

In your justice, set me free, *
hear me and speedily rescue me.

Be a rock of refuge for me, *
a mighty stronghold to save me,
for you are my rock, my stronghold. *
For your name's sake, lead me and guide
me.

Release me from the snares they have
hidden *
for you are my refuge, Lord.
Into your hands I commend my spirit. *
It is you who will redeem me, Lord.

O God of truth, you detest *
those who worship false and empty gods.
As for me, I trust in the Lord: *
let me be glad and rejoice in your love.

You have seen my affliction *
and taken heed of my soul's distress,
have not handed me over to the enemy, *
but set my feet at large.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. Bow down and hear me, Lord; come
to my rescue, alleluia.**

**Ant. 2 Lord, let the light of your
countenance shine on your servant,
alleluia.**

II

Have mercy on me, O Lord, *

for I am in distress.

Tears have wasted my eyes, *
my throat and my heart.

For my life is spent with sorrow *
and my years with sighs.

Affliction has broken down my strength *
and my bones waste away.

In the face of all my foes *

I am a reproach,
an object of scorn to my neighbors *
and of fear to my friends.

Those who see me in the street *
run far away from me.

I am like a dead man, forgotten, *
like a thing thrown away.

I have heard the slander of the crowd, *

fear is all around me,
as they plot together against me, *
as they plan to take my life.

But as for me, I trust in you, Lord, *
I say: “You are my God.
My life is in your hands, deliver me *
from the hands of those who hate me.

Let your face shine on your servant. *
Save me in your love.”

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. Lord, let the light of your
countenance shine on your servant,
alleluia.**

Ant. 3 Blessed be the Lord, for he has poured out his mercy upon me, alleluia.

III

How great is the goodness, Lord, *
that you keep for those who fear you,
that you show to those who trust you *
in the sight of men.

You hide them in the shelter of your
presence *
from the plotting of men:
you keep them safe within your tent *
from disputing tongues.

Blessed be the Lord who has shown me †
the wonders of his love *
in a fortified city.

“I am far removed from your sight,” *
I said in my alarm.

Yet you heard the voice of my plea *
when I cried for help.

Love the Lord, all you saints. *
He guards his faithful
but the Lord will repay to the full *
those who act with pride.

Be strong, let your heart take courage, *
all who hope in the Lord.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Psalm Prayer

God of kindness and truth, you saved your Chosen One, Jesus Christ, and you gave your martyrs strength. Watch over your people who come to you here and strengthen the hearts of those who hope in you, that they may proclaim your saving acts of kindness in the eternal city.

Ant. Blessed be the Lord, for he has poured out his mercy upon me, alleluia.

My heart and my flesh, alleluia.

– Rejoice in the living God, alleluia.

READINGS

FIRST READING

From the beginning of the book of
Revelation
1:1-20

John's vision of the Son of Man

This is the revelation God gave to Jesus Christ, that he might show his servants what must happen very soon. He made it known by sending his angel to his servant John, who in reporting all he saw bears witness to the word of God and the testimony of Jesus Christ. Happy is the man who reads this prophetic message, and happy are those who

hear it and heed what is written in it, for the appointed time is near!

To the seven churches in the province of Asia: John wishes you grace and peace—from him who is and who was and who is to come, and from the seven spirits before his throne, and from Jesus Christ the faithful witness, the first-born from the dead and ruler of the kings of earth. To him who loves us and freed us from our sins by his own blood, who has made us a royal nation of priests in the service of his God and Father—to him be glory and power forever and ever! Amen.

See, he comes amid the clouds!

Every eye shall see him,
even of those who pierced him.

All the peoples of the earth

shall lament him bitterly.
So it is to be! Amen!

The Lord God says, “I am the Alpha and the Omega, the One who is and who was and who is to come, the Almighty!”

I, John, your brother, who share with you the distress and the kingly reign and the endurance we have in Jesus, found myself on the island called Patmos because I proclaimed God’s word and bore witness to Jesus. On the Lord’s day I was caught up in ecstasy, and I heard behind me a piercing voice like the sound of a trumpet, which said, “Write on a scroll what you see and send it to the seven churches: to Ephesus, Smyrna, Pergamum, Thyatira, Sardis, Philadelphia, and Laodicea.”

I turned around to see whose voice it was that spoke. When I did so I saw seven lampstands of gold, and among the lampstands One like a Son of Man wearing an ankle-length robe, with a sash of gold about his breast. The hair of his head was as white as snow-white wool, and his eyes blazed like fire. His feet gleamed like polished brass refined in a furnace, and his voice sounded like the roar of rushing waters. In his right hand he held seven stars. A sharp, two-edged sword came out of his mouth, and his face shone like the sun at its brightest.

When I caught sight of him I fell down at his feet as though dead. He touched me with his right hand and said: “There is nothing to fear. I am the First and the Last and the One who lives. Once I was dead but now I live—

forever and ever. I hold the keys of death and the nether world. Write down, therefore, whatever you see in visions—what you see now and will see in time to come. This is the secret meaning of the seven stars you saw in my right hand, and of the seven lampstands of gold: the seven stars are the presiding spirits of the seven churches, and the seven lampstands are the seven churches.”

RESPONSORY

Revelation 1:5, 6; Colossians 1:18

Christ loved us, and poured out his blood to free us from our sins.

– **To him be glory and dominion for ever, alleluia.**

He is the beginning of all things,
and the firstborn of the dead.

**– To him be glory and dominion for ever,
alleluia.**

SECOND READING

From an ancient Easter homily by Pseudo-
Chrysostom
(PG 59, 723-724)

The spiritual Passover

The Passover we celebrate brings salvation to the whole human race beginning with the first man, who together with all the others is saved and given life.

In an imperfect and transitory way, the types and images of the past prefigured the perfect and eternal reality which has now been revealed. The presence of what is

represented makes the symbol obsolete: when the king appears in person no one pays reverence to his statue.

How far the symbol falls short of the reality is seen from the fact that the symbolic Passover celebrated the brief life of the firstborn of the Jews, whereas the real Passover celebrates the eternal life of all mankind. It is a small gain to escape death for a short time, only to die soon afterward; it is a very different thing to escape death altogether as we do through the sacrifice of Christ, our Passover.

Correctly understood, its very name shows why this is our greatest feast. It is called the Passover because, when he was striking down the firstborn, the destroying angel passed over the houses of the Hebrews, but

it is even more true to say that he passes over us, for he does so once and for all when we are raised up by Christ to eternal life.

If we think only of the true Passover and ask why it is that the time of the Passover and the salvation of the firstborn is taken to be the beginning of the year, the answer must surely be that the sacrifice of the true Passover is for us the beginning of eternal life. Because it revolves in cycles and never comes to an end, the year is a symbol of eternity.

Christ, the sacrifice that was offered up for us, is the father of the world to come. He puts an end to our former life, and through the regenerating waters of baptism in which we imitate his death and resurrection, he gives us the beginning of a new life. The

knowledge that Christ is the Passover lamb who was sacrificed for us should make us regard the moment of his immolation as the beginning of our own lives. As far as we are concerned, Christ's immolation on our behalf takes place when we become aware of this grace and understand the life conferred on us by this sacrifice. Having once understood it, we should enter upon this new life with all eagerness and never return to the old one, which is now at an end. As Scripture says: We have died to sin—how then can we continue to live in it?

RESPONSORY

1 Corinthians 5:7-8; Romans 4:25

Purge out the old leaven of corruption,
then you will be bread of a new baking;
Christ has become our paschal sacrifice;

– let us then keep festival with joy in the Lord, alleluia.

He was put to death for our sins
and raised to life for our justification.

– Let us then keep festival with joy in the Lord, alleluia.

CONCLUDING PRAYER

Let us pray.

Almighty and ever-living God,
your Spirit made us your children,
confident to call you Father.

Increase your Spirit of love within us
and bring us to our promised inheritance.
Grant this through our Lord Jesus Christ,
your Son,

who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

– **Amen.**

ACCLAMATION

Let us praise the Lord.

– **And give him thanks.**

Monday, 17 April 2023

MORNING PRAYER

INVITATORY

The Invitatory is said when this is the first 'hour' of the day.

Lord, + open my lips.

– **And my mouth will proclaim your praise.**

Ant. The Lord is risen, alleluia.

The antiphon is repeated. In individual recitation, the antiphon may be said only at the beginning of the psalm; it need not be repeated after each strophe.

Psalm 95

A call to praise God

Encourage each other daily while it is still today (Hebrews 3:13).

Come, let us sing to the Lord *

and shout with joy to the Rock who saves us.

Let us approach him with praise and thanksgiving *

and sing joyful songs to the Lord.

Ant. The Lord is risen, alleluia.

The Lord is God, the mighty God, *
the great king over all the gods.

He holds in his hands the depths of the earth *

and the highest mountains as well.

He made the sea; it belongs to him, *

the dry land, too, for it was formed by his hands.

Ant. The Lord is risen, alleluia.

Come, then, let us bow down and worship, *
bending the knee before the Lord, our
maker.

For he is our God and we are his people, *
the flock he shepherds.

Ant. The Lord is risen, alleluia.

Today, listen to the voice of the Lord: †
Do not grow stubborn, as your fathers did
in the wilderness, *

when at Meriba and Massah

they challenged me and provoked me, *
Although they had seen all of my works.

Ant. The Lord is risen, alleluia.

Forty years I endured that generation. *
I said, “They are a people whose hearts go
astray

and they do not know my ways.”

So I swore in my anger, *

“They shall not enter into my rest.”

Ant. The Lord is risen, alleluia.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. The Lord is risen, alleluia.

If the Invitatory is not said, then the
following is used:

God, + come to my assistance.

– **Lord, make haste to help me.**

Glory to the Father, and to the Son, and to the Holy Spirit:

– **as it was in the beginning, is now, and will be for ever. Amen. Alleluia.**

HYMN

Jesus Christ is ris'n today, Alleluia

Our triumphant holy day, Alleluia!

Who did once upon the cross, Alleluia!

Suffer to redeem our loss, Alleluia!

Hymns of praise then let us sing, Alleluia!

Unto Christ our heav'nly King, Alleluia!

Who endured the cross and grave, Alleluia!

Sinners to redeem and save, Alleluia!

But the pains which he endured, Alleluia!
Our salvation have procured, Alleluia!
Now He rules eternal King, Alleluia!
Where the angels ever sing, Alleluia!

Praise to God the Father sing, Alleluia!
Praise to God the Son, our King, Alleluia!
Praise to God the Spirit be, Alleluia!
Now and through eternity, Alleluia!

Tune: Easter Hymn 77.77 with alleluia

Music: Lyra Davidica, 1708

*Text: Stanza 1 In Lyra Davidica, Latin
Carol, paraphrased, 1708, alt; stanzas 2, 3,
The Compleat Psalmist, 1749, alt; stanza
4, William Reynolds, 1860*

Or:

Alleluia, alleluia, alleluia.

Ye sons and daughters, let us sing!
The King of Heav'n, the glorious King,
O'er death today rose triumphing.

Alleluia!

Alleluia, alleluia, alleluia.

That Easter morn, at break of day,
The faithful women went their way
To seek the tomb where Jesus lay.

Alleluia!

Alleluia, alleluia, alleluia.

An angel clad in white they see,
Who sat, and spoke unto the three,
"Your Lord doth go to Galilee."

Alleluia!

Alleluia, alleluia, alleluia.

On this most holy day of days,
To God your hearts and voices raise,
In laud and jubilee and praise.
Alleluia!

Alleluia, alleluia, alleluia.
And we with Holy Church unite,
As evermore is just and right,
In glory to the King of light.
Alleluia!

Tune: O Filii et Filiae 888 with alleluias

*Music: Seventeenth Century French Proper
Melody*

Text: Jean Tisserand, d. 1495

*Translation: John Mason Neale, 1818-1866,
alt.*

PSALMODY

Ant. 1 As a deer longs for flowing streams, so my soul longs for you, my God, alleluia.

Psalm 42

Longing for the Lord's presence in his Temple

Let all who thirst come; let all who desire it, drink from the life-giving water (Revelation 22:17).

Like the deer that yearns *
for running streams,
so my soul is yearning *
for you, my God.

My soul is thirsting for God, *
the God of my life;

when can I enter and see *
the face of God?

My tears have become my bread, *
by night, by day,
as I hear it said all the day long: *
“Where is your God?”

These things will I remember *
as I pour out my soul:
how I would lead the rejoicing crowd *
into the house of God,
amid cries of gladness and thanksgiving, *
the throng wild with joy.

Why are you cast down, my soul, *
why groan within me?
Hope in God; I will praise him still, *
my savior and my God.

My soul is cast down within me *
as I think of you,
from the country of Jordan and Mount
Hermon, *
from the Hill of Mizar.

Deep is calling on deep, *
in the roar of waters:
your torrents and all your waves *
swept over me.

By day the Lord will send *
his loving kindness;
by night I will sing to him, *
praise the God of my life.

I will say to God, my rock: *
“Why have you forgotten me?”
Why do I go mourning, *
oppressed by the foe?”

With cries that pierce me to the heart, *
my enemies revile me,
saying to me all the day long: *
“Where is your God?”

Why are you cast down, my soul, *
why groan within me?
Hope in God; I will praise him still, *
my savior and my God.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Psalm Prayer

Father in heaven, when your strength takes
possession of us we no longer say: Why are

you cast down, my soul? So now that the surging waves of your indignation have passed over us, let us feel the healing calm of your forgiveness. Inspire us to yearn for you always, like the deer for running streams, until you satisfy every longing in heaven.

Ant. As a deer longs for flowing streams, so my soul longs for you, my God, alleluia.

Ant. 2 Fill Zion with your praises, Lord, and let your wonders be proclaimed, alleluia.

Canticle: Sirach 36:1-5, 10-13

Prayer of entreaty for the holy city,
Jerusalem

This is eternal life: to know you, the one true God, and Jesus Christ whom you have sent (John 17:3).

Come to our aid, O God of the universe, *
and put all the nations in dread of you!
Raise your hand against the heathen, *
that they may realize your power.

As you have used us to show them your holiness, *
so now use them to show us your glory.
Thus they will know, as we know, *
that there is no God but you.

Give new signs and work new wonders; *
show forth the splendor of your right hand
and arm.

Gather all the tribes of Jacob, *

that they may inherit the land as of old.
Show mercy to the people called by your
name; *
Israel, whom you named your first-born.

Take pity on your holy city, *
Jerusalem, your dwelling place.
Fill Zion with your majesty, *
your temple with your glory.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. Fill Zion with your praises, Lord,
and let your wonders be proclaimed,
alleluia.**

Ant. 3 The glory of God illumines the city; the Lamb of God is its light, alleluia.

Psalm 19A

Praise of the Lord, Creator of all

The dawn from on high shall break on us . . . to guide our feet into the way of peace (Luke 1:78, 79).

The heavens proclaim the glory of God *
and the firmament shows forth the work of
his hands.

Day unto day takes up the story *
and night unto night makes known the
message.

No speech, no word, no voice is heard †
yet their span extends through all the earth,
*

their words to the utmost bounds of the world.

There he has placed a tent for the sun; †
it comes forth like a bridegroom coming
from his tent, *
rejoices like a champion to run its course.

At the end of the sky is the rising of the sun;
†
to the furthest end of the sky is its course. *
There is nothing concealed from its burning
heat.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Psalm Prayer

To enlighten the world, Father, you sent to us your Word as the sun of truth and justice shining upon mankind. Illumine our eyes that we may discern your glory in the many works of your hand.

Ant. The glory of God illumines the city; the Lamb of God is its light, alleluia.

READING

Romans 10:8b-10

The word is near you, on your lips and in your heart (that is, the word of faith which we preach). For if you confess with your lips that Jesus is Lord, and believe in your heart that God raised him from the dead, you will be saved. Faith in the heart leads to

justification, confession on the lips to salvation.

RESPONSORY

The Lord is risen from the tomb, alleluia, alleluia.

– **The Lord is risen from the tomb, alleluia, alleluia.**

He hung upon the cross for us,
– **alleluia, alleluia.**

Glory to the Father, and to the Son, and to the Holy Spirit.

– **The Lord is risen from the tomb, alleluia, alleluia.**

GOSPEL CANTICLE

Ant. Truly I tell you, unless you are born again you cannot see the kingdom of God, alleluia.

Canticle of Zechariah

Luke 1:68-79

The Messiah and his forerunner

Blessed + be the Lord, the God of Israel; *
he has come to his people and set them free.

He has raised up for us a mighty savior, *
born of the house of his servant David.

Through his holy prophets he promised of
old †

that he would save us from our enemies, *
from the hands of all who hate us.

He promised to show mercy to our fathers *
and to remember his holy covenant.

This was the oath he swore to our father
Abraham: *

to set us free from the hands of our enemies,
free to worship him without fear, *
holy and righteous in his sight
all the days of our life.

You, my child, shall be called the prophet of
the Most High; *
for you will go before the Lord to prepare
his way,
to give his people knowledge of salvation *
by the forgiveness of their sins.

In the tender compassion of our God *
the dawn from on high shall break upon us,

to shine on those who dwell in darkness and
the shadow of death, *
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. Truly I tell you, unless you are born
again you cannot see the kingdom of God,
alleluia.**

INTERCESSIONS

God the Father was glorified in the death
and resurrection of his Son. Let us pray to
him with confidence, saying:

Lord, enlighten our minds.

Father of lights, you bathed the world in
splendor when Christ rose again in glory,
– fill our minds with the light of faith.

Lord, enlighten our minds.

Through the resurrection of your Son you
opened for us the way to eternal life,
– as we work today sustain us with the hope
of glory.

Lord, enlighten our minds.

Through your risen Son you sent the Holy
Spirit into the world,
– set our hearts on fire with spiritual love.

Lord, enlighten our minds.

May Jesus Christ, who was crucified to set
us free,
– be today our salvation and redemption.

Lord, enlighten our minds.

THE LORD'S PRAYER

(Gathering our prayer and praises into one, let us offer the prayer Christ himself taught us:)

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.

CONCLUDING PRAYER

Almighty and ever-living God,
your Spirit made us your children,
confident to call you Father.

Increase your Spirit of love within us
and bring us to our promised inheritance.

Grant this through our Lord Jesus Christ,
your Son,

who lives and reigns with you and the Holy
Spirit,

God, for ever and ever.

– **Amen.**

Or:

Grant, we pray, almighty God,
that we, who have been renewed by paschal
remedies,

transcending the likeness of our earthly
parentage,
may be transformed in the image of our
heavenly maker.

Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of
the Holy Spirit,
God, for ever and ever.

– **Amen.**

DISMISSAL

**If a priest or deacon presides, he dismisses
the people:**

The Lord be with you.

– **And with your spirit.**

May almighty God bless you,
the Father, and the Son, and the Holy Spirit.

– **Amen.**

Another form of the blessing may be used,
as at Mass.

Then he adds:

Go in peace.

– **Thanks be to God.**

In the absence of a priest or deacon and in
individual recitation, Morning Prayer
concludes:

May the Lord + bless us,
protect us from all evil
and bring us to everlasting life.

– **Amen.**

Monday, 17 April 2023

EVENING PRAYER

INTRODUCTION

God, + come to my assistance.

– **Lord, make haste to help me.**

Glory to the Father, and to the Son, and to the Holy Spirit:

– **as it was in the beginning, is now, and will be for ever. Amen. Alleluia.**

HYMN

Alleluia! Alleluia! Alleluia!

The strife is o'er, the battle done;

Now is the victor's triumph won:

O let the song of praise be sung.

Alleluia!

Alleluia! Alleluia! Alleluia!
On the third morn he rose again,
Glorious in majesty to reign:
O let us swell the joyful strain:
Alleluia!

Alleluia! Alleluia! Alleluia!
O risen Lord, all praise to thee,
Who from our sins has set us free,
That we may live eternally:
Alleluia!

Tune: Victory 888 with alleluias

Music: G.P. da Palestrina, 1588 adapted
with alleluias by W.H. Monk, 1861

Text: Cologne, 1695

Translation: Francis Pott, 1861, alt.

Or:

Christ Jesus lay in death's strong bands
For our offenses given:
But now at God's right hand he stands
And brings us life from heaven;
Therefore let us joyful be,
And praise the Father thankfully
With songs of Alleluia.
Alleluia.

How long and bitter was the strife
When life and death contended,
The victory remained with life,
The reign of death was ended:
Stripped of power, no more it reigns,
An empty form alone remains.
Death's sting is lost for ever.
Alleluia.

So let us keep this festival
To which Our Lord invites us,
The Savior who is joy of all,
The Sun that warms and lights us:
By his grace he shall impart
Eternal sunshine to the heart;
The night of sin has ended.
Alleluia.

Tune: Christ lag in Todesbanden 87.87.787
with alleluia

Music: Walther's Gesangbuchlein, 1524

Text: Martin Luther, 1483-1546, based on
Victimae Paschali laudes

Translation: Richard Massie, 1800-1887,
adapted by Anthony G. Petti

PSALMODY

Ant. 1 Blessed is he who comes in the name of the Lord, alleluia.

Psalm 45

The marriage of the king

The Bridegroom is here; go out and welcome him (Matthew 25:6).

I

My heart overflows with noble words. †
To the king I must speak the song I have made; *

my tongue as nimble as the pen of a scribe.

You are the fairest of the children of men †
and graciousness is poured upon your lips: *

because God has blessed you for evermore.

O mighty one, gird your sword upon your thigh; †

in splendor and state, ride on in triumph *
for the cause of truth and goodness and right.

Take aim with your bow in your dread right hand. †

Your arrows are sharp: peoples fall beneath you. *

The foes of the king fall down and lose heart.

Your throne, O God, shall endure for ever. †

A scepter of justice is the scepter of your kingdom. *

Your love is for justice; your hatred for evil.

Therefore God, your God, has anointed you
†
with the oil of gladness above other kings: *
your robes are fragrant with aloes and
myrrh.

From the ivory palace you are greeted with
music. †

The daughters of kings are among your
loved ones. *

On your right stands the queen in gold of
Ophir.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. Blessed is he who comes in the name
of the Lord, alleluia.**

Ant. 2 Blessed are those who are called to the wedding feast of the Lamb, alleluia.

II

Listen, O daughter, give ear to my words: *
forget your own people and your father's
house.

So will the king desire your beauty: *
he is your lord, pay homage to him.

And the people of Tyre shall come with
gifts, *
the richest of the people shall seek your
favor.

The daughter of the king is clothed with
splendor, *
her robes embroidered with pearls set in
gold.

She is led to the king with her maiden companions. †

They are escorted amid gladness and joy; *
they pass within the palace of the king.

Sons shall be yours in place of your fathers:
*

you will make them princes over all the earth.

May this song make your name for ever remembered. *

May the peoples praise you from age to age.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Psalm Prayer

When you took on flesh, Lord Jesus, you made a marriage of mankind with God. Help us to be faithful to your word and endure our exile bravely, until we are called to the heavenly marriage feast, to which the Virgin Mary, exemplar of your Church, has preceded us.

Ant. Blessed are those who are called to the wedding feast of the Lamb, alleluia.

Ant. 3 From his fullness we have all received, grace upon grace, alleluia.

Canticle: Ephesians 1:3-10
God our Savior

Praised be the God and Father *

of our Lord Jesus Christ,
who has bestowed on us in Christ *
every spiritual blessing in the heavens.

God chose us in him *
before the world began
to be holy *
and blameless in his sight.

He predestined us *
to be his adopted sons through Jesus Christ,
such was his will and pleasure, †
that all might praise the glorious favor *
he has bestowed on us in his beloved.

In him and through his blood, we have been
redeemed, *
and our sins forgiven,
so immeasurably generous *
is God's favor to us.

God has given us the wisdom *
to understand fully the mystery,
the plan he was pleased *
to decree in Christ.

A plan to be carried out *
in Christ, in the fullness of time,
to bring all things into one in him, *
in the heavens and on earth.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. From his fullness we have all
received, grace upon grace, alleluia.**

READING

Hebrews 8:1b-3a

We have such a high priest, who has taken his seat at the right hand of the throne of the Majesty in heaven, minister of the sanctuary and of that true tabernacle set up, not by man, but by the Lord. Now every high priest is appointed to offer gifts and sacrifices.

RESPONSORY

The disciples rejoiced, alleluia, alleluia.

– **The disciples rejoiced, alleluia, alleluia.**

When they saw the risen Lord,

– **alleluia, alleluia.**

Glory to the Father, and to the Son, and to the Holy Spirit.

– **The disciples rejoiced, alleluia, alleluia.**

GOSPEL CANTICLE

Ant. What is born of the flesh is flesh, and what is born of the spirit is spirit, alleluia.

Canticle of Mary

Luke 1:46-55

The soul rejoices in the Lord

My + soul proclaims the greatness of the Lord, †

my spirit rejoices in God my Savior *
for he has looked with favor on his lowly servant.

From this day all generations will call me blessed: †

the Almighty has done great things for me, *
and holy is his Name.

He has mercy on those who fear him *
in every generation.

He has shown the strength of his arm, *
he has scattered the proud in their conceit.

He has cast down the mighty from their
thrones, *
and has lifted up the lowly.

He has filled the hungry with good things, *
and the rich he has sent away empty.

He has come to the help of his servant Israel
*

for he has remembered his promise of
mercy,
the promise he made to our fathers, *
to Abraham and his children for ever.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. What is born of the flesh is flesh, and
what is born of the spirit is spirit, alleluia.**

INTERCESSIONS

Let us pray to Christ the Lord, who bathed
the world in glory through his resurrection.
With joyful hearts let us say:

Christ, our life, hear our prayer.

Lord Jesus Christ, you walked with your
disciples on the way,
– be with your Church on its pilgrimage
through life.

Christ, our life, hear our prayer.

Do not let us be slow to believe,
– but ready to proclaim you as victor over
death.

Christ, our life, hear our prayer.

Look with kindness on those who do not
recognize your presence,
– reveal yourself to them, so that they may
welcome you as Savior.

Christ, our life, hear our prayer.

Through the cross you have brought
reconciliation to mankind in your body,
– grant unity and peace to all nations.

Christ, our life, hear our prayer.

Judge of the living and the dead,
– forgive the sins of the faithful departed.

Christ, our life, hear our prayer.

THE LORD'S PRAYER

(Gathering our prayer and praises into one, let us offer the prayer Christ himself taught us:)

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come.
thy will be done
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.

CONCLUDING PRAYER

Almighty and ever-living God,
your Spirit made us your children,
confident to call you Father.

Increase your Spirit of love within us
and bring us to our promised inheritance.

Grant this through our Lord Jesus Christ,
your Son,

who lives and reigns with you and the Holy
Spirit,

God, for ever and ever.

– **Amen.**

DISMISSAL

If a priest or deacon presides, he dismisses
the people:

The Lord be with you.

– **And with your spirit.**

May almighty God bless you,
the Father, and the Son, and the Holy Spirit.
– **Amen.**

Another form of the blessing may be used,
as at Mass.

Then he adds:

Go in peace.

– **Thanks be to God.**

Monday, 17 April 2023

NIGHT PRAYER

INTRODUCTION

God, + come to my assistance.

– **Lord, make haste to help me.**

Glory to the Father, and to the Son, and to the Holy Spirit:

– **as it was in the beginning, is now, and will be for ever. Amen. Alleluia.**

Examination of Conscience

A brief examination of conscience may be made. In the communal celebration of the Office, a Penitential Rite using the formulas of the Mass may be inserted here.

[I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have
failed to do,

And, striking their breast, they say:

through my fault, through my fault,
through my most grievous fault;

Then they continue:

therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

The absolution by the Priest follows:

May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life.

– Amen.]

HYMN

At the Lamb's high feast we sing
Praise to our victorious King,
Who has washed us in the tide
Flowing from his wounded side;
Praise the Lord, whose love divine
Gives his sacred blood for wine,
Gives his body for the feast,
Christ the victim, Christ the priest.

Where the Paschal blood is poured,
Death's dark angel sheathes his sword;

Israel's host in triumph go
Through the waves that drown the foe.
Christ the Lamb whose blood was shed,
Paschal victim, Paschal bread;
Let us with a fervent love
Taste the manna from above.

Mighty Victim from on high,
Pow'rs of hell now vanquished lie;
Sin is conquered in the fight:
You have brought us life and light;
Your resplendent banners wave,
You have risen from the grave;
Christ has opened Paradise,
And in him all men shall rise.

Easter triumph, Easter joy,
Sin alone can this destroy;
Souls from sin and death set free
Glory in their liberty.

Hymns of glory, hymns of praise
Father unto you we raise;
Risen Lord, for joy we sing;
Let our hymns through heaven ring.

Tune: Salzburg 77.77 D

Music: Jacob Hintze, 1622-1702

Text: Ad regias Agni dapes

Translation: Robert Campbell, 1814-1868,
adapted by Geoffrey Laycock

Or:

God who made the earth and heaven,

Darkness and light;

You the day for work have giv'n

For rest the night.

May your angel guards defend us,

Slumber sweet your mercy send us,

Holy dreams and hope attend us,

All through the night.

And when morn again shall call us

To run life's way,

May we still whate'er befall us,

Your will obey.

From the pow'r of evil hide us,

In the narrow pathway guide us,

Never be your smile denied us

All through the day.

Guard us waking, guard us sleeping,

And, when we die,

May we in your mighty keeping

All peaceful lie.

When the last dread call shall wake us,

Then O Lord, do not forsake us,

But to reign in glory take us

With you on high.

Tune: Ar Hyd Y Nos 84.84.88.84

Music: Welsh Carol

Text: Stanza 1 Reginald Heber, 1783-1826;
stanza 2 William Mercer, 1811-1876; stanza
3 Richard Whately, 1787-1863

PSALMODY

Ant. Alleluia, alleluia, alleluia.

Psalm 86

Poor man's prayer in trouble

Blessed be God who comforts us in all our
trials (2 Corinthians 1:3, 4).

Turn your ear, O Lord, and give answer *
for I am poor and needy.

Preserve my life, for I am faithful: *
save the servant who trusts in you.

You are my God; have mercy on me, Lord,
*

for I cry to you all day long.

Give joy to your servant, O Lord, *
for to you I lift up my soul.

O Lord, you are good and forgiving, *
full of love to all who call.

Give heed, O Lord, to my prayer *
and attend to the sound of my voice.

In the day of distress I will call *
and surely you will reply.

Among the gods there is none like you, O
Lord; *

nor work to compare with yours.

All the nations shall come to adore you *
and glorify your name, O Lord:

for you are great and do marvelous deeds, *
you who alone are God.

Show me, Lord, your way †
so that I may walk in your truth. *
Guide my heart to fear your name.

I will praise you, Lord my God, with all my
heart *
and glorify your name for ever;
for your love to me has been great: *
you have saved me from the depths of the
grave.

The proud have risen against me; †
ruthless men seek my life: *
to you they pay no heed.

But you, God of mercy and compassion, *
slow to anger, O Lord,

abounding in love and truth, *
turn and take pity on me.

O give your strength to your servant *
and save your handmaid's son.
Show me the sign of your favor †
that my foes may see to their shame *
that you console me and give me your help.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. Alleluia, alleluia, alleluia.

READING

1 Thessalonians 5:9-10

God has destined us for acquiring salvation through our Lord Jesus Christ. He died for us, that all of us, whether awake or asleep, together might live with him.

RESPONSORY

Into your hands, Lord, I commend my spirit, alleluia, alleluia.

– Into your hands, Lord, I commend my spirit, alleluia, alleluia.

You have redeemed us, Lord God of truth.

– Alleluia, alleluia.

Glory to the Father, and to the Son, and to the Holy Spirit.

– Into your hands, Lord, I commend my spirit, alleluia, alleluia.

GOSPEL CANTICLE

Ant. Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace, alleluia.

Canticle of Simeon

Luke 2:29-32

Christ is the light of the nations and the glory of Israel

Lord, + now you let your servant go in peace; *

your word has been fulfilled:

my own eyes have seen the salvation *

which you have prepared in the sight of every people:

a light to reveal you to the nations *

and the glory of your people Israel.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. Protect us, Lord, as we stay awake;
watch over us as we sleep, that awake, we
may keep watch with Christ, and asleep,
rest in his peace, alleluia.**

CONCLUDING PRAYER

Let us pray.

Lord,
give our bodies restful sleep
and let the work we have done today
bear fruit in eternal life.

We ask this through Christ our Lord.

– **Amen.**

BLESSING

May the all-powerful Lord
grant us a restful night
and a peaceful death.

– Amen.

Antiphon or song in honor of the Blessed Virgin Mary

Queen of heaven, rejoice, alleluia.

The Son whom you merited to bear, alleluia,
has risen as he said, alleluia.

Pray for us to God, alleluia.

Rejoice and be glad, O Virgin Mary,
alleluia!

For the Lord has truly risen, alleluia!

Or:

Regina caeli, laetare, alleluia,
quia quem meruisti portare, alleluia,
resurrexit sicut dixit, alleluia;
ora pro nobis Deum, alleluia.

Gaude et laetare, Virgo Maria, alleluia.
Quia surrexit Dominus vere, alleluia.

Monday, 17 April 2023

Tuesday, April 18, 2023

Tuesday of the Second

Week of Easter

Reading

Office of Readings

Morning Prayer

Evening Prayer

Night Prayer

Home page!

READINGS

First Reading

Acts 4:32-37

The community of believers was of one heart and one mind.

A reading from the Acts of the Apostles

The community of believers was of one heart and mind,

and no one claimed that any of his possessions was his own,

but they had everything in common.

With great power the Apostles bore witness to the resurrection of the Lord Jesus, and great favor was accorded them all.

There was no needy person among them,

for those who owned property or houses
would sell them,
bring the proceeds of the sale,
and put them at the feet of the Apostles,
and they were distributed to each
according to need.

Thus Joseph, also named by the Apostles
Barnabas

(which is translated “son of
encouragement”),
a Levite, a Cypriot by birth,
sold a piece of property that he owned,
then brought the money and put it at the
feet of the Apostles.

Responsorial Psalm

93:1ab, 1cd-2, 5

Ṛ. (1a) The Lord is king; he is robed in majesty.

or:

Ṛ. Alleluia.

The LORD is king, in splendor robed;
robed is the LORD and girt about with strength.

Ṛ. The Lord is king; he is robed in majesty.

or:

Ṛ. Alleluia.

And he has made the world firm,
not to be moved.

Your throne stands firm from of old;
from everlasting you are, O LORD.

Ṛ. The Lord is king; he is robed in majesty.

or:

R. Alleluia.

Your decrees are worthy of trust indeed:
holiness befits your house,
O LORD, for length of days.

**R. The Lord is king; he is robed in
majesty.**

or:

R. Alleluia.

Acclamation before the Gospel

Jn 3:14-15

R. Alleluia, alleluia.

**The Son of Man must be lifted up,
so that, everyone who believes in him
may have eternal life.**

R. Alleluia, alleluia.

Gospel

Jn 3:7b-15

No one has gone up to heaven except the one who has come down from heaven, the Son of Man.

✠ A reading from the holy Gospel according to John

Jesus said to Nicodemus:

“‘You must be born from above.’

The wind blows where it wills, and you can hear the sound it makes,

but you do not know where it comes from or where it goes;

so it is with everyone who is born of the Spirit.”

Nicodemus answered and said to him,

“How can this happen?”

Jesus answered and said to him,

“You are the teacher of Israel and you do not understand this?

Amen, amen, I say to you,

we speak of what we know and we testify to what we have seen,

but you people do not accept our testimony.

If I tell you about earthly things and you do not believe,

how will you believe if I tell you about heavenly things?

No one has gone up to heaven

except the one who has come down from heaven, the Son of Man.

And just as Moses lifted up the serpent in the desert,

so must the Son of Man be lifted up,

so that everyone who believes in him may have eternal life.”

At the end of the Gospel, the Deacon, or the Priest, acclaims:

The Gospel of the Lord.

All reply:

Praise to you, Lord Jesus Christ.

Then he kisses the book, saying quietly:

Through the words of the Gospel
may our sins be wiped away.

Tuesday, April 18, 2023

OFFICE OF READINGS

INVITATORY

The Invitatory is said when this is the first 'hour' of the day.

Lord, + open my lips.

– **And my mouth will proclaim your praise.**

Ant. The Lord is risen, alleluia.

The antiphon is repeated. In individual recitation, the antiphon may be said only at the beginning of the psalm; it need not be repeated after each strophe.

Psalm 95

A call to praise God

Encourage each other daily while it is still today (Hebrews 3:13).

Come, let us sing to the Lord *

and shout with joy to the Rock who saves us.

Let us approach him with praise and thanksgiving *

and sing joyful songs to the Lord.

Ant. The Lord is risen, alleluia.

The Lord is God, the mighty God, *
the great king over all the gods.

He holds in his hands the depths of the earth
*

and the highest mountains as well.

He made the sea; it belongs to him, *
the dry land, too, for it was formed by his
hands.

Ant. The Lord is risen, alleluia.

Come, then, let us bow down and worship, *
bending the knee before the Lord, our
maker.

For he is our God and we are his people, *
the flock he shepherds.

Ant. The Lord is risen, alleluia.

Today, listen to the voice of the Lord: †
Do not grow stubborn, as your fathers did
in the wilderness, *
when at Meriba and Massah
they challenged me and provoked me, *
Although they had seen all of my works.

Ant. The Lord is risen, alleluia.

Forty years I endured that generation. *
I said, “They are a people whose hearts go
astray
and they do not know my ways.”
So I swore in my anger, *
“They shall not enter into my rest.”

Ant. The Lord is risen, alleluia.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. The Lord is risen, alleluia.

If the Invitatory is not said, then the following is used:

God, + come to my assistance.

– **Lord, make haste to help me.**

Glory to the Father, and to the Son, and to the Holy Spirit:

– **as it was in the beginning, is now, and will be for ever. Amen. Alleluia.**

HYMN

Alleluia! Alleluia!

Hearts and voices heav'nward raise:

Sing to God a hymn of gladness,

Sing to God a hymn of praise.

He who on the cross a victim,

For the world's salvation bled,

Jesus Christ, the King of glory,

Now is risen from the dead.

Now the iron bars are broken,
Christ from death to life is born,
Glorious life, and life immortal,
On this holy Easter morn,
Christ has triumphed, and we conquer
By his mighty enterprise;
We with him to life eternal
By his resurrection rise.

Christ is risen, Christ, the firstfruits
Of the holy harvest field,
Which with all its full abundance
At his second coming yields;
Then the golden ears of harvest
Will their heads before him wave,
Ripened by his glorious sunshine
From the furrows of the grave.

Christ is risen, we are risen!
Shed upon us heav'nly grace,
Rains and dew and gleams of glory
From the brightness of your face;
That with hearts in heaven dwelling,
We on earth may fruitful be,
And by angels hands be gathered
Into heav'n's eternity.

Alleluia! Alleluia!
Glory be to God on high;
Alleluia to the Savior
Who has won the victory;
Alleluia to the Spirit,
Fount of love and sanctity;
Alleluia! Alleluia!
To the Triune majesty.

Tune: Würtzburg 87.87 D

Music: Andächtige und Auserlesene
Gesänger, Würtzburg, 1705

Text: Christopher Wordsworth, 1782

Or:

Praise the Savior now and ever;
Praise him, all beneath the skies;
Prostrate lying, suff'ring, dying
On the cross, a sacrifice.
Vict'ry gaining, life obtaining,
Now in glory he does rise.

Man's work failing, Christ's availing;
He is all our righteousness;
He, our Savior, has forever
Set us free from dire distress.
Through his merit we inherit
Light and peace and happiness.

Sin's bonds severed, we're delivered,
Christ has bruised the serpent's head;
Death no longer is the stronger,
Hell itself is captive led.

Christ has risen from death's prison,
O'er the tomb his light he shed.

For His favor, praise forever,
Unto God the Father sing;
Praise the Savior, praise him ever,
Son of God, our Lord and King.
Praise the Spirit, through Christ's merit,
For he does salvation bring.

Tune: Upp, Min Tunga 87.87.87 or Lauda
Anima 87.87.87

Music: (Upp, Min Tunga) Koralpsalmboken,
Stockholm, 1697; (Lauda Anima) John
Gross, 1869

Text: Pange lingua gloriosi proelium
certaminis, Venantius Fortunatus, c. 530-
609

Translation: Augustus Nelson, 1863-1949,
alt.

PSALMODY

**Ant. 1 Surrender to God, and he will do
everything for you, alleluia.**

Psalm 37

The lot of the wicked and the good
Blessed are the meek, for they shall inherit
the earth (Matthew 5:5).

I

Do not fret because of the wicked; *
do not envy those who do evil:

for they wither quickly like grass *
and fade like the green of the fields.

If you trust in the Lord and do good, *
then you will live in the land and be secure.
If you find your delight in the Lord, *
he will grant your heart's desire.

Commit your life to the Lord, *
trust in him and he will act,
so that your justice breaks forth like the
light, *
your cause like the noon-day sun.

Be still before the Lord and wait in patience;
*
do not fret at the man who prospers;
a man who makes evil plots *
to bring down the needy and the poor.

Calm your anger and forget your rage; *
do not fret, it only leads to evil.

For those who do evil shall perish; *
the patient shall inherit the land.

A little longer—and the wicked shall have
gone. *

Look at his place, he is not there.

But the humble shall own the land *
and enjoy the fullness of peace.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. Surrender to God, and he will do
everything for you, alleluia.**

Ant. 2 Turn away from evil and learn to do God's will; the Lord will strengthen you if you obey him, alleluia.

II

The wicked man plots against the just *
and gnashes his teeth against him;
but the Lord laughs at the wicked *
for he sees that his day is at hand.

The sword of the wicked is drawn, *
his bow is bent to slaughter the upright.
Their sword shall pierce their own hearts *
and their bows shall be broken to pieces.

The just man's few possessions *
are better than the wicked man's wealth;
for the power of the wicked shall be broken
*

and the Lord will support the just.

He protects the lives of the upright, *
their heritage will last for ever.

They shall not be put to shame in evil days,
*

in time of famine their food shall not fail.

But all the wicked shall perish *
and all the enemies of the Lord.

They are like the beauty of the meadows, *
they shall vanish, they shall vanish like
smoke.

The wicked man borrows without repaying,
*

but the just man is generous and gives.
Those blessed by the Lord shall own the
land, *

but those he has cursed shall be destroyed.

The Lord guides the steps of a man *
and makes safe the path of one he loves.
Though he stumble he shall never fall *
for the Lord holds him by the hand.

I was young and now I am old, †
but I have never seen the just man forsaken
*

nor his children begging for bread.
All the day he is generous and lends *
and his children become a blessing.

Then turn away from evil and do good *
and you shall have a home for ever;
for the Lord loves justice *
and will never forsake his friends.

The unjust shall be wiped out for ever *
and the children of the wicked destroyed.

The just shall inherit the land; *
there they shall live for ever.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. Turn away from evil and learn to do
God's will; the Lord will strengthen you if
you obey him, alleluia.**

**Ant. 3 Wait for the Lord to lead, then
follow in his way, alleluia.**

III

The just man's mouth utters wisdom *
and his lips speak what is right;
the law of his God is in his heart, *

his steps shall be saved from stumbling.

The wicked man watches for the just *
and seeks occasion to kill him.

The Lord will not leave him in his power *
nor let him be condemned when he is
judged.

Then wait for the Lord, keep to his way. *
It is he who will free you from the wicked,
raise you up to possess the land *
and see the wicked destroyed.

I have seen the wicked triumphant, *
towering like a cedar of Lebanon.
I passed by again; he was gone. *
I searched; he was nowhere to be found.

See the just man, mark the upright, *
for the peaceful man a future lies in store,

but sinners shall all be destroyed. *
No future lies in store for the wicked.

The salvation of the just comes from the
Lord, *
their stronghold in time of distress.
The Lord helps them and delivers them *
and saves them: for their refuge is in him.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Psalm Prayer

You proclaimed the poor to be blessed, Lord
Jesus, for the kingdom of heaven is given to
them. Fill us generously with your gifts.
Teach us to put our trust in the Father and to

seek his kingdom first of all rather than imitate the powerful and envy the rich.

Ant. Wait for the Lord to lead, then follow in his way, alleluia.

Christ risen from the dead will never die again, alleluia.

– Death no longer has power over him, alleluia.

READINGS

FIRST READING

From the book of Revelation
2:1-11

To the churches at Ephesus and Smyrna
I, John, heard the Lord saying to me: “To
the presiding spirit of the church in Ephesus,
write this:

““The One who holds the seven stars in his
right hand and walks among the seven
lampstands of gold has this to say: I know
your deeds, your labors, and your patient
endurance. I know you cannot tolerate
wicked men; you have tested those self-
styled apostles who are nothing of the sort,
and discovered that they are impostors. You
are patient and endure hardship for my
cause. Moreover, you do not become
discouraged. I hold this against you, though:
you have turned aside from your early love.
Keep firmly in mind the heights from which
you have fallen. Repent, and return to your
former deeds. If you do not repent I will

come to you and remove your lampstand from its place. But you have this much in your favor: you detest the practices of the Nicolaitans, just as I do.

“Let him who has ears heed the Spirit’s word to the churches! I will see to it that the victor eats from the tree of life which grows in the garden of God.’

“To the presiding spirit of the church in Smyrna, write this:

“The First and the Last who once died but now lives has this to say: I know of your tribulation and your poverty, even though you are rich. I know the slander you endure from self-styled Jews who are nothing other than members of Satan’s assembly. Have no fear of the sufferings to come. The devil will

indeed cast some of you into prison to put you to the test; you will be tried over a period of ten days. Remain faithful until death and I will give you the crown of life.

““Let him who has ears heed the Spirit’s word to the churches! The victor shall never be harmed by the second death.””

RESPONSORY

Revelation 2:10, 11; Sirach 4:33

Be faithful even unto death,
and I will give you the crown of life.

– Those who have been victorious need not fear the second death, alleluia.

Fight to the death for truth,
and the Lord God will do battle for you.

– Those who have been victorious need not fear the second death, alleluia.

SECOND READING

From a book addressed to Monimus by Saint Fulgentius of Ruspe, bishop
(Lib. 2, 11-12: CCL 91, 46-48)

The sacrament of unity and love

The spiritual building up of the body of Christ is achieved through love. As Saint Peter says: Like living stones you are built into a spiritual house, to be a holy priesthood, offering spiritual sacrifices acceptable to God through Jesus Christ. And there can be no more effective way to pray for this spiritual growth than for the Church, itself Christ's body, to make the offering of his body and blood in the sacramental form of bread and wine. For the cup we drink is a

participation in the blood of Christ, and the bread we break is a participation in the body of Christ. Because there is one loaf, we who are many are one body, since we all share the same bread. And so we pray that, by the same grace which made the Church Christ's body, all its members may remain firm in the unity of that body through the enduring bond of love.

We are right to pray that this may be brought about in us through the gift of the one Spirit of the Father and the Son. The holy Trinity, the one true God, is of its nature unity, equality and love, and by one divine activity sanctifies its adopted sons. That is why Scripture says that God's love has been poured into our hearts by the Holy Spirit he has given us. The Holy Spirit, who is the one Spirit of the Father and the Son,

produces in those to whom he gives the grace of divine adoption the same effect as he produced among those whom the Acts of the Apostles describes as having received the Holy Spirit. We are told that the company of those who believed were of one heart and soul, because the one Spirit of the Father and the Son, who with the Father and the Son is one God, had created a single heart and soul in all those who believed.

This is why Saint Paul in his exhortation to the Ephesians says that this spiritual unity in the bond of peace must be carefully preserved. I, therefore, a prisoner for the Lord, he writes, beg you to lead a life worthy of your calling, with all humility and meekness and with patience, bearing with one another in love, eager to maintain the

unity of the Spirit in the bond of peace.
There is one body and one Spirit.

God makes the Church itself a sacrifice pleasing in his sight by preserving within it the love which his Holy Spirit has poured out. Thus the grace of that spiritual love is always available to us, enabling us continually to offer ourselves to God as a living sacrifice, holy and pleasing to him for ever.

RESPONSORY

John 17:20, 21, 22, 18

I pray for them,
that they may all be one,
as you, Father, are in me and I in you.
I have given them the glory you gave to me,

**– that they may be one as we are one,
alleluia.**

As you have sent me into the world,
I have sent them into the world.

**– That they may be one as we are one,
alleluia.**

CONCLUDING PRAYER

Let us pray.

All-powerful God,

help us to proclaim the power of the Lord's
resurrection.

May we who accept this sign of the love of
Christ

come to share the eternal life he reveals,
for he lives and reigns with you and the
Holy Spirit,

God, for ever and ever.

– Amen.

Or:

Enable us, we pray, almighty God,
to proclaim the power of the risen Lord,
that we, who have received the pledge of his
gift,

may come to possess all he gives
when it is fully revealed.

Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of
the Holy Spirit,

God for ever and ever.

– **Amen.**

ACCLAMATION

Let us praise the Lord.

– **And give him thanks.**

Tuesday, April 18, 2023

MORNING PRAYER

INVITATORY

The Invitatory is said when this is the first 'hour' of the day.

Lord, + open my lips.

– **And my mouth will proclaim your praise.**

Ant. The Lord is risen, alleluia.

The antiphon is repeated. In individual recitation, the antiphon may be said only at the beginning of the psalm; it need not be repeated after each strophe.

Psalm 95

A call to praise God

Encourage each other daily while it is still today (Hebrews 3:13).

Come, let us sing to the Lord *
and shout with joy to the Rock who saves us.

Let us approach him with praise and thanksgiving *
and sing joyful songs to the Lord.

Ant. The Lord is risen, alleluia.

The Lord is God, the mighty God, *
the great king over all the gods.
He holds in his hands the depths of the earth *
and the highest mountains as well.

He made the sea; it belongs to him, *
the dry land, too, for it was formed by his
hands.

Ant. The Lord is risen, alleluia.

Come, then, let us bow down and worship, *
bending the knee before the Lord, our
maker.

For he is our God and we are his people, *
the flock he shepherds.

Ant. The Lord is risen, alleluia.

Today, listen to the voice of the Lord: †
Do not grow stubborn, as your fathers did
in the wilderness, *
when at Meriba and Massah
they challenged me and provoked me, *
Although they had seen all of my works.

Ant. The Lord is risen, alleluia.

Forty years I endured that generation. *
I said, “They are a people whose hearts go
astray
and they do not know my ways.”
So I swore in my anger, *
“They shall not enter into my rest.”

Ant. The Lord is risen, alleluia.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. The Lord is risen, alleluia.

If the Invitatory is not said, then the following is used:

God, + come to my assistance.

– **Lord, make haste to help me.**

Glory to the Father, and to the Son, and to the Holy Spirit:

– **as it was in the beginning, is now, and will be for ever. Amen. Alleluia.**

HYMN

This joyful Eastertide

Away with sin and sorrow!

My love, the Crucified,

Has sprung to life this morrow:

Refrain:

Had Christ, who once was slain,

Not burst his three-day prison,
Our faith had been in vain:
But now has Christ arisen,
Arisen, arisen, arisen;
But now has Christ arisen!

My flesh in hope shall rest
And for a season slumber
Till trump from east to west
Shall wake the dead in number:

Refrain:

Had Christ, who once was slain,
Not burst his three-day prison,
Our faith had been in vain:
But now has Christ arisen,
Arisen, arisen, arisen;
But now has Christ arisen!

Death's flood has lost its chill

Since Jesus crossed the river;
Lover of souls, from ill
My passing soul deliver:

Refrain:

Had Christ, who once was slain,
Not burst his three-day prison,
Our faith had been in vain:
But now has Christ arisen,
Arisen, arisen, arisen;
But now has Christ arisen!

Tune: Vreuchten 67.67 with refrain

Music: Ooudaen's David's Psalmen, 1685

Text: George R. Woodward, 1848-1934

Or:

In this our bright and Paschal day
The sun shines out with purer ray,

When Christ, to earthly sight made plain,
The glad Apostles see again.

The wounds, the riven wounds he shows
In that his flesh with light that glows,
In loud accord both far and nigh
The Lord's arising testify.

O Christ, the King who lovest to bless,
To you our hearts and souls possess;
To you our praise that we may pay,
To whom our laud is due for aye.

Tune: Ach, bleib bei uns L.M.

Music: Samuel Scheidt, 1567-1654

Text: Aurora lucis rutilat, verses 9-11,
attributed to Saint Ambrose of Milan (340-
397)

Translation: John Mason Neale, 1818-1866

PSALMODY

Ant. 1 You have come to Mount Zion and to the city of the living God, alleluia.

Psalm 43

Longing for the Temple

I have come into the world to be its light
(John 12:46).

Defend me, O God, and plead my cause *
against a godless nation.
From deceitful and cunning men *
rescue me, O God.

Since you, O God, are my stronghold, *
why have you rejected me?
Why do I go mourning *
oppressed by the foe?

O send forth your light and your truth; *
let these be my guide.

Let them bring me to your holy mountain *
to the place where you dwell.

And I will come to the altar of God, *
the God of my joy.

My redeemer, I will thank you on the harp, *
O God, my God.

Why are you cast down my soul, *
why groan within me?

Hope in God; I will praise him still, *
my savior and my God.

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and will be for ever. Amen.

Psalm Prayer

Almighty Father, source of everlasting light, send forth your truth into our hearts and pour over us the brightness of your light.

Ant. You have come to Mount Zion and to the city of the living God, alleluia.

Ant. 2 Lord, you have preserved my life from destruction, alleluia.

Canticle: Isaiah 38:10-14, 17b-20

Anguish of a dying man and joy in his restoration

I was living, I was dead . . . and I hold the keys of death (Revelation 1:17-18).

Once I said, *

“In the noontime of life I must depart!
To the gates of the nether world I shall be
consigned *
for the rest of my years.”

I said, “I shall see the Lord no more *
in the land of the living.

No longer shall I behold my fellow men *
among those who dwell in the world.”

My dwelling, like a shepherd’s tent, *
is struck down and borne away from me;
you have folded up my life, like a weaver *
who severs the last thread.

Day and night you give me over to torment;
*

I cry out until the dawn.

Like a lion he breaks all my bones; *

day and night you give me over to torment.

Like a swallow I utter shrill cries; *

I moan like a dove.

My eyes grow weak, gazing heavenward: *

O Lord, I am in straits; be my surety!

You have preserved my life *

from the pit of destruction,

When you cast behind your back *

all my sins.

For it is not the nether world that gives you
thanks, *

nor death that praises you;

Neither do those who go down into the pit *

await your kindness.

The living, the living give you thanks, *

as I do today.

Fathers declare to their sons, *
O God, your faithfulness.

The Lord is our savior; *
we shall sing to stringed instruments
In the house of the Lord *
all the days of our life.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. Lord, you have preserved my life
from destruction, alleluia.**

**Ant. 3 You have visited the earth and
brought life-giving rain to fill it with
plenty, alleluia.**

Psalm 65

Solemn thanksgiving

Zion represents heaven (Origen).

To you our praise is due *
in Zion, O God.

To you we pay our vows, *
you who hear our prayer.

To you all flesh will come *
with its burden of sin.

Too heavy for us, our offenses, *
but you wipe them away.

Blessed is he whom you choose and call *
to dwell in your courts.

We are filled with the blessings of your
house, *
of your holy temple.

You keep your pledge with wonders, *
O God our savior,
the hope of all the earth *
and of far distant isles.

You uphold the mountains with your
strength, *
you are girded with power.
You still the roaring of the seas, †
the roaring of their waves *
and the tumult of the peoples.

The ends of the earth stand in awe *
at the sight of your wonders.
The lands of sunrise and sunset *
you fill with your joy.

You care for the earth, give it water; *
you fill it with riches.

Your river in heaven brims over *
to provide its grain.

And thus you provide for the earth; *
you drench its furrows,
you level it, soften it with showers, *
you bless its growth.

You crown the year with your goodness. †
Abundance flows in your steps, *
in the pastures of the wilderness it flows.

The hills are girded with joy, *
the meadows covered with flocks,
the valleys are decked with wheat. *
They shout for joy, yes they sing.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *

and will be for ever. Amen.

Psalm Prayer

Lord God, hope of all the earth, hear the humble prayer of your children as we sing your praises. Pour out your Spirit on us so that our lives may bear fruit abundantly.

Ant. You have visited the earth and brought life-giving rain to fill it with plenty, alleluia.

READING

Acts 13:30-33

God raised Jesus from the dead, and for many days thereafter Jesus appeared to those who had come up with him from Galilee to Jerusalem. These are his witnesses now

before the people. We ourselves announce to you the good news that what God promised our fathers he has fulfilled for us, their children, in raising up Jesus, according to what is written in the second psalm, “You are my son; this day I have begotten you.”

RESPONSORY

The Lord is risen from the tomb, alleluia,
alleluia.

– **The Lord is risen from the tomb,
alleluia, alleluia.**

He hung upon the cross for us,

– **alleluia, alleluia.**

Glory to the Father, and to the Son, and to
the Holy Spirit.

– **The Lord is risen from the tomb,
alleluia, alleluia.**

GOSPEL CANTICLE

Ant. I am the Alpha and the Omega, the first and the last, the beginning and the end; I am the root and offspring of David's race; I am the splendor of the morning star, alleluia.

Canticle of Zechariah

Luke 1:68-79

The Messiah and his forerunner

Blessed + be the Lord, the God of Israel; *
he has come to his people and set them free.

He has raised up for us a mighty savior, *
born of the house of his servant David.

Through his holy prophets he promised of
old †

that he would save us from our enemies, *
from the hands of all who hate us.

He promised to show mercy to our fathers *
and to remember his holy covenant.

This was the oath he swore to our father
Abraham: *

to set us free from the hands of our enemies,
free to worship him without fear, *
holy and righteous in his sight
all the days of our life.

You, my child, shall be called the prophet of
the Most High; *
for you will go before the Lord to prepare
his way,
to give his people knowledge of salvation *
by the forgiveness of their sins.

In the tender compassion of our God *
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and
the shadow of death, *
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. I am the Alpha and the Omega, the
first and the last, the beginning and the
end; I am the root and offspring of
David's race; I am the splendor of the
morning star, alleluia.**

INTERCESSIONS

The spotless Lamb of God takes away the sins of the world. Let us give thanks to the Father, and say:

Source of all life, raise us to life.

Source of all life, remember the death and resurrection of the Lamb slain on the cross,
– listen to his voice as he lives for ever,
making intercession for us.

Source of all life, raise us to life.

Now that the old leaven of wickedness and evil is destroyed,
– may we always feed on the unleavened bread of sincerity and truth.

Source of all life, raise us to life.

Grant that today we may put aside all friction and jealousy,
– and show greater concern for the needs of others.

Source of all life, raise us to life.

Send into our hearts the spirit of the Gospel,
– that we may walk in the way of your commandments, today and for ever.

Source of all life, raise us to life.

THE LORD'S PRAYER

(Remember us, Lord, when you come to your kingdom and teach us how to pray:)

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done

on earth as it is in heaven.

Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.

CONCLUDING PRAYER

All-powerful God,
help us to proclaim the power of the Lord's
resurrection.

May we who accept this sign of the love of
Christ

come to share the eternal life he reveals,
for he lives and reigns with you and the
Holy Spirit,

God, for ever and ever.

– **Amen.**

Or:

Enable us, we pray, almighty God,
to proclaim the power of the risen Lord,
that we, who have received the pledge of his
gift,
may come to possess all he gives
when it is fully revealed.

Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of
the Holy Spirit,
God for ever and ever.

– **Amen.**

DISMISSAL

**If a priest or deacon presides, he dismisses
the people:**

The Lord be with you.

– **And with your spirit.**

May almighty God bless you,
the Father, and the Son, and the Holy Spirit.
– **Amen.**

Another form of the blessing may be used,
as at Mass.

Then he adds:

Go in peace.
– Thanks be to God.

Tuesday, April 18, 2023

EVENING PRAYER

INTRODUCTION

God, + come to my assistance.

– **Lord, make haste to help me.**

Glory to the Father, and to the Son, and to the Holy Spirit:

– **as it was in the beginning, is now, and will be for ever. Amen. Alleluia.**

HYMN

Come, O Christian people sing
In triumphant gladness;
God has rescued Israel,
Given joy for sadness;

Freed from Pharaoh's bitter yoke
Jacob's sons and daughters;
Leading them beyond all death
Through the Red Sea waters.

Spring is in our hearts today;
Christ has burst his prison
And from three days' sleep in death
As a sun has risen.

All the winter of our sins,
Long and dark, is flying
From his light, to whom we give
Song and praise undying.

Now the queen of seasons, bright
With the day of splendor,
With the royal feast of feasts,
Far from dark December,
Comes to glad Jerusalem,
Who with true affection,

Welcomes with untiring praise
Jesus' resurrection.

Neither could the gates of death,
Nor the tomb's dark portal,
Nor the watchers, nor the seal,
Hold you as a mortal.
But today amid your own
You have stood bestowing
Your own peace which evermore
Passes human knowing.

Tune: Ave Virgo Virginum (Gaudeamus
Pariter) 76.76 D

Music: Johann Horn, 1544

Text: Ασωμεν παντες λαοι, John of
Damascus, c. 740

Translation: John Mason Neale, 1818-1866

Go to the Psalmody

Or:

I know that my Redeemer lives;
What joy the blest assurance gives!
He lives, he lives, who once was dead;
He lives, my everlasting Head!

He lives, to bless me with his love;
He lives, to plead for me above;
He lives, my hungry soul to feed;
He lives, to help in time of need.

He lives, and grants me daily breath;
He lives, and I shall conquer death;
He lives, my mansion to prepare;
He lives, to bring me safely there.

He lives, all glory to his name;
He lives, my Savior still the same;

What joy the blest assurance gives;
I know that my Redeemer lives!

Tune: Duke Street L.M.

Music: John Hatton, 1710-1793

Text: Based on Job 19:25, Samuel Medley,
1738-1799

PSALMODY

**Ant. 1 Seek the things of heaven, not
those that are on the earth, alleluia.**

Psalm 49

Emptiness of riches

*It is difficult for a rich man to enter the
kingdom of heaven (Matthew 19:23).*

I

Hear this, all you peoples, *
give heed, all who dwell in the world,
men both high and low, *
rich and poor alike!

My lips will speak words of wisdom. *
My heart is full of insight.
I will turn my mind to a parable, *
with the harp I will solve my problem.

Why should I fear in evil days *
the malice of the foes who surround me,
men who trust in their wealth, *
and boast of the vastness of their riches?

For no man can buy his own ransom, *
or pay a price to God for his life.
The ransom of his soul is beyond him. †
He cannot buy life without end, *

nor avoid coming to the grave.

He knows that wise men and fools must both
perish *

and must leave their wealth to others.

Their graves are their homes for ever, †
their dwelling place from age to age, *
though their names spread wide through the
land.

In his riches, man lacks wisdom; *
he is like the beasts that are destroyed.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. Seek the things of heaven, not those
that are on the earth, alleluia.**

**Ant. 2 The Lord has rescued my life from
the power of hell, alleluia.**

II

This is the lot of those who trust in
themselves, *
who have others at their beck and call.
Like sheep they are driven to the grave, †
where death shall be their shepherd *
and the just shall become their rulers.

With the morning their outward show
vanishes *
and the grave becomes their home.
But God will ransom me from death *
and take my soul to himself.

Then do not fear when a man grows rich, *

when the glory of his house increases.

He takes nothing with him when he dies, *
his glory does not follow him below.

Though he flattered himself while he lived:

*

“Men will praise me for all my success,”
yet he will go to join his fathers, *
and will never see the light any more.

In his riches, man lacks wisdom; *
he is like the beasts that are destroyed.

Glory to the Father, and to the Son, *

and to the Holy Spirit:

as it was in the beginning, is now. *

and will be for ever. Amen.

Psalm Prayer

Make our mouths speak your wisdom, Lord Jesus, and help us to remember that you became man and redeemed us from death that we might merit the beauty of your light.

Ant. The Lord has rescued my life from the power of hell, alleluia.

Ant. 3 Yours, O Lord, is majesty and power, glory and triumph, alleluia.

Canticle: Revelation 4:11; 5-9, 10, 12
Redemption hymn

O Lord our God, you are worthy *
to receive glory and honor and power.

For you have created all things; *
by your will they came to be and were made.

Worthy are you, O Lord *
to receive the scroll and break open its seals.

For you were slain; *
with your blood you purchased for God
men from every race and tongue, *
of every people and nation.

You made of them a kingdom, †
and priests to serve our God, *
and they shall reign on earth.

Worthy is the Lamb that was slain *
to receive power and riches,
wisdom and strength, *
honor and glory and praise.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *

and will be for ever. Amen.

Ant. Yours, O Lord, is majesty and power, glory and triumph, alleluia.

READING

1 Peter 2:4-5

Come to the Lord, a living stone, rejected by men but approved, nonetheless, and precious in God's eyes. You too are living stones, built as an edifice of spirit, into a holy priesthood, offering spiritual sacrifices acceptable to God through Jesus Christ.

RESPONSORY

The disciples rejoiced, alleluia, alleluia.

– **The disciples rejoiced, alleluia, alleluia.**

When they saw the risen Lord,
– **alleluia, alleluia.**

Glory to the Father, and to the Son, and to
the Holy Spirit.

– **The disciples rejoiced, alleluia, alleluia.**

GOSPEL CANTICLE

**Ant. Did not our hearts burn within us as
Jesus talked to us on the road? alleluia.**

Canticle of Mary

Luke 1:46-55

The soul rejoices in the Lord

My + soul proclaims the greatness of the
Lord, †

my spirit rejoices in God my Savior *

for he has looked with favor on his lowly servant.

From this day all generations will call me blessed: †
the Almighty has done great things for me, *
and holy is his Name.

He has mercy on those who fear him *
in every generation.

He has shown the strength of his arm, *
he has scattered the proud in their conceit.

He has cast down the mighty from their
thrones, *
and has lifted up the lowly.

He has filled the hungry with good things, *
and the rich he has sent away empty.

He has come to the help of his servant Israel

*

for he has remembered his promise of
mercy,

the promise he made to our fathers, *
to Abraham and his children for ever.

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. Did not our hearts burn within us as
Jesus talked to us on the road? alleluia.**

INTERCESSIONS

By his resurrection Christ has given sure hope to his people. Let us ask him with our whole hearts:

Lord Jesus, you live for ever; hear our prayer.

Lord Jesus, from your wounded side flowed blood and water,

– make the Church your spotless bride.

Lord Jesus, you live for ever; hear our prayer.

Chief shepherd, after your resurrection you made Peter shepherd of your flock when he professed his love for you,

– increase from day to day the love and devotion of Francis, our Pope.

Lord Jesus, you live for ever; hear our prayer.

You showed your disciples how to make a great catch of fish,

– send others to continue their work as fishers of men.

Lord Jesus, you live for ever; hear our prayer.

At the lakeside you prepared bread and fish for your disciples,

– grant that we may never allow others to die of hunger.

Lord Jesus, you live for ever; hear our prayer.

Jesus, the new Adam and life-giving spirit, transform the dead into your own likeness,
– that the fullness of your joy may be theirs.

Lord Jesus, you live for ever; hear our prayer.

THE LORD'S PRAYER

(Remember us, Lord, when you come to your kingdom and teach us how to pray:)

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.

CONCLUDING PRAYER

All-powerful God,
help us to proclaim the power of the Lord's
resurrection.

May we who accept this sign of the love of
Christ

come to share the eternal life he reveals,
for he lives and reigns with you and the
Holy Spirit,
God, for ever and ever.

– **Amen.**

Or:

Enable us, we pray, almighty God,
to proclaim the power of the risen Lord,
that we, who have received the pledge of his
gift,
may come to possess all he gives
when it is fully revealed.

Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of
the Holy Spirit,
God for ever and ever.

– **Amen.**

DISMISSAL

If a priest or deacon presides, he dismisses
the people:

The Lord be with you.

– **And with your spirit.**

May almighty God bless you,
the Father, and the Son, and the Holy Spirit.

– **Amen.**

Another form of the blessing may be used,
as at Mass.

Then he adds:

Go in peace.

– **Thanks be to God.**

Tuesday, April 18, 2023

NIGHT PRAYER

INTRODUCTION

God, + come to my assistance.

– **Lord, make haste to help me.**

Glory to the Father, and to the Son, and to the Holy Spirit:

– **as it was in the beginning, is now, and will be for ever. Amen. Alleluia.**

Examination of conscience

A brief examination of conscience may be made. In the communal celebration of the office, a penitential rite using the formulas of the Mass may be inserted here.

[I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have
failed to do,

And, striking their breast, they say:

through my fault, through my fault,
through my most grievous fault;

Then they continue:

therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

The absolution by the Priest follows:

May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life.

– Amen.]

HYMN

At the Lamb's high feast we sing
Praise to our victorious King,
Who has washed us in the tide
Flowing from his wounded side;
Praise the Lord, whose love divine
Gives his sacred blood for wine,
Gives his body for the feast,
Christ the victim, Christ the priest.

Where the Paschal blood is poured,
Death's dark angel sheathes his sword;

Israel's host in triumph go
Through the waves that drown the foe.
Christ the Lamb whose blood was shed,
Paschal victim, Paschal bread;
Let us with a fervent love
Taste the manna from above.

Mighty Victim from on high,
Pow'rs of hell now vanquished lie;
Sin is conquered in the fight:
You have brought us life and light;
Your resplendent banners wave,
You have risen from the grave;
Christ has opened Paradise,
And in him all men shall rise.

Easter triumph, Easter joy,
Sin alone can this destroy;
Souls from sin and death set free
Glory in their liberty.

Hymns of glory, hymns of praise
Father unto you we raise;
Risen Lord, for joy we sing;
Let our hymns through heaven ring.

Tune: Salzburg 77.77 D

Music: Jacob Hintze, 1622-1702

Text: Ad regias Agni dapes

Translation: Robert Campbell, 1814-1868,
adapted by Geoffrey Laycock

Or:

All praise to you, O God, this night
For all the blessings of the light;
Keep us, we pray, O King of kings,
Beneath your own almighty wings.

Forgive us, Lord, through Christ your Son,
Whatever wrong this day we've done;

Your peace give to the world, O Lord,
That man might live in one accord.

Enlighten us, O blessed Light,
And give us rest throughout this night.
O strengthen us, that for your sake,
We all may serve you when we wake.

Tune: Illsley L.M.

Music: J. Bishop, 1665-1737

Text: Thomas Ken, 1709, alt.

Or:

We praise you, Father, for your gifts
Of dusk and nightfall over earth,
Foreshadowing the mystery
Of death that leads to endless day.

Within your hands we rest secure;

In quiet sleep our strength renew;
Yet give your people hearts that wake
In love to you, unsleeping Lord.

Your glory may we ever seek
In rest, as in activity,
Until its fullness is revealed,
O source of life, O Trinity.

Tune: Te lucis ante terminum (plainchant)
L.M.

Music: Anonymous, Gregorian

Text: West Malling Abbey

PSALMODY

Ant. Alleluia, alleluia, alleluia.

Psalm 143:1-11

Prayer in distress

Only by faith in Jesus Christ is a man made holy in God's sight. No observance of the law can achieve this (Galatians 2:16).

Lord, listen to my prayer: *

turn your ear to my appeal.

You are faithful, you are just; give answer. †

Do not call your servant to judgment *

for no one is just in your sight.

The enemy pursues my soul; *

he has crushed my life to the ground;

he has made me dwell in darkness *

like the dead, long forgotten.
Therefore my spirit fails; *
my heart is numb within me.

I remember the days that are past: *
I ponder all your works.
I muse on what your hand has wrought †
and to you I stretch out my hands. *
Like a parched land my soul thirsts for you.

Lord, make haste and answer; *
for my spirit fails within me.
Do not hide your face *
lest I become like those in the grave.

In the morning let me know your love *
for I put my trust in you.
Make me know the way I should walk: *
to you I lift up my soul.

Rescue me, Lord, from my enemies; *
I have fled to you for refuge.
Teach me to do your will *
for you, O Lord, are my God.
Let your good spirit guide me *
in ways that are level and smooth.

For your name's sake, Lord, save my life; *
in your justice save my soul from distress.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. Alleluia, alleluia, alleluia.

READING

1 Peter 5:8-9a

Stay sober and alert. Your opponent the devil is prowling like a roaring lion looking for someone to devour. Resist him, solid in your faith.

RESPONSORY

Into your hands, Lord, I commend my spirit, alleluia, alleluia.

– Into your hands, Lord, I commend my spirit, alleluia, alleluia.

You have redeemed us, Lord God of truth,
– alleluia, alleluia.

Glory to the Father, and to the Son, and to the Holy Spirit.

– Into your hands, Lord, I commend my spirit, alleluia, alleluia.

GOSPEL CANTICLE

Ant. Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace, alleluia.

Canticle of Simeon

Luke 2:29-32

Christ is the light of the nations and the glory of Israel

Lord, + now you let your servant go in peace; *

your word has been fulfilled:

my own eyes have seen the salvation *
which you have prepared in the sight of every people:

a light to reveal you to the nations *
and the glory of your people Israel.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. Protect us, Lord, as we stay awake;
watch over us as we sleep, that awake, we
may keep watch with Christ, and asleep,
rest in his peace, alleluia.**

CONCLUDING PRAYER

Let us pray.

Lord,
fill this night with your radiance.
May we sleep in peace and rise with joy

to welcome the light of a new day in your name.

We ask this through Christ our Lord.

– **Amen.**

BLESSING

May the all-powerful Lord
grant us a restful night
and a peaceful death.

– **Amen.**

Antiphon or song in honor of the Blessed Virgin Mary

Queen of heaven, rejoice, alleluia.

The Son whom you merited to bear, alleluia,
has risen as he said, alleluia.

Pray for us to God, alleluia.

Rejoice and be glad, O Virgin Mary,
alleluia!

For the Lord has truly risen, alleluia!

Or:

Regina caeli, laetare, alleluia,
quia quem meruisti portare, alleluia,
resurrexit sicut dixit, alleluia;
ora pro nobis Deum, alleluia.

Gaude et laetare, Virgo Maria, alleluia.
Quia surrexit Dominus vere, alleluia.

Tuesday, April 18, 2023

Wednesday, April 19, 2023
Wednesday of the Second
Week of Easter

Reading

Office of Readings

Morning Prayer

Evening Prayer

Night Prayer

[Home page!](#)

READINGS

First Reading

Acts 5:17-26

The men whom you put in prison are in the temple area and are teaching the people.

A reading from the Acts of the Apostles

The high priest rose up and all his companions,

that is, the party of the Sadducees,
and, filled with jealousy,

laid hands upon the Apostles and put them
in the public jail.

But during the night, the angel of the Lord
opened the doors of the prison,

led them out, and said,

“Go and take your place in the temple area,
and tell the people everything about this life.”

When they heard this,
they went to the temple early in the morning and taught.

When the high priest and his companions arrived,

they convened the Sanhedrin,
the full senate of the children of Israel,
and sent to the jail to have them brought in.

But the court officers who went did not find them in the prison,

so they came back and reported,
“We found the jail securely locked
and the guards stationed outside the doors,
but when we opened them, we found no one inside.”

When the captain of the temple guard and the chief priests heard this report, they were at a loss about them, as to what this would come to.

Then someone came in and reported to them,

“The men whom you put in prison are in the temple area and are teaching the people.”

Then the captain and the court officers went and brought them, but without force, because they were afraid of being stoned by the people.

Responsorial Psalm

Ps 34:2-3, 4-5, 6-7, 8-9

R. (7a) The Lord hears the cry of the poor.

or:

R. Alleluia.

I will bless the LORD at all times;
his praise shall be ever in my mouth.
Let my soul glory in the LORD;
the lowly will hear me and be glad.

R. The Lord hears the cry of the poor.

or:

R. Alleluia.

Glorify the LORD with me,
let us together extol his name.
I sought the LORD, and he answered me
and delivered me from all my fears.

R. The Lord hears the cry of the poor.

or:

R. Alleluia.

Look to him that you may be radiant with joy,

and your faces may not blush with shame.

When the poor one called out, the LORD heard,

and from all his distress he saved him.

R. The Lord hears the cry of the poor.

or:

R. Alleluia.

The angel of the LORD encamps

around those who fear him, and delivers them.

Taste and see how good the LORD is;

blessed the man who takes refuge in him.

R. The Lord hears the cry of the poor.

or:

R. Alleluia.

Acclamation before the Gospel

Jn 3:16

R. Alleluia, alleluia.

God so loved the world that he gave his
only-begotten Son,
so that everyone who believes in him might
have eternal life.

R. Alleluia, alleluia.

Gospel

Jn 3:16-21

*God sent his Son that the world might be
saved through him.*

✠ A reading from the holy Gospel according to John

God so loved the world that he gave his
only-begotten Son,

so that everyone who believes in him
might not perish

but might have eternal life.

For God did not send his Son into the world
to condemn the world,

but that the world might be saved through
him.

Whoever believes in him will not be
condemned,

but whoever does not believe has already
been condemned,

because he has not believed in the name of
the only-begotten Son of God.

And this is the verdict,

that the light came into the world,
but people preferred darkness to light,
because their works were evil.

For everyone who does wicked things hates
the light

and does not come toward the light,
so that his works might not be exposed.

But whoever lives the truth comes to the
light,

so that his works may be clearly seen as
done in God.

**At the end of the Gospel, the Deacon, or the
Priest, acclaims:**

The Gospel of the Lord.

All reply:

Praise to you, Lord Jesus Christ.

Then he kisses the book, saying quietly:

**Through the words of the Gospel
may our sins be wiped away.**

Wednesday, April 19, 2023

OFFICE OF READINGS

INVITATORY

The Invitatory is said when this is the first 'hour' of the day.

Lord, + open my lips.

– **And my mouth will proclaim your praise.**

Ant. The Lord is risen, alleluia.

The antiphon is repeated. In individual recitation, the antiphon may be said only at the beginning of the psalm; it need not be repeated after each strophe.

Psalm 95

A call to praise God

Encourage each other daily while it is still today (Hebrews 3:13).

Come, let us sing to the Lord *

and shout with joy to the Rock who saves us.

Let us approach him with praise and thanksgiving *

and sing joyful songs to the Lord.

Ant. The Lord is risen, alleluia.

The Lord is God, the mighty God, *
the great king over all the gods.

He holds in his hands the depths of the earth
*

and the highest mountains as well.

He made the sea; it belongs to him, *
the dry land, too, for it was formed by his
hands.

Ant. The Lord is risen, alleluia.

Come, then, let us bow down and worship, *
bending the knee before the Lord, our
maker.

For he is our God and we are his people, *
the flock he shepherds.

Ant. The Lord is risen, alleluia.

Today, listen to the voice of the Lord: †
Do not grow stubborn, as your fathers did
in the wilderness, *
when at Meriba and Massah
they challenged me and provoked me, *
Although they had seen all of my works.

Ant. The Lord is risen, alleluia.

Forty years I endured that generation. *
I said, “They are a people whose hearts go
astray
and they do not know my ways.”
So I swore in my anger, *
“They shall not enter into my rest.”

Ant. The Lord is risen, alleluia.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. The Lord is risen, alleluia.

If the Invitatory is not said, then the following is used:

God, + come to my assistance.

– **Lord, make haste to help me.**

Glory to the Father, and to the Son, and to the Holy Spirit:

– **as it was in the beginning, is now, and will be for ever. Amen. Alleluia.**

HYMN

Alleluia! Alleluia!

Let the holy anthem rise,

And the choirs of heaven chant it

In the temple of the skies;

Let the mountains skip with gladness,

And the joyful valleys ring

With hosannas in the highest

To our Savior and our King!

Alleluia! Alleluia!

Like the sun from out the wave,
He has risen up in triumph
From the darkness of the grave.
He's the splendor of the nations,
He's the lamp of endless day;
He's the very Lord of glory
Who is risen up today!

Alleluia! Alleluia!

Blessed Jesus, make us rise
From the life of this corruption
To the life that never dies.
May your glory be our portion,
When the days of time are past,
And the dead shall be awakened
By the trumpet's mighty blast!

Tune: Holy Anthem 87.87 D

Music: Saint Basil's Hymnal, 1889

Text: Edward Caswall, 1814-1878

Or:

Christ the Lord is risen again,
Christ has broken every chain.
Hark, the angel voices cry,
Singing evermore on high:
Alleluia!

He who gave for us his life,
Who for us endured the strife,
Is our paschal lamb today;
We too sing for joy, and say:
Alleluia!

He who bore all pain and loss
Comfortless upon the cross

Lives in glory now on high,
Pleads for us, and hears our cry:
Alleluia!

He who slumbered in the grave
Is exalted now to save;
Through the universe it rings
That the lamb is King of kings:
Alleluia!

Now he bids us tell abroad
How the lost may be restored,
How the penitent forgiven,
How we too may enter heaven:
Alleluia!

Christ, our paschal lamb indeed,
All your ransomed people feed!
Take our sins and guilt away:
Let us sing by night and day:

Alleluia!

Tune: Christ ist Erstanden 77.77.4

Music: German twelfth century melody

Text: From Ein Neu Gesangbuchlein, 1531,
Michael Weisse +1534

Translation: Catherine Winkworth, 1827-
1878, alt.

PSALMODY

Ant. 1 We groan in pain as we await the redemption of our bodies, alleluia.

Psalm 39

Urgent prayer of a sick person

Creation is made subject to futility...by him who subjected it, but it is not without hope (Romans 8:20).

I

I said: “I will be watchful of my ways *
for fear I should sin with my tongue.

I will put a curb on my lips *
when the wicked man stands before me.”

I was dumb, silent and still. *

His prosperity stirred my grief.

My heart was burning within me. *

At the thought of it, the fire blazed up
and my tongue burst into speech: *

“O Lord, you have shown me my end,
how short is the length of my days. *

Now I know how fleeting is my life.

You have given me a short span of days; *
my life is as nothing in your sight.

A mere breath, the man who stood so firm, *

a mere shadow, the man passing by,
a mere breath, the riches he hoards, *
not knowing who will have them.”

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. We groan in pain as we await the
redemption of our bodies, alleluia.**

**Ant. 2 Hear and answer my prayer, O
Lord; let me not weep in vain, alleluia.**

II

And now, Lord, what is there to wait for? *
In you rests all my hope.
Set me free from all my sins, *

do not make me the taunt of the fool.
I was silent, not opening my lips, *
because this was all your doing.

Take away your scourge from me. *
I am crushed by the blows of your hand.
You punish man's sins and correct him; *
like the moth you devour all he treasures.
Mortal man is no more than a breath; *
O Lord, hear my prayer.

O Lord, turn your ear to my cry. *
Do not be deaf to my tears.
In your house I am a passing guest, *
a pilgrim, like all my fathers.
Look away that I may breathe again, *
before I depart to be no more.

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and will be for ever. Amen.

Psalm Prayer

Through your Son you taught us, Father, not to be fearful of tomorrow but to commit our lives to your care. Do not withhold your Spirit from us but help us find a life of peace after these days of trouble.

Ant. Hear and answer my prayer, O Lord; let me not weep in vain, alleluia.

Ant. 3 I have put all my trust in God's never-failing mercy, alleluia.

Psalm 52

Against a calumniator

If anyone would boast, let him boast in the Lord (1 Corinthians 1:31).

Why do you boast of your wickedness, *
you champion of evil,
planning ruin all day long, †
your tongue like a sharpened razor, *
you master of deceit?

You love evil more than good; *
lies more than truth.

You love the destructive word, *
you tongue of deceit.

For this God will destroy you *
and remove you for ever.

He will snatch you from your tent and
uproot you *
from the land of the living.

The just shall see and fear. *
They shall laugh and say:
“So this is the man who refused *
to take God as a stronghold,
but trusted in the greatness of his wealth *
and grew powerful by his crimes.”

But I am like a growing olive tree *
in the house of God.
I trust in the goodness of God *
for ever and ever.

I will thank you for evermore; *
for this is your doing.
I will proclaim that your name is good, *
in the presence of your friends.

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and will be for ever. Amen.

Psalm Prayer

Father, you cut down the unfruitful branch for burning and prune the fertile to make it bear more fruit. Make us grow like laden olive trees in your domain, firmly rooted in the power and mercy of your Son, so that you may gather from us fruit worthy of eternal life.

Ant. I have put all my trust in God's never-failing mercy, alleluia.

God raised up Christ from the dead, alleluia,
– **So that all our faith and hope might be in God, alleluia.**

READINGS

FIRST READING

From the Book of Revelation

2:12-29

To the churches at Pergamum and Thyatira

I, John, heard the Lord saying to me: “To the presiding spirit of the church in Pergamum, write this:

““The One with the sharp, two-edged sword has this to say: I know you live in the very place where Satan’s throne is erected; and I know you hold fast to my name and have not denied the faith you have in me, not even at the time when Antipas, my faithful witness, was martyred in your city where

Satan has his home. Nevertheless I hold a few matters against you: there are some among you who follow the teaching of Balaam, who instructed Balak to throw a stumbling block in the way of the Israelites by tempting them to eat food sacrificed to idols and to practice fornication. Yes, you too have those among you who hold to the teaching of the Nicolaitans. Therefore repent! If you do not, I will come to you soon and fight against them with the sword of my mouth.

“Let him who has ears heed the Spirit’s word to the churches! To the victor I will give the hidden manna; I will also give him a white stone upon which is inscribed a new name, to be known only by him who receives it.’

“To the presiding spirit of the church in Thyatira, write this:

“The Son of God, whose eyes blaze like fire and whose feet gleam like polished brass, has this to say: I know your deeds—your love and faith and service—as well as your patient endurance; I know also that your efforts of recent times are greater than ever. Nevertheless I hold this against you: you tolerate a Jezebel—that self-styled prophetess who seduces my servants by teaching them to practice lewdness and to eat food sacrificed to idols. I have given her a chance to repent but she refuses to turn from her lewdness. I mean to cast her down on a bed of pain; her companions in sin I will plunge into intense suffering unless they repent of their sins with her, and her children I will put to death. Thus shall all the

churches come to know that I am the searcher of hearts and minds, and that I will give each of you what your conduct deserves.

““And now I address myself to you others in Thyatira who do not uphold this teaching and know nothing of the so-called “deep secrets” of Satan; on you I place no further burden. In any case, hold fast to what you have until I come.

““To the one who wins the victory, who keeps to my ways till the end, I will give authority over the nations—the same authority I received from my Father. He shall rule them with a rod of iron and shatter them like crockery; and I will give him the morning star.

““Let him who has ears heed the Spirit’s word to the churches!””

RESPONSORY

Revelation 2:18, 23; 22:12

These are the words of the Son of God
whose eyes are like flames of fire:

I search the mind and the heart,

**– and I will repay each one as his deeds
deserve, alleluia.**

Behold I am coming soon
and I bring my reward with me.

**– And I will repay each one as his deeds
deserve, alleluia.**

SECOND READING

From a sermon by Saint Leo the Great, pope
(Sermo 12 de Passione, 3, 6-7: PL 54, 355-
357)

Christ lives in his Church

My dear brethren, there is no doubt that the Son of God took our human nature into so close a union with himself that one and the same Christ is present, not only in the firstborn of all creation, but in all his saints as well. The head cannot be separated from the members, nor the members from the head. Not in this life, it is true, but only in eternity will God be all in all, yet even now he dwells, whole and undivided, in his temple the Church. Such was his promise to

us when he said: See, I am with you always, even to the end of the world.

And so all that the Son of God did and taught for the world's reconciliation is not for us simply a matter of past history. Here and now we experience his power at work among us. Born of a virgin mother by the action of the Holy Spirit, Christ keeps his Church spotless and makes her fruitful by the inspiration of the same Spirit. In baptismal regeneration she brings forth children for God beyond all numbering. These are the sons of whom it is written: They are born not of blood, nor of the desire of the flesh, nor of the will of man, but of God.

In Christ Abraham's posterity is blessed, because in him the whole world receives the

adoption of sons, and in him the patriarch becomes the father of all nations through the birth, not from human stock but by faith, of the descendants that were promised to him. From every nation on earth, without exception, Christ forms a single flock of those he has sanctified, daily fulfilling the promise he once made: I have other sheep, not of this fold, whom it is also ordained that I shall lead; and there shall be one flock and one shepherd.

Although it was primarily to Peter that he said: Feed my sheep, yet the one Lord guides all the pastors in the discharge of their office and leads to rich and fertile pastures all those who come to the rock. There is no counting the sheep who are nourished with his abundant love, and who are prepared to lay down their lives for the

sake of the good shepherd who died for them.

But it is not only the martyrs who share in his passion by their glorious courage; the same is true, by faith, of all who are reborn through baptism. That is why we are to celebrate the Lord's paschal sacrifice with the unleavened bread of sincerity and truth. The leaven of our former malice is thrown out, and a new creature is filled and inebriated with the Lord himself. For the effect of our sharing in the body and blood of Christ is to change us into what we receive. As we have died with him, and have been buried and raised to life with him, so we bear him within us, both in body and in spirit, in everything we do.

RESPONSORY

John 10:14; Ezekiel 34:11, 13

I am the good shepherd;

– I know my sheep and my sheep know me, alleluia.

I shall look after my sheep
and seek them out.

I shall bring them out from among the
peoples
and lead them to pasture.

– I know my sheep and my sheep know me, alleluia.

CONCLUDING PRAYER

Let us pray.

God of mercy, you have filled us with the hope of resurrection

by restoring man to his original dignity.

May we who relive this mystery each year come to share it in perpetual love.

Grant this through our Lord Jesus Christ, your Son,

who lives and reigns with you and the Holy Spirit,

God, for ever and ever.

– **Amen.**

Or:

As we recall year by year the mysteries
through which, through the restoration of its
original dignity,
human nature has received the hope of rising
again,
we earnestly beseech your mercy, Lord,
that what we celebrate in faith
we may possess in unending love.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of
the Holy Spirit,
God, for ever and ever.
– **Amen.**

ACCLAMATION

Let us praise the Lord.
– **And give him thanks.**

Wednesday, April 19, 2023

MORNING PRAYER

INVITATORY

The Invitatory is said when this is the first 'hour' of the day.

Lord, + open my lips.

– **And my mouth will proclaim your praise.**

Ant. The Lord is risen, alleluia.

The antiphon is repeated. In individual recitation, the antiphon may be said only at the beginning of the psalm; it need not be repeated after each strophe.

Psalm 95

A call to praise God

Encourage each other daily while it is still today (Hebrews 3:13).

Come, let us sing to the Lord *

and shout with joy to the Rock who saves us.

Let us approach him with praise and thanksgiving *

and sing joyful songs to the Lord.

Ant. The Lord is risen, alleluia.

The Lord is God, the mighty God, *
the great king over all the gods.

He holds in his hands the depths of the earth
*

and the highest mountains as well.

He made the sea; it belongs to him, *
the dry land, too, for it was formed by his
hands.

Ant. The Lord is risen, alleluia.

Come, then, let us bow down and worship, *
bending the knee before the Lord, our
maker.

For he is our God and we are his people, *
the flock he shepherds.

Ant. The Lord is risen, alleluia.

Today, listen to the voice of the Lord: †
Do not grow stubborn, as your fathers did
in the wilderness, *
when at Meriba and Massah
they challenged me and provoked me, *
Although they had seen all of my works.

Ant. The Lord is risen, alleluia.

Forty years I endured that generation. *
I said, “They are a people whose hearts go
astray
and they do not know my ways.”
So I swore in my anger, *
“They shall not enter into my rest.”

Ant. The Lord is risen, alleluia.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. The Lord is risen, alleluia.

If the Invitatory is not said, then the following is used:

God, + come to my assistance.

– **Lord, make haste to help me.**

Glory to the Father, and to the Son, and to the Holy Spirit:

– **as it was in the beginning, is now, and will be for ever. Amen. Alleluia.**

HYMN

Christ the Lord is risen today, Alleluia!

Sons of men and angels say: Alleluia!

Raise your joys and triumphs high: Alleluia!

Sing, ye heavens, and earth reply, Alleluia!

Vain the stone, the watch, the seal; Alleluia!

Christ has burst the gates of hell: Alleluia!

Death in vain forbids his rise; Alleluia!
Christ has opened paradise, Alleluia!

Lives again our glorious King, Alleluia!
Where, O death, is now thy sting? Alleluia!
Once he died, our souls to save; Alleluia!
Where thy victory, O grave? Alleluia!

Soar we now where Christ hath led,
Alleluia!

Following our exalted Head, Alleluia!
Made like him, like him we rise; Alleluia!
Ours the cross, the grave, the skies, Alleluia!

Hail, the Lord of earth and heaven! Alleluia!
Praise to thee by both be given; Alleluia!
Thee we greet triumphant now; Alleluia!
Hail, the resurrection Thou! Alleluia! Amen.

Tune: Llanfair 77.77 with alleluias

Music: Robert Williams, 1781-1821

Text: Charles Wesley, 1707-1788, alt.

Or:

Light's glittering morn bedecks the sky,
Heaven thunders forth its victor cry,
The glad earth shouts its triumph high,
And groaning hell makes wild reply:

While he, the King of glorious might,
Treads down death's strength in death's
despite,
And trampling hell by victor's right,
Brings forth his sleeping Saints to light.

Fast barred beneath the stone of late
In watch and ward where soldiers wait,
Now shining in triumphant state,
He rises Victor from death's gate.

Hell's pains are loosed, and tears are fled;
Captivity is captive led;
The Angel, crowned with light, hath said,
"The Lord is risen from the dead."

O Christ, the King who loves to bless,
Do you our hearts and souls possess;
To you we lift our joyful praise
This day and for all endless days.

Tune: Grenoble L.M.

Music: Grenoble Antiphoner, 1753

Text: Aurora lucis rutilat, verses 1-4, 11,
attributed to Saint Ambrose of Milan (340-
397)

Translation: John Mason Neale, 1818-1866

Or:

Aurora lucis rutilat,
Caelum laudibus intonat,
Mundus exultans iubilat,
Gemens infernus ululat,

Cum rex ille fortissimus,
Mortis confractis viribus,
Pede conculcans tartara
Solvit catena miseros!

Ille, qui clausus lapide
Custoditur sub milite,
Triumphans pompa nobile
Victor surgit de funere.

Solutis iam gemitibus
Et inferni doloribus,
“Quia surrexit Dominus!”
Resplendens clamat angelus.

Rex Christe clementissime,
Tu corda nostra posside,
Ut tibi laudes debitas
Reddamus omni tempore!

Tune: Grenoble L.M.

Music: Grenoble Antiphoner, 1753

Text: Aurora lucis rutilat, verses 1-4, 11,
attributed to Saint Ambrose of Milan (340-
397)

PSALMODY

Ant. 1 The waters saw you, O God; you led your people through the sea, alleluia.

Psalm 77

Recalling God's works

We suffer all kinds of affliction, and yet are not overcome (2 Corinthians 4:8).

I cry aloud to God, *
cry aloud to God that he may hear me.

In the day of my distress I sought the Lord.
*

My hands were raised at night without ceasing;
my soul refused to be consoled. †
I remembered my God and I groaned. *

I pondered and my spirit fainted.

You withheld sleep from my eyes. *

I was troubled, I could not speak.

I thought of the days of long ago *

and remembered the years long past.

At night I mused within my heart. *

I pondered and my spirit questioned.

“Will the Lord reject us for ever? *

Will he show us his favor no more?

Has his love vanished for ever? *

Has his promise come to an end?

Does God forget his mercy *

or in anger withhold his compassion?”

I said: “This is what causes my grief; *

that the way of the Most High has changed.”

I remember the deeds of the Lord, *

I remember your wonders of old,

I muse on all your works *
and ponder your mighty deeds.

Your ways, O God, are holy. *
What god is as great as our God?
You are the God who works wonders. *
You showed your power among the peoples.
Your strong arm redeemed your people, *
the sons of Jacob and Joseph.

The waters saw you, O God, *
the waters saw you and trembled;
the depths were moved with terror. *
The clouds poured down rain,
the skies sent forth their voice; *
your arrows flashed to and fro.

Your thunder rolled round the sky, *
your flashes lighted up the world.
The earth was moved and trembled *

when your way led through the sea,
your path through the mighty waters, *
and no one saw your footprints.

You guided your people like a flock *
by the hand of Moses and Aaron.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Psalm Prayer

Father, you established your ancient
covenant by signs and wonders, but more
wondrously you confirmed the new one
through the sacrifice of your Son. Guide
your Church through the pathways of life,

that we may be led to the land of promise
and celebrate your name with lasting praise.

**Ant. The waters saw you, O God; you led
your people through the sea, alleluia.**

**Ant. 2 The Lord puts to death and raises
to life, alleluia.**

Canticle: 1 Samuel 2:1-10

The humble find joy in God

*He has cast down the mighty from their
thrones and has lifted up the lowly. He has
filled the hungry with good things (Luke
1:52-53).*

My heart exults in the Lord, *
my horn is exalted in my God.

I have swallowed up my enemies; *
I rejoice in my victory.
There is no Holy One like the Lord; *
there is no Rock like our God.

Speak boastfully no longer, *
nor let arrogance issue from your mouths.
For an all-knowing God is the Lord, *
a God who judges deeds.

The bows of the mighty are broken, *
while the tottering gird on strength.
The well-fed hire themselves out for bread,
*

while the hungry batten on spoil.
The barren wife bears seven sons, *
while the mother of many languishes.

The Lord puts to death and gives life; *
he casts down to the nether world;

he raises up again. †

The Lord makes poor and makes rich, *
he humbles, he also exalts.

He raises the needy from the dust; *
from the ash heap he lifts up the poor,
to seat them with nobles *
and make a glorious throne their heritage.

For the pillars of the earth are the Lord's. *
and he has set the world upon them.

He will guard the footsteps of his faithful
ones, *

but the wicked shall perish in the darkness.

For not by strength does man prevail; *
the Lord's foes shall be shattered.

The Most High in heaven thunders; *
the Lord judges the ends of the earth.

Now may he give strength to his king *

and exalt the horn of his anointed!

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. The Lord puts to death and raises to life, alleluia.

Ant. 3 A light has dawned for the just; joy has come to the upright of heart, alleluia.

Psalm 97

The glory of the Lord in his decrees for the world.

This psalm foretells a world-wide salvation and that peoples of all nations will believe in Christ (Saint Athanasius).

The Lord is king, let earth rejoice, *
let all the coastlands be glad.
Cloud and darkness are his raiment; *
his throne, justice and right.

A fire prepares his path; *
it burns up his foes on every side.
His lightnings light up the world, *
the earth trembles at the sight.

The mountains melt like wax *
before the Lord of all the earth.
The skies proclaim his justice; *
all peoples see his glory.

Let those who serve idols be ashamed, †
those who boast of their worthless gods. *
All you spirits, worship him.

Zion hears and is glad; †
the people of Judah rejoice *
because of your judgments, O Lord.

For you indeed are the Lord, †
most high above all the earth, *
exalted far above all spirits.

The Lord loves those who hate evil: †
he guards the souls of his saints; *
he sets them free from the wicked.

Light shines forth for the just *
and joy for the upright of heart.
Rejoice, you just, in the Lord; *
give glory to his holy name.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *

and will be for ever. Amen.

Psalm Prayer

Father, you clothe the sky with light and the depths of the ocean with darkness. Among the sons of men you work wonders, and rain terror upon the enemy. Look upon your servants. Do not try us by fire but bring us rejoicing to the shelter of your home.

Ant. A light has dawned for the just; joy has come to the upright of heart, alleluia.

READING

Romans 6:8-11

If we have died with Christ, we believe that we are also to live with him. We know that Christ, once raised from the dead, will never

die again; death has no more power over him. His death was death to sin, once for all; his life is life for God. In the same way you must consider yourselves dead to sin but alive for God in Christ Jesus.

RESPONSORY

The Lord is risen from the tomb, alleluia,
alleluia.

– **The Lord is risen from the tomb,
alleluia, alleluia.**

He hung upon the cross for us,
– **alleluia, alleluia.**

Glory to the Father, and to the Son, and to
the Holy Spirit.

– **The Lord is risen from the tomb,
alleluia, alleluia.**

GOSPEL CANTICLE

Ant. God loved the world so much that he gave his only Son to save all who have faith in him, and to give them eternal life, alleluia.

Canticle of Zechariah

Luke 1:68-79

The Messiah and his forerunner

Blessed + be the Lord, the God of Israel; *
he has come to his people and set them free.

He has raised up for us a mighty savior, *
born of the house of his servant David.

Through his holy prophets he promised of
old †

that he would save us from our enemies, *
from the hands of all who hate us.

He promised to show mercy to our fathers *
and to remember his holy covenant.

This was the oath he swore to our father
Abraham: *

to set us free from the hands of our enemies,
free to worship him without fear, *
holy and righteous in his sight
all the days of our life.

You, my child, shall be called the prophet of
the Most High; *
for you will go before the Lord to prepare
his way,
to give his people knowledge of salvation *
by the forgiveness of their sins.

In the tender compassion of our God *
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and
the shadow of death, *
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. God loved the world so much that he
gave his only Son to save all who have
faith in him, and to give them eternal life,
alleluia.**

INTERCESSIONS

By the gift of the Father, the risen Christ was seen by the apostles. Let us pray to the Father, and say:

Give us, Lord, the glory of your Son.

Father of lights, today we offer you our thanks and praise for calling us into your marvelous light,

– to receive your mercy.

Give us, Lord, the glory of your Son.

May the efforts of mankind to make the world more human,

– be purified and strengthened by the power of your Spirit.

Give us, Lord, the glory of your Son.

May we be so dedicated to the service of others,

– that the whole human family may become a pleasing sacrifice in your honor.

Give us, Lord, the glory of your Son.

At the dawn of a new day, fill us with your mercy,

– that the whole day may be a day of joy and praise.

Give us, Lord, the glory of your Son.

THE LORD'S PRAYER

(Gathering our prayer and praises into one, let us offer the prayer Christ himself taught us:)

Our Father, who art in heaven,
hallowed be thy name;

thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.

CONCLUDING PRAYER

God of mercy,
you have filled us with the hope of
resurrection
by restoring man to his original dignity.
May we who relive this mystery each year
come to share it in perpetual love.
Grant this through our Lord Jesus Christ,
your Son,

who lives and reigns with you and the Holy Spirit,

God, for ever and ever.

– **Amen.**

Or:

As we recall year by year the mysteries through which, through the restoration of its original dignity,

human nature has received the hope of rising again,

we earnestly beseech your mercy, Lord, that what we celebrate in faith

we may possess in unending love.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit,

God, for ever and ever.

– **Amen.**

DISMISSAL

If a priest or deacon presides, he dismisses the people:

The Lord be with you.

– **And with your spirit.**

May almighty God bless you,
the Father, and the Son, and the Holy Spirit.

– **Amen.**

Another form of the blessing may be used,
as at Mass.

Then he adds:

Go in peace.

– **Thanks be to God.**

Wednesday, April 19, 2023

EVENING PRAYER

INTRODUCTION

God, + come to my assistance.

– **Lord, make haste to help me.**

Glory to the Father, and to the Son, and to the Holy Spirit:

– **as it was in the beginning, is now, and will be for ever. Amen. Alleluia.**

HYMN

Jesus is risen! Let us sing!

Praise to the ever-living King!

Alleluia! Alleluia!

Praise him in song, ye Seraphim!

Praise him with joy, ye Cherubim!

Alleluia! Alleluia! Alleluia! Alleluia!
Alleluia!

On this most holy day of days,
Let us together sing his praise!

Alleluia! Alleluia!

Raise joyful voices to the sky!

Sing out, ye heavens, in reply:

Alleluia! Alleluia! Alleluia! Alleluia!
Alleluia!

To God the Father let us sing,
To God the Son, our risen King!

Alleluia! Alleluia!

And equally let us adore

The Holy Spirit evermore!

Alleluia! Alleluia! Alleluia! Alleluia!
Alleluia!

Tune: Laßt Uns Erfreuen L.M. with alleluias
Music: Auserlesene Catholische Geistliche
Kirchgesänge, Köln, 1623
Text: Compilers, 1978

Or:

Alleluia! Alleluia!
Hearts to heav'n and voices raise;
Sing to God a hymn of gladness,
Sing to God a hymn of praise.
He who on the cross as Savior
For the world's salvation bled,
Jesus Christ, the King of Glory,
Now is risen from the dead.

Now the iron bars are broken,
Christ from death to life is born,
Glorious life, and life immortal,

On the resurrection morn;
Christ has triumphed, and we conquer
By his mighty enterprise,
We with him to life eternal
By his resurrection rise.

Alleluia! Alleluia!
Glory be to God on high;
Alleluia to the Savior,
Who has won the victory;
Alleluia to the Spirit,
Font of love and sanctity;
Alleluia! Alleluia!
To the Triune Majesty.

Tune: Hymn to Joy 87.87 D

Music: Ludwig van Beethoven, 1770-1827,
adapted by Edward Hodges, 1796-1867

Text: Christopher Wordsworth, 1872, alt.

PSALMODY

**Ant. 1 Do not let your hearts be troubled;
have faith in me, alleluia.**

Psalm 62

Peace in God

*May God, the source of our hope, fill your
hearts with peace as you believe in him
(Romans 15:13).*

In God alone is my soul at rest; *
my help comes from him.

He alone is my rock, my stronghold, *
my fortress: I stand firm.

How long will you all attack one man *
to break him down,
as though he were a tottering wall, *

or a tumbling fence?

Their plan is only to destroy; *
they take pleasure in lies.

With their mouth they utter blessing *
but in their heart they curse.

In God alone be at rest, my soul; *
for my hope comes from him.

He alone is my rock, my stronghold, *
my fortress; I stand firm.

In God is my safety and glory, *
the rock of my strength.

Take refuge in God, all you people. *
Trust him at all times.

Pour out your hearts before him *
for God is our refuge.

Common folk are only a breath, *

great men an illusion.

Placed in the scales, they rise; *
they weigh less than a breath.

Do not put your trust in oppression *
nor vain hopes on plunder.

Do not set your heart on riches *
even when they increase.

For God has said only one thing; *
only two do I know:
that to God alone belongs power *
and to you, Lord, love;
and that you repay each man *
according to his deeds.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen

Psalm Prayer

Lord God, you reward each one according to his works. Hear us as we pour out our hearts to you seeking your grace and secure protection. We look to you for our stable hope in a constantly changing world.

Ant. Do not let your hearts be troubled; have faith in me, alleluia.

Ant. 2 Let the peoples praise you, Lord God; let them rejoice in your salvation, alleluia.

When Psalm 67 is used as the invitatory, Psalm 95, above is used as the second psalm of Evening Prayer

Psalm 67

People of all nations will worship the Lord

You must know that God is offering his salvation to all the world (Acts 28:28).

O God, be gracious and bless us *
and let your face shed its light upon us.
So will your ways be known upon earth *
and all nations learn your saving help.

Let the peoples praise you, O God; *
let all the peoples praise you.

Let the nations be glad and exult *
for you rule the world with justice.
With fairness you rule the peoples, *
you guide the nations on earth.

Let the peoples praise you, O God; *

let all the peoples praise you.

The earth has yielded its fruit *
for God, our God, has blessed us.
May God still give us his blessing *
till the ends of the earth revere him.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen

Psalm Prayer

Be gracious and bless us, Lord, and let your
face shed its light on us, so that we can
make you known with reverence and bring
forth a harvest of justice.

Ant. Let the peoples praise you, Lord God; let them rejoice in your salvation, alleluia.

Ant. 3 His glory covers the heavens and his praise fills the earth, alleluia.

Canticle: Colossians 1:12-20

Christ the firstborn of all creation and the firstborn from the dead

Let us give thanks to the Father *
for having made you worthy
to share the lot of the saints *
in light.

He rescued us *
from the power of darkness
and brought us *
into the kingdom of his beloved Son.

Through him we have redemption, *
the forgiveness of our sins.

He is the image of the invisible God, *
the first-born of all creatures.

In him everything in heaven and on earth
was created, *
things visible and invisible.

All were created through him; *
all were created for him.

He is before all else that is. *

In him everything continues in being.

It is he who is head of the body, the church!
*

he who is the beginning,
the first-born of the dead, *
so that primacy may be his in everything.

It pleased God to make absolute fullness
reside in him *
and, by means of him, to reconcile
everything in his person,
both on earth and in the heavens, *
making peace through the blood of his cross.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. His glory covers the heavens and his
praise fills the earth, alleluia.**

READING

Hebrews 7:24-27

Jesus, because he remains forever, has a
priesthood that does not pass away.

Therefore he is always able to save those who approach God through him, since he forever lives to make intercession for them. It was fitting that we should have such a high priest: holy, innocent, undefiled, separated from sinners, higher than the heavens. Unlike the other high priests, he has no need to offer sacrifice day after day, first for his own sins and then for those of the people; he did that once for all when he offered himself.

RESPONSORY

The disciples rejoiced, alleluia, alleluia.

– **The disciples rejoiced, alleluia, alleluia.**

When they saw the risen Lord,

– **alleluia, alleluia.**

Glory to the Father, and to the Son, and to the Holy Spirit.

– **The disciples rejoiced, alleluia, alleluia.**

GOSPEL CANTICLE

Ant. The man of God welcomes the light that searches his deeds and finds them true, alleluia.

Canticle of Mary

Luke 1:46-55

The soul rejoices in the Lord

My + soul proclaims the greatness of the Lord, †

my spirit rejoices in God my Savior *

for he has looked with favor on his lowly servant.

From this day all generations will call me
blessed: †

the Almighty has done great things for me, *
and holy is his Name.

He has mercy on those who fear him *
in every generation.

He has shown the strength of his arm, *
he has scattered the proud in their conceit.

He has cast down the mighty from their
thrones, *
and has lifted up the lowly.

He has filled the hungry with good things, *
and the rich he has sent away empty.

He has come to the help of his servant Israel
*

for he has remembered his promise of
mercy,
the promise he made to our fathers, *
to Abraham and his children for ever.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. The man of God welcomes the light
that searches his deeds and finds them
true, alleluia.**

INTERCESSIONS

In his Son, risen from the dead, God has
opened for us the way to everlasting life. Let
us ask the Father:

Through the victory of Christ, save the people he has redeemed.

God of our fathers, you raised your Son Jesus from the dead and clothed him in glory; move our hearts to complete repentance,

– that we may walk in newness of life.

Through the victory of Christ, save the people he has redeemed.

You have led us back to the shepherd and bishop of our souls,

– keep us faithful under the guidance of the shepherds of the Church.

Through the victory of Christ, save the people he has redeemed.

You chose the firstfruits of Christ's disciples from the Jewish people,

– reveal to the children of Israel the fulfillment of the promise made to their forefathers.

Through the victory of Christ, save the people he has redeemed.

Remember the lonely, the orphaned and the widowed,

– and do not abandon those who have been reconciled with you by the death of your Son.

Through the victory of Christ, save the people he has redeemed.

You called Stephen to your presence when he bore witness to Jesus, standing at your right hand,

– welcome our deceased brothers and sisters who in faith and love hoped for the vision of your glory.

Through the victory of Christ, save the people he has redeemed.

THE LORD'S PRAYER

(Gathering our prayer and praises into one, let us offer the prayer Christ himself taught us:)

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.

CONCLUDING PRAYER

God of mercy,
you have filled us with the hope of
resurrection
by restoring man to his original dignity.
May we who relive this mystery each year
come to share it in perpetual love.
Grant this through our Lord Jesus Christ,
your Son,
who lives and reigns with you and the Holy
Spirit,
God, for ever and ever.
– **Amen.**

Or:

As we recall year by year the mysteries
through which, through the restoration of its
original dignity,

human nature has received the hope of rising again,
we earnestly beseech your mercy, Lord,
that what we celebrate in faith
we may possess in unending love.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of
the Holy Spirit,
God, for ever and ever.
– **Amen.**

DISMISSAL

If a priest or deacon presides, he dismisses
the people:

The Lord be with you.
– **And with your spirit.**

May almighty God bless you,

the Father, and the Son, and the Holy Spirit.
– **Amen.**

Another form of the blessing may be used,
as at Mass.

Then he adds:

Go in peace.

– **Thanks be to God.**

Wednesday, April 19, 2023

NIGHT PRAYER

INTRODUCTION

God, + come to my assistance.

– **Lord, make haste to help me.**

Glory to the Father, and to the Son, and to the Holy Spirit:

– **as it was in the beginning, is now, and will be for ever. Amen. Alleluia.**

Examination of conscience

A brief examination of conscience may be made. In the communal celebration of the office, a penitential rite using the formulas of the Mass may be inserted here.

[I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have
failed to do,

And, striking their breast, they say:

through my fault, through my fault,
through my most grievous fault;

Then they continue:

therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

The presider says the absolution. If a priest or deacon is present, he should preside.

May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life.
– Amen.]

HYMN

At the Lamb's high feast we sing
Praise to our victorious King,
Who has washed us in the tide
Flowing from his wounded side;
Praise the Lord, whose love divine
Gives his sacred blood for wine,
Gives his body for the feast,
Christ the victim, Christ the priest.

Where the Paschal blood is poured,

Death's dark angel sheathes his sword;
Israel's host in triumph go
Through the waves that drown the foe.
Christ the Lamb whose blood was shed,
Paschal victim, Paschal bread;
Let us with a fervent love
Taste the manna from above.

Mighty Victim from on high,
Pow'rs of hell now vanquished lie;
Sin is conquered in the fight:
You have brought us life and light;
Your resplendent banners wave,
You have risen from the grave;
Christ has opened Paradise,
And in him all men shall rise.

Easter triumph, Easter joy,
Sin alone can this destroy;
Souls from sin and death set free

Glory in their liberty.
Hymns of glory, hymns of praise
Father unto you we raise;
Risen Lord, for joy we sing;
Let our hymns through heaven ring.

Tune: Salzburg 77.77 D

Music: Jacob Hintze, 1622-1702

Text: Ad regias Agni dapes

Translation: Robert Campbell, 1814-1868,
adapted by Geoffrey Laycock

Or:

O love of God, how strong and true,
Eternal, and yet ever new,
Uncomprehended and unbought,
Beyond all knowledge and all thought!

O heav'nly love, how precious still

In days of weariness and ill,
In nights of pain and helplessness,
To heal, to comfort and to bless!

O wide embracing wondrous love,
We read thee in the sky above;
We read thee in the earth below,
In seas that swell and streams that flow.

We read thee best in him who came
And bore for us the cross of shame,
Sent by the Father from on high,
Our life to live, our death to die.

O love of God, our shield and stay
Through all the perils of our way—
Eternal love, in thee we rest.
For ever safe, for ever blest.

Tune: Bevor des Tages Licht begeht L.M.

Music: Mode VIII, Deutsches Psalterium für
die Sonntage und Wochentage des
Kirchenjahres

Text: Horatius T. Bonar, 1808-1889

PSALMODY

Ant. Alleluia, alleluia, alleluia.

Psalm 31:1-6

Trustful prayer in adversity

*Father, into your hands I commend my spirit
(Luke 23:46).*

In you, O Lord, I take refuge. *

Let me never be put to shame.

In your justice, set me free, *

hear me and speedily rescue me.

Be a rock of refuge for me, *
a mighty stronghold to save me,
for you are my rock, my stronghold. *
For your name's sake, lead me and guide
me.

Release me from the snares they have
hidden *
for you are my refuge, Lord.
Into your hands I commend my spirit. *
It is you who will redeem me, Lord.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Psalm 130

A cry from the depths

*He will save his people from their sins
(Matthew 1:21).*

Out of the depths I cry to you, O Lord, *
Lord, hear my voice!

O let your ears be attentive *
to the voice of my pleading.

If you, O Lord, should mark our guilt, *
Lord, who would survive?

But with you is found forgiveness: *
for this we revere you.

My soul is waiting for the Lord, *
I count on his word.

My soul is longing for the Lord *
more than watchman for daybreak.

Let the watchman count on daybreak *
and Israel on the Lord.

Because with the Lord there is mercy *
and fullness of redemption,
Israel indeed he will redeem *
from all its iniquity.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. Alleluia, alleluia, alleluia.

READING

Ephesians 4:26-27

If you are angry, let it be without sin. The sun must not go down on your wrath; do not give the devil a chance to work on you.

RESPONSORY

Into your hands, Lord, I commend my spirit,
alleluia, alleluia.

**– Into your hands, Lord, I commend my
spirit, alleluia, alleluia.**

You have redeemed us, Lord God of truth.

– Alleluia, alleluia.

Glory to the Father, and to the Son, and to
the Holy Spirit.

**– Into your hands, Lord, I commend my
spirit, alleluia, alleluia.**

GOSPEL CANTICLE

**Ant. Protect us, Lord, as we stay awake;
watch over us as we sleep, that awake, we
may keep watch with Christ, and asleep,
rest in his peace, alleluia.**

Canticle of Simeon

Luke 2:29-32

Christ is the light of the nations and the
glory of Israel

Lord, + now you let your servant go in
peace; *

your word has been fulfilled:

my own eyes have seen the salvation *
which you have prepared in the sight of
every people:

a light to reveal you to the nations *
and the glory of your people Israel.

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *

and will be for ever. Amen.

Ant. Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace, alleluia.

CONCLUDING PRAYER

Let us pray.

Lord Jesus Christ,
you have given your followers
an example of gentleness and humility,
a task that is easy, a burden that is light.
Accept the prayers and work of this day,
and give us the rest that will strengthen us
to render more faithful service to you
who live and reign for ever and ever.
– **Amen.**

BLESSING

May the all-powerful Lord
grant us a restful night
and a peaceful death.

– **Amen.**

Antiphon or song in honor of the Blessed Virgin Mary

Queen of heaven, rejoice, alleluia.

The Son whom you merited to bear, alleluia,
has risen as he said, alleluia.

Pray for us to God, alleluia.

Rejoice and be glad, O Virgin Mary,
alleluia!

For the Lord has truly risen, alleluia!

Or:

Regina caeli, laetare, alleluia,
quia quem meruisti portare, alleluia,
resurrexit sicut dixit, alleluia;
ora pro nobis Deum, alleluia.

Gaude et laetare, Virgo Maria, alleluia.
Quia surrexit Dominus vere, alleluia.

Wednesday, April 19, 2023

Thursday, April 20, 2023
Thursday of the Second Week
of Easter

Reading

Office of Readings

Morning Prayer

Evening Prayer

Night Prayer

Home page!

READINGS

First Reading

Acts 5:27-33

We are witnesses of these words, as is the Holy Spirit.

A reading from the Acts of the Apostles

When the court officers had brought the Apostles in

and made them stand before the Sanhedrin,

the high priest questioned them,
“We gave you strict orders did we not,
to stop teaching in that name.

Yet you have filled Jerusalem with your teaching

and want to bring this man's blood upon us.”

But Peter and the Apostles said in reply,

“We must obey God rather than men. The God of our ancestors raised Jesus, though you had him killed by hanging him on a tree.

God exalted him at his right hand as leader and savior

to grant Israel repentance and forgiveness of sins.

We are witnesses of these things,

as is the Holy Spirit whom God has given to those who obey him.”

When they heard this,

they became infuriated and wanted to put them to death.

Responsorial Psalm

Ps 34:2 and 9, 17-18, 19-20

R. (7a) The Lord hears the cry of the poor.

or:

R. Alleluia.

I will bless the LORD at all times;
his praise shall be ever in my mouth.
Taste and see how good the LORD is;
blessed the man who takes refuge in him.

R. The Lord hears the cry of the poor.

or:

R. Alleluia.

The LORD confronts the evildoers,
to destroy remembrance of them from the
earth.

When the just cry out, the LORD hears them,
and from all their distress he rescues them.

R. The Lord hears the cry of the poor.

or:

R. Alleluia.

The LORD is close to the brokenhearted;
and those who are crushed in spirit he saves.

Many are the troubles of the just man,
but out of them all the LORD delivers him.

R. The Lord hears the cry of the poor.

or:

R. Alleluia.

Acclamation before the Gospel

Jn 20:29

R. Alleluia, alleluia.

You believe in me, Thomas, because you have seen me, says the Lord; blessed are those who have not seen, but still believe!

R. Alleluia, alleluia.

Gospel

Jn 3:31-36

The Father loves the Son and has given everything over to him.

✠ A reading from the holy Gospel according to John

The one who comes from above is above all. The one who is of the earth is earthly and speaks of earthly things.

But the one who comes from heaven is above all.

He testifies to what he has seen and heard,

but no one accepts his testimony.
Whoever does accept his testimony certifies
that God is trustworthy.
For the one whom God sent speaks the
words of God.
He does not ration his gift of the Spirit.
The Father loves the Son and has given
everything over to him.
Whoever believes in the Son has eternal life,
but whoever disobeys the Son will not see
life,
but the wrath of God remains upon him.

At the end of the Gospel, the Deacon, or the
Priest, acclaims:

The Gospel of the Lord.

All reply:

Praise to you, Lord Jesus Christ.

Then he kisses the book, saying quietly:
Through the words of the Gospel
may our sins be wiped away.

Thursday, April 20, 2023

OFFICE OF READINGS

INVITATORY

The Invitatory is said when this is the first ‘hour’ of the day.

Lord, + open my lips.

– **And my mouth will proclaim your praise.**

Ant. The Lord is risen, alleluia.

The antiphon is repeated. In individual recitation, the antiphon may be said only at the beginning of the psalm; it need not be repeated after each strophe.

Psalm 95

A call to praise God

Encourage each other daily while it is still today (Hebrews 3:13).

Come, let us sing to the Lord *

and shout with joy to the Rock who saves us.

Let us approach him with praise and thanksgiving *

and sing joyful songs to the Lord.

Ant. The Lord is risen, alleluia.

The Lord is God, the mighty God, *
the great king over all the gods.

He holds in his hands the depths of the earth

*

and the highest mountains as well.
He made the sea; it belongs to him, *
the dry land, too, for it was formed by his
hands.

Ant. The Lord is risen, alleluia.

Come, then, let us bow down and worship, *
bending the knee before the Lord, our
maker.

For he is our God and we are his people, *
the flock he shepherds.

Ant. The Lord is risen, alleluia.

Today, listen to the voice of the Lord: †
Do not grow stubborn, as your fathers did
in the wilderness, *
when at Meriba and Massah
they challenged me and provoked me, *

Although they had seen all of my works.

Ant. The Lord is risen, alleluia.

Forty years I endured that generation. *

I said, “They are a people whose hearts go astray

and they do not know my ways.”

So I swore in my anger, *

“They shall not enter into my rest.”

Ant. The Lord is risen, alleluia.

Glory to the Father, and to the Son, *

and to the Holy Spirit:

as it was in the beginning, is now, *

and will be for ever. Amen.

Ant. The Lord is risen, alleluia.

If the Invitatory is not said, then the following is used:

God, + come to my assistance.

– **Lord, make haste to help me.**

Glory to the Father, and to the Son, and to the Holy Spirit:

– **as it was in the beginning, is now, and will be for ever. Amen. Alleluia.**

HYMN

Christ the Lord is ris'n today;
Christians, haste your vows to pay;
Offer you your praises meet
At the Paschal Victim's feet.
For the sheep the Lamb has bled,
Sinless in the sinner's stead;
Christ, the Lord, is ris'n on high,

Now he lives no more to die!

Christ, the Victim undefiled,
Man to God has reconciled;
When in strange and awful strife
Met together death and life;
Christians, on this happy day
Haste with joy your vows to pay.
Christ, the Lord, is ris'n on high,
Now he lives no more to die!

Christ, who once for sinners bled,
Now the firstborn from the dead,
Throned in endless might and power,
Lives and reigns forevermore.
Hail, eternal Hope on high!
Hail, our King of Victory!
Hail, our Prince of life adored!
Help and save us, gracious Lord.

Tune: Victimae Paschali Laudes 77.77 D

Music: Traditional, alt.

Text: Victimae Paschali Laudes, Wipo of Burgundy, eleventh century

Translation: Jane E. Leeson, 1807-1882

Or:

The day of resurrection!

Earth spread the news abroad;

The Paschal feast of gladness,

The Paschal feast of God.

From death to life eternal,

From earth to heaven's height

Our Savior Christ has brought us,

The glorious Lord of Light.

Our hearts be free from evil

That we may see aright

The Savior resurrected

In his eternal light;
And hear his message plainly,
Delivered calm and clear:
“Rejoice with me in triumph,
Be glad and do not fear.”

Now let the heav'ns be joyful,
And earth her song begin,
The whole world keep high triumph
And all that is therein;
Let all things in creation
Their notes of gladness blend,
For Christ the Lord has risen,
Our joy that has no end.

Tune: Ellacombe or Aurelia 76.76 D

Music: (Ellacombe) Wurtemberg

Gesangbuch, 1784, adapted in the Mainz

Gesangbuch, 1833, and further adapted in

the St. Gall Gesangbuch, 1863; (Aurelia) S.
S. Wesley, 1810-1876
Text: John Mason Neale, 1818-1866,
adapted by Anthony G. Petti

PSALMODY

**Ant. 1 Lord, you are our savior; we will
praise you for ever, alleluia.**

Psalm 44

The misfortune of God's people

*We triumph over all these things through
him who loved us (Romans 8:37).*

I

We heard with our own ears, O God, *
our fathers have told us the story

of the things you did in their days, *
you yourself, in days long ago.

To plant them you uprooted the nations: *
to let them spread you laid peoples low.
No sword of their own won the land; *
no arm of their own brought them victory.
It was your right hand, your arm *
and the light of your face: for you loved
them.

It is you, my king, my God, *
who granted victories to Jacob.
Through you we beat down our foes; *
in your name we trampled down our
aggressors.

For it was not in my bow that I trusted *
nor yet was I saved by my sword:
it was you who saved us from our foes, *

it was you who put our foes to shame.
All day long our boast was in God *
and we praised your name without ceasing.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. Lord, you are our savior; we will
praise you for ever, alleluia.**

**Ant. 2 Spare us, O Lord; do not bring
your own people into contempt, alleluia.**

II

Yet now you have rejected us, disgraced us:
*
you no longer go forth with our armies.

You make us retreat from the foe *
and our enemies plunder us at will.

You make us like sheep for the slaughter *
and scatter us among the nations.

You sell your own people for nothing *
and make no profit by the sale.

You make us the taunt of our neighbors, *
the laughing stock of all who are near.
Among the nations, you make us a byword,
*

among the peoples a thing of derision.

All day long my disgrace is before me: *
my face is covered with shame
at the voice of the taunter, the scoffer, *
at the sight of the foe and avenger.

Glory to the Father, and to the Son, *

and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. Spare us, O Lord; do not bring your
own people into contempt, alleluia.**

**Ant. 3 Rise up, O Lord, and save us, for
you are merciful, alleluia.**

III

This befell us though we had not forgotten
you; *
though we had not been false to your
covenant,
though we had not withdrawn our hearts; *
though our feet had not strayed from your
path.

Yet you have crushed us in a place of
sorrows *
and covered us with the shadow of death.

Had we forgotten the name of our God *
or stretched out our hands to another god
would not God have found this out, *
he who knows the secrets of the heart?
It is for you that we face death all day long *
and are counted as sheep for the slaughter.

Awake, O Lord, why do you sleep? *
Arise, do not reject us for ever!
Why do you hide your face from us *
and forget our oppression and misery?

For we are brought down low to the dust; *
our body lies prostrate on the earth.
Stand up and come to our help! *
Redeem us because of your love!

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Psalm Prayer

Lord, rise up and come to our aid; with your strong arm lead us to freedom, as you mightily delivered our forefathers. Since you are the king who knows the secrets of our hearts, fill them with the light of truth.

Ant. Rise up, O Lord, and save us, for you are merciful, alleluia.

God raised the Lord to life, alleluia.

– Through his power he will also raise us up, alleluia.

READINGS

FIRST READING

From the book of Revelation
3:1-22

The churches of Sardis, Philadelphia and
Laodicea

I John heard the Lord saying to me: “To the
angel of the church in Sardis, write this:

“The One who has the seven spirits of God
and the seven stars says this:

“I know your works, that you have the
reputation of being alive, but you are dead.
Be watchful and strengthen what is left,

which is going to die, for I have not found your works complete in the sight of my God. Remember then how you accepted and heard; keep it, and repent. If you are not watchful, I will come like a thief, and you will never know at what hour I will come upon you. However, you have a few people in Sardis who have not soiled their garments; they will walk with me dressed in white, because they are worthy. The victor will thus be dressed in white, and I will never erase his name from the book of life but will acknowledge his name in the presence of my Father and of his angels.

““Whoever has ears ought to hear what the Spirit says to the churches.””

“To the angel of the church in Philadelphia, write this:

“The holy one, the true, who holds the key of David, who opens and no one shall close, who closes and no one shall open, says this:

“I know your works, behold, I have left an open door before you, which no one can close. You have limited strength, and yet you have kept my word and have not denied my name. Behold, I will make those of the assembly of Satan who claim to be Jews and are not, but are lying, behold I will make them come and fall prostrate at your feet, and they will realize that I love you.

Because you have kept my message of endurance, I will keep you safe in the time of trial that is going to come to the whole world to test the inhabitants of the earth. I am coming quickly. Hold fast to what you have, so that no one may take your crown.

“The victor I will make into a pillar in the temple of my God, and he will never leave it again. On him I will inscribe the name of my God and the name of the city of my God, the new Jerusalem, which comes down out of heaven from my God, as well as my new name.”

“Whoever has ears ought to hear what the Spirit says to the churches.”

“To the angel of the church in Laodicea, write this:

“The Amen, the faithful and true witness, the source of God’s creation, says this:

“I know your works; I know that you are neither cold nor hot. I wish you were either

cold or hot. So, because you are lukewarm, neither hot nor cold, I will spit you out of my mouth. For you say, ‘I am rich and affluent and have no need of anything,’ and yet do not realize that you are wretched, pitiable, poor, blind, and naked. I advise you to buy from me gold refined by fire so that you may be rich, and white garments to put on so that your shameful nakedness may not be exposed, and buy ointment to smear on your eyes so that you may see. Those whom I love, I reprove and chastise. Be earnest, therefore, and repent.”

“Behold, I stand at the door and knock. If anyone hears my voice and opens the door, then I will enter his house and dine with him, and he with me. I will give the victor the right to sit with me on my throne, as I

myself first won the victory and sit with my Father on his throne.”

““Whoever has ears ought to hear what the Spirit says to the churches.””

RESPONSORY

Revelation 3:20; 2:7

If anyone hears my voice and opens the door,

– I will come into his house and share his supper, he and I together, alleluia.

Those who gain the victory,
I will feed from the tree of life
which grows in the garden of God.

– I will come into his house and share his supper, he and I together, alleluia.

SECOND READING

From a sermon by Saint Gaudentius of
Brescia, bishop
(Tract. 2: CSEL 68, 30-32)

The inheritance of the new covenant

The heavenly sacrifice, instituted by Christ, is the most gracious legacy of his new covenant. On the night he was delivered up to be crucified he left us this gift as a pledge of his abiding presence.

This sacrifice is our sustenance on life's journey; by it we are nourished and supported along the road of life until we depart from this world and make our way to the Lord. For this reason he addressed these words to us: Unless you eat my flesh and

drink my blood, you will not have life in you.

It was the Lord's will that his gifts should remain with us, and that we who have been redeemed by his precious blood should constantly be sanctified according to the pattern of his own passion. And so he commanded those faithful disciples of his whom he made the first priests of his Church to enact these mysteries of eternal life continuously. All priests throughout the churches of the world must celebrate these mysteries until Christ comes again from heaven. Therefore let us all, priests and people alike, be faithful to this everlasting memorial of our redemption. Daily it is before our eyes as a representation of the passion of Christ. We hold it in our hands,

we receive it in our mouths, and we accept it in our hearts.

It is appropriate that we should receive the body of Christ in the form of bread, because, as there are many grains of wheat in the flour from which bread is made by mixing it with water and baking it with fire, so also we know that many members make up the one body of Christ which is brought to maturity by the fire of the Holy Spirit. Christ was born of the Holy Spirit, and since it was fitting that he should fulfill all justice, he entered into the waters of baptism to sanctify them. When he left the Jordan he was filled with the Holy Spirit who had descended upon him in the form of a dove. As the evangelist tells us: Jesus, full of the Holy Spirit, returned from the Jordan.

Similarly, the wine of Christ's blood, drawn from the many grapes of the vineyard that he had planted, is extracted in the winepress of the cross. When men receive it with believing hearts, like capacious wineskins, it ferments within them by its own power.

And so, now that you have escaped from the power of Egypt and of Pharaoh, who is the devil, join with us, all of you, in receiving this sacrifice of the saving passover with the eagerness of dedicated hearts. Then in our inmost being we shall be wholly sanctified by the very Lord Jesus Christ whom we believe to be present in his sacraments, and whose boundless power abides for ever.

RESPONSORY

Luke 22:19; John 6:59

Jesus took bread, gave thanks, and broke the bread.

Then he gave it to his disciples and said:

**– This is my body which is given for you.
Do this in memory of me, alleluia.**

This is the bread come down from heaven;
anyone who eats this bread will live for
ever.

**– This is my body which is given for you.
Do this in memory of me, alleluia.**

CONCLUDING PRAYER

Let us pray.

God of mercy,
may the Easter mystery we celebrate
be effective through our lives

Grant this through our Lord Jesus Christ,
your Son,
who lives and reigns with you and the Holy
Spirit,
God, for ever and ever.
– **Amen.**

ACCLAMATION

Let us praise the Lord.
– **And give him thanks.**

Thursday, April 20, 2023

MORNING PRAYER

INVITATORY

The Invitatory is said when this is the first 'hour' of the day.

Lord, + open my lips.

– **And my mouth will proclaim your praise.**

Ant. The Lord is risen, alleluia.

The antiphon is repeated. In individual recitation, the antiphon may be said only at the beginning of the psalm; it need not be repeated after each strophe.

Psalm 95

A call to praise God

Encourage each other daily while it is still today (Hebrews 3:13).

Come, let us sing to the Lord *

and shout with joy to the Rock who saves us.

Let us approach him with praise and thanksgiving *

and sing joyful songs to the Lord.

Ant. The Lord is risen, alleluia.

The Lord is God, the mighty God, *
the great king over all the gods.

He holds in his hands the depths of the earth
*

and the highest mountains as well.

He made the sea; it belongs to him, *
the dry land, too, for it was formed by his
hands.

Ant. The Lord is risen, alleluia.

Come, then, let us bow down and worship, *
bending the knee before the Lord, our
maker.

For he is our God and we are his people, *
the flock he shepherds.

Ant. The Lord is risen, alleluia.

Today, listen to the voice of the Lord: †
Do not grow stubborn, as your fathers did
in the wilderness, *
when at Meriba and Massah
they challenged me and provoked me, *
Although they had seen all of my works.

Ant. The Lord is risen, alleluia.

Forty years I endured that generation. *
I said, “They are a people whose hearts go
astray
and they do not know my ways.”
So I swore in my anger, *
“They shall not enter into my rest.”

Ant. The Lord is risen, alleluia.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. The Lord is risen, alleluia.

If the Invitatory is not said, then the following is used:

God, + come to my assistance.

– **Lord, make haste to help me.**

Glory to the Father, and to the Son, and to the Holy Spirit:

– **as it was in the beginning, is now, and will be for ever. Amen. Alleluia.**

HYMN

Jesus Christ is ris'n today, Alleluia

Our triumphant holy day, Alleluia!

Who did once upon the cross, Alleluia!

Suffer to redeem our loss, Alleluia!

Hymns of praise then let us sing, Alleluia!

Unto Christ our heav'nly King, Alleluia!

Who endured the cross and grave, Alleluia!
Sinners to redeem and save, Alleluia!

But the pains which he endured, Alleluia!
Our salvation have procured, Alleluia!
Now He rules eternal King, Alleluia!
Where the angels ever sing, Alleluia!

Praise to God the Father sing, Alleluia!
Praise to God the Son, our King, Alleluia!
Praise to God the Spirit be, Alleluia!
Now and through eternity, Alleluia!

Tune: Easter Hymn 77.77 with alleluia

Music: Lyra Davidica, 1708

Text: Stanza 1 In Lyra Davidica, Latin
Carol, paraphrased, 1708, alt; stanzas 2, 3,
The Compleat Psalmody, 1749, alt; stanza
4, William Reynolds, 1860

Or:

Alleluia, alleluia, alleluia.

Ye sons and daughters, let us sing!
The King of Heav'n, the glorious King,
O'er death today rose triumphing.
Alleluia!

Alleluia, alleluia, alleluia.

That Easter morn, at break of day,
The faithful women went their way
To seek the tomb where Jesus lay.
Alleluia!

Alleluia, alleluia, alleluia.

An angel clad in white they see,
Who sat, and spoke unto the three,
“Your Lord doth go to Galilee.”
Alleluia!

Alleluia, alleluia, alleluia.

On this most holy day of days,
To God your hearts and voices raise,
In laud and jubilee and praise.

Alleluia!

Alleluia, alleluia, alleluia.

And we with Holy Church unite,
As evermore is just and right,
In glory to the King of light.

Alleluia!

Tune: O Filii et Filiae 888 with alleluias

Music: Seventeenth Century French Proper

Melody

Text: Jean Tisserand, d. 1495

Translation: John Mason Neale, 1818-1866,
alt.

PSALMODY

**Ant. 1 I am the vine; you are the
branches, alleluia.**

Psalm 80

Lord, come, take care of your vineyard

Come, Lord Jesus (Revelation 22:20).

O shepherd of Israel, hear us, *
you who lead Joseph's flock,
shine forth from your cherubim throne *
upon Ephraim, Benjamin, Manasseh.

O Lord, rouse up your might, *
O Lord, come to our help.

God of hosts, bring us back; *
let your face shine on us and we shall be
saved.

Lord God of hosts, how long *
will you frown on your people's plea?
You have fed them with tears for their
bread, *
an abundance of tears for their drink.
You have made us the taunt of our
neighbors, *
our enemies laugh us to scorn.

God of hosts, bring us back; *
let your face shine on us and we shall be
saved.

You brought a vine out of Egypt; *
to plant it you drove out the nations.
Before it you cleared the ground; *
it took root and spread through the land.

The mountains were covered with its
shadow, *
the cedars of God with its boughs.
It stretched out its branches to the sea, *
to the Great River it stretched out its shoots.

Then why have you broken down its walls?
*

It is plucked by all who pass by.
It is ravaged by the boar of the forest, *
devoured by the beasts of the field.

God of hosts, turn again, we implore, *
look down from heaven and see.
Visit this vine and protect it, *
the vine your right hand has planted.
Men have burnt it with fire and destroyed it.
*

May they perish at the frown of your face.

May your hand be on the man you have
chosen, *
the man you have given your strength.
And we shall never forsake you again: *
give us life that we may call upon your
name.

God of hosts, bring us back; *
let your face shine on us and we shall be
saved.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Psalm Prayer

Lord God, eternal shepherd, you so tend the
vineyard you planted that now it extends its

branches even to the farthest coast. Look down on your Church and come to us. Help us remain in your Son as branches on the vine, that, planted firmly in your love, we may testify before the whole world to your great power working everywhere.

Ant. I am the vine; you are the branches, alleluia.

Ant. 2 Rejoicing, you will draw water from the well-springs of the Savior, alleluia.

Canticle: Isaiah 12:1-6

Joy of God's ransomed people

If anyone thirsts, let him come to me and drink (John 7:37).

I give you thanks, O Lord; †
though you have been angry with me, *
your anger has abated, and you have
consoled me.

God indeed is my savior; *
I am confident and unafraid.
My strength and my courage is the Lord, *
and he has been my savior.

With joy you will draw water *
at the fountain of salvation, and say on that
day:

Give thanks to the Lord, acclaim his name; †
among the nations make known his deeds, *
proclaim how exalted is his name.

Sing praise to the Lord for his glorious
achievement; *
let this be known throughout all the earth.

Shout with exultation, O city of Zion, †
for great in your midst *
is the Holy One of Israel!

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. Rejoicing, you will draw water from
the well-springs of the Savior, alleluia.**

**Ant. 3 The Lord has fed us with the finest
wheat, alleluia.**

Psalm 81

Solemn renewal of the Covenant

See that no one among you has a faithless heart (Hebrews 3:12).

Ring out your joy to God our strength, *
shout in triumph to the God of Jacob.

Raise a song and sound the timbrel, *
the sweet-sounding harp and the lute,
blow the trumpet at the new moon, *
when the moon is full, on our feast.

For this is Israel's law, *
a command of the God of Jacob.
He imposed it as a rule on Joseph, *
when he went out against the land of Egypt.

A voice I did not know said to me: *
"I freed your shoulder from the burden;
your hands were freed from the load. *
You called in distress and I saved you.

I answered, concealed in the storm cloud, *
at the waters of Meribah I tested you.
Listen, my people, to my warning, *
O Israel, if only you would heed!

Let there be no foreign god among you,
no worship of an alien god. *
I am the Lord your God, †
who brought you from the land of Egypt. *
Open wide your mouth and I will fill it.

But my people did not heed my voice *
and Israel would not obey,
so I left them in their stubbornness of heart *
to follow their own designs.

O that my people would heed me, *
that Israel would walk in my ways!
At once I would subdue their foes, *

turn my hand against their enemies.

The Lord's enemies would cringe at their feet *

and their subjection would last for ever.

But Israel I would feed with finest wheat *
and fill them with honey from the rock.”

Glory to the Father, and to the Son, *

and to the Holy Spirit:

as it was in the beginning, is now, *

and will be for ever. Amen.

Psalm Prayer

Lord God, open our mouths to proclaim your glory. Help us to leave sin behind and to rejoice in professing your name.

Ant. The Lord has fed us with the finest wheat, alleluia.

READING

Romans 8:10-11

If Christ is in you the body is dead because of sin, while the spirit is alive because of justice. If the Spirit of him who raised Jesus from the dead dwells in you, then he who raised Jesus from the dead will bring your mortal bodies to life also, through his Spirit dwelling in you.

RESPONSORY

The Lord is risen from the tomb, alleluia, alleluia.

– The Lord is risen from the tomb, alleluia, alleluia.

He hung upon the cross for us,
– **alleluia, alleluia.**

Glory to the Father and to the Son and to the
Holy Spirit.

– **The Lord is risen from the tomb,
alleluia, alleluia.**

GOSPEL CANTICLE

**Ant. The Father loves the Son and has
entrusted everything to him, alleluia.**

Canticle of Zechariah

Luke 1:68-79

The Messiah and his forerunner

Blessed + be the Lord, the God of Israel; *
he has come to his people and set them free.

He has raised up for us a mighty savior, *
born of the house of his servant David.

Through his holy prophets he promised of
old †

that he would save us from our enemies, *
from the hands of all who hate us.

He promised to show mercy to our fathers *
and to remember his holy covenant.

This was the oath he swore to our father
Abraham: *

to set us free from the hands of our enemies,
free to worship him without fear, *
holy and righteous in his sight
all the days of our life.

You, my child, shall be called the prophet of
the Most High; *
for you will go before the Lord to prepare
his way,
to give his people knowledge of salvation *
by the forgiveness of their sins.

In the tender compassion of our God *
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and
the shadow of death, *
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. The Father loves the Son and has
entrusted everything to him, alleluia.**

INTERCESSIONS

God the Father has given us his Son for the resurrection of his people. Let us turn with confidence to the Father and say:

May the Lord Jesus be our very life.

As a pillar of fire, you lighted the way for your people in the desert,

– through his resurrection may Christ be today the light of our life.

May the Lord Jesus be our very life.

Through the voice of Moses you taught your people from the mountain,

– through his resurrection may Christ be today the light of our life.

May the Lord Jesus be our very life.

You fed your pilgrim people with your gift of manna,

– through his resurrection may Christ be today the light of our life.

May the Lord Jesus be our very life.

You gave your people water from the rock,

– through his resurrection may Christ be today the light of our life.

May the Lord Jesus be our very life.

THE LORD'S PRAYER

(Gathering our prayer and praises into one, let us offer the prayer Christ himself taught us:)

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,

thy will be done
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.

CONCLUDING PRAYER

God of mercy,
may the Easter mystery we celebrate
be effective through our lives
Grant this through our Lord Jesus Christ,
your Son,
who lives and reigns with you and the Holy
Spirit,
God, for ever and ever.
– Amen.

Or:

O God, who for the salvation of the world brought about the paschal sacrifice, be favorable to the supplications of your people, so that Christ our High Priest, interceding on our behalf, may by his likeness to ourselves bring us reconciliation, and by his equality with you free us from our sins.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

– **Amen.**

DISMISSAL

If a priest or deacon presides, he dismisses the people:

The Lord be with you.

– **And with your spirit.**

May almighty God bless you,
the Father, and the Son, and the Holy Spirit.

– **Amen.**

Another form of the blessing may be used,
as at Mass.

Then he adds:

Go in peace.

– **Thanks be to God.**

Thursday, April 20, 2023

EVENING PRAYER

INTRODUCTION

God, + come to my assistance.

– **Lord, make haste to help me.**

Glory to the Father, and to the Son, and to the Holy Spirit:

– **as it was in the beginning, is now, and will be for ever. Amen. Alleluia.**

HYMN

Alleluia! Alleluia! Alleluia!

The strife is o'er, the battle done;

Now is the victor's triumph won:

O let the song of praise be sung.

Alleluia!

Alleluia! Alleluia! Alleluia!
On the third morn he rose again,
Glorious in majesty to reign:
O let us swell the joyful strain:
Alleluia!

Alleluia! Alleluia! Alleluia!
O risen Lord, all praise to thee,
Who from our sins has set us free,
That we may live eternally:
Alleluia!

Tune: Victory 888 with alleluias

Music: G.P. da Palestrina, 1588 adapted
with alleluias by W.H. Monk, 1861

Text: Cologne, 1695

Translation: Francis Pott, 1861, alt.

Or:

Christ Jesus lay in death's strong bands
For our offenses given:
But now at God's right hand he stands
And brings us life from heaven;
Therefore let us joyful be,
And praise the Father thankfully
With songs of Alleluia.
Alleluia.

How long and bitter was the strife
When life and death contended,
The victory remained with life,
The reign of death was ended:
Stripped of power, no more it reigns,
And empty form alone remains.
Death's sting is lost for ever.
Alleluia.

So let us keep this festival
To which Our Lord invites us,
The Savior who is joy of all,
The Sun that warms and lights us:
By his grace he shall impart
Eternal sunshine to the heart;
The night of sin has ended.
Alleluia.

Tune: Christ lag in Todesbanden 87.87.787
with alleluia

Music: Walther's Gesangbuchlein, 1524

Text: Martin Luther, 1483-1546, based on
Victimae Paschali laudes

Translation: Richard Massie, 1800-1887,
adapted by Anthony G. Petti

PSALMODY

**Ant. 1 God has appointed him to judge
the living and the dead, alleluia.**

Psalm 72

The Messiah's royal power

*Opening their treasures, they offered him
gifts: gold, frankincense and myrrh
(Matthew 2:11).*

I

O God, give your judgment to the king, *
to a king's son your justice,
that he may judge your people in justice *
and your poor in right judgment.

May the mountains bring forth peace for the
people *

and the hills, justice.

May he defend the poor of the people †
and save the children of the needy *

and crush the oppressor.

He shall endure like the sun and the moon *
from age to age.

He shall descend like rain on the meadow, *
like raindrops on the earth.

In his days justice shall flourish *
and peace till the moon fails.

He shall rule from sea to sea, *
from the Great River to earth's bounds.

Before him his enemies shall fall, *
his foes lick the dust.

The kings of Tarshish and the sea coasts *

shall pay him tribute.

The kings of Sheba and Seba *
shall bring him gifts.

Before him all kings shall fall prostrate, *
all nations shall serve him.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. God has appointed him to judge the
living and the dead, alleluia.**

**Ant. 2 All the peoples of the earth will be
blessed in him, alleluia.**

II

For he shall save the poor when they cry *
and the needy who are helpless.
He will have pity on the weak *
and save the lives of the poor.

From oppression he will rescue their lives, *
to him their blood is dear.
Long may he live, *
may the gold of Sheba be given him.
They shall pray for him without ceasing *
and bless him all the day.

May corn be abundant in the land *
to the peaks of the mountains.
May its fruit rustle like Lebanon; †
may men flourish in the cities *
like grass on the earth.

May his name be blessed for ever *
and endure like the sun.

Every tribe shall be blessed in him, *
all nations bless his name.

Blessed be the Lord, God of Israel, *
who alone works wonders,
ever blessed his glorious name. *
Let his glory fill the earth.

Amen! Amen!

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Psalm Prayer

We call upon your name, Father, and
pronounce it blessed above the earth. Give

your people the fullness of peace and justice
in your kingdom.

**Ant. All the peoples of the earth will be
blessed in him, alleluia.**

**Ant. 3 Christ, yesterday and today: he is
the same for ever, alleluia.**

Canticle: Revelation 11:17-18; 12:10b-12a
The judgment of God

We praise you, the Lord God Almighty, *
who is and who was.

You have assumed your great power, *
you have begun your reign.

The nations have raged in anger, *
but then came your day of wrath
and the moment to judge the dead: *

the time to reward your servants the
prophets
and the holy ones who revere you, *
the great and the small alike.

Now have salvation and power come, †
the reign of our God and the authority *
of his Anointed One.

For the accuser of our brothers is cast out, *
who night and day accused them before
God.

They defeated him by the blood of the Lamb
†
and by the word of their testimony; *
love for life did not deter them from death.
So rejoice, you heavens, *
and you that dwell therein!

Glory to the Father, and to the Son, *

and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. Christ, yesterday and today: he is
the same for ever, alleluia.**

READING

1 Peter 3:18, 22

The reason why Christ died for sins once for all, the just man for the sake of the unjust, was that he might lead you to God. He was put to death insofar as fleshly existence goes, but was given life in the spirit. He went to heaven and is at God's right hand, with angelic rulers and powers subjected to him.

RESPONSORY

The disciples rejoiced, alleluia, alleluia.

– **The disciples rejoiced, alleluia, alleluia.**

When they saw the risen Lord,

– **alleluia, alleluia.**

Glory to the Father and to the Son and to the Holy Spirit.

– **The disciples rejoiced, alleluia, alleluia.**

GOSPEL CANTICLE

Ant. Whoever believes in the Son possesses eternal life, alleluia.

Canticle of Mary

Luke 1:46-55

The soul rejoices in the Lord

My + soul proclaims the greatness of the
Lord, †
my spirit rejoices in God my Savior *
for he has looked with favor on his lowly
servant.

From this day all generations will call me
blessed: †
the Almighty has done great things for me, *
and holy is his Name.

He has mercy on those who fear him *
in every generation.

He has shown the strength of his arm, *
he has scattered the proud in their conceit.

He has cast down the mighty from their
thrones, *

and has lifted up the lowly.

He has filled the hungry with good things, *
and the rich he has sent away empty.

He has come to the help of his servant Israel
*

for he has remembered his promise of
mercy,
the promise he made to our fathers, *
to Abraham and his children for ever.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. Whoever believes in the Son
possesses eternal life, alleluia.**

INTERCESSIONS

The Father has established in Christ the foundation of all our hope and the principle of our resurrection. Let us rejoice in Christ, and cry out to him, saying:

King of glory, hear our prayer.

Lord Jesus, through your resurrection you entered the sanctuary of heaven to offer the blood of your own sacrifice,
– lead us with you into the glory of the Father.

King of glory, hear our prayer.

Through your resurrection you confirmed the faith of your disciples and sent them out into the world,
– make all bishops and priests faithful preachers of the Gospel.

King of glory, hear our prayer.

Through your resurrection you became our
peace and reconciliation,

– unite the baptized in perfect communion
of faith and love.

King of glory, hear our prayer.

Through your resurrection the crippled man
was healed at the gate of the temple,

– look on the sick and reveal in them the
power of your glory.

King of glory, hear our prayer.

You became the firstborn from the dead, the
firstfruits of the resurrection,

– grant to the dead who hoped in you a share
in your glory.

King of glory, hear our prayer.

THE LORD'S PRAYER

(Gathering our prayer and praises into one, let us offer the prayer Christ himself taught us:)

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.

CONCLUDING PRAYER

God of mercy, may the Easter mystery we
celebrate
be effective through our lives
Grant this through our Lord Jesus Christ,
your Son,
who lives and reigns with you and the Holy
Spirit,
God, for ever and ever.
– Amen.

Or:

O God, who for the salvation of the world
brought about the paschal sacrifice,
be favorable to the supplications of your
people,
so that Christ our High Priest, interceding on
our behalf,
may by his likeness to ourselves
bring us reconciliation,
and by his equality with you

free us from our sins.

Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of
the Holy Spirit,
God, for ever and ever.

– **Amen.**

DISMISSAL

If a priest or deacon presides, he dismisses
the people:

The Lord be with you.

– **And with your spirit.**

May almighty God bless you,
the Father, and the Son, and the Holy Spirit.

– **Amen.**

Another form of the blessing may be used,
as at Mass.

Then he adds:

Go in peace.

– **Thanks be to God.**

Thursday, April 20, 2023

NIGHT PRAYER

INTRODUCTION

God, + come to my assistance.

– **Lord, make haste to help me.**

Glory to the Father, and to the Son, and to the Holy Spirit:

– **as it was in the beginning, is now, and will be for ever. Amen. Alleluia.**

Examination of Conscience

A brief examination of conscience may be made. In the communal celebration of the

Office, a Penitential Rite using the formulas of the Mass may be inserted here.

[I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have
failed to do,

And, striking their breast, they say:

through my fault, through my fault,
through my most grievous fault;

Then they continue:

therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,

to pray for me to the Lord our God.

The absolution by the Priest follows:

May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life.

– Amen.]

HYMN

At the Lamb's high feast we sing
Praise to our victorious King,
Who has washed us in the tide
Flowing from his wounded side;
Praise the Lord, whose love divine
Gives his sacred blood for wine,
Gives his body for the feast,
Christ the victim, Christ the priest.

Where the Paschal blood is poured,
Death's dark angel sheathes his sword;
Israel's host in triumph go
Through the waves that drown the foe.
Christ the Lamb whose blood was shed,
Paschal victim, Paschal bread;
Let us with a fervent love
Taste the manna from above.

Mighty Victim from on high,
Pow'rs of hell now vanquished lie;
Sin is conquered in the fight:
You have brought us life and light;
Your resplendent banners wave,
You have risen from the grave;
Christ has opened Paradise,
And in him all men shall rise.

Easter triumph, Easter joy,
Sin alone can this destroy;

Souls from sin and death set free
Glory in their liberty.
Hymns of glory, hymns of praise
Father unto you we raise;
Risen Lord, for joy we sing;
Let our hymns through heaven ring.

Tune: Salzburg 77.77 D

Music: Jacob Hintze, 1622-1702

Text: Ad regias Agni dapes

Translation: Robert Campbell, 1814-1868,
adapted by Geoffrey Laycock

Or:

We praise you, Father, for your gifts
Of dusk and nightfall over earth,
Foreshadowing the mystery
Of death that leads to endless day.

Within your hands we rest secure;
In quiet sleep our strength renew;
Yet give your people hearts that wake
In love to you, unsleeping Lord.

Your glory may we ever seek
In rest, as in activity,
Until its fullness is revealed,
O source of life, O Trinity.

Tune: Te lucis ante terminum (plainchant)
L.M.

Music: Anonymous, Gregorian
Text: West Malling Abbey

PSALMODY

Ant. Alleluia, alleluia, alleluia.

Psalm 16

God is my portion, my inheritance

*The Father raised up Jesus from the dead
and broke the bonds of death (Acts 2:24).*

Preserve me, God, I take refuge in you. †
I say to the Lord: “You are my God. *
My happiness lies in you alone.”

He has put into my heart a marvelous love *
for the faithful ones who dwell in his land.
Those who choose other gods increase their
sorrows. †
Never will I offer their offerings of blood. *
Never will I take their name upon my lips.

O Lord, it is you who are my portion and
cup; *

it is you yourself who are my prize.

The lot marked out for me is my delight: *
welcome indeed the heritage that falls to
me!

I will bless the Lord who gives me counsel,
*

who even at night directs my heart.

I keep the Lord ever in my sight: *

since he is at my right hand, I shall stand
firm.

And so my heart rejoices, my soul is glad; *
even my body shall rest in safety.

For you will not leave my soul among the
dead, *

nor let your beloved know decay.

You will show me the path of life, †
the fullness of joy in your presence, *
at your right hand happiness for ever.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. Alleluia, alleluia, alleluia.

READING

1 Thessalonians 5:23

May the God of peace make you perfect in holiness. May he preserve you whole and entire, spirit, soul, and body, irreproachable at the coming of our Lord Jesus Christ.

RESPONSORY

Into your hands, Lord, I commend my spirit,
alleluia, alleluia.

**– Into your hands, Lord, I commend my
spirit, alleluia, alleluia.**

You have redeemed us, Lord God of truth.

– Alleluia, alleluia.

Glory to the Father, and to the Son, and to
the Holy Spirit.

**– Into your hands, Lord, I commend my
spirit, alleluia, alleluia.**

GOSPEL CANTICLE

**Ant. Protect us, Lord, as we stay awake;
watch over us as we sleep, that awake, we
may keep watch with Christ, and asleep,
rest in his peace, alleluia.**

Canticle of Simeon

Luke 2:29-32

Christ is the light of the nations and the
glory of Israel

Lord, + now you let your servant go in
peace; *

your word has been fulfilled:

my own eyes have seen the salvation *
which you have prepared in the sight of
every people:

a light to reveal you to the nations *
and the glory of your people Israel.

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. Protect us, Lord, as we stay awake;
watch over us as we sleep, that awake, we
may keep watch with Christ, and asleep,
rest in his peace, alleluia.**

CONCLUDING PRAYER

Let us pray.

Lord God,
send peaceful sleep
to refresh our tired bodies.
May your help always renew us
and keep us strong in your service.
We ask this through Christ our Lord.
– **Amen.**

BLESSING

May the all-powerful Lord
grant us a restful night
and a peaceful death.

– **Amen.**

Antiphon or song in honor of the Blessed Virgin Mary

Queen of heaven, rejoice, alleluia.

The Son whom you merited to bear, alleluia,
has risen as he said, alleluia.

Pray for us to God, alleluia.

Rejoice and be glad, O Virgin Mary,
alleluia!

For the Lord has truly risen, alleluia!

Or:

Regina caeli, laetare, alleluia,
quia quem meruisti portare, alleluia,
resurrexit sicut dixit, alleluia;
ora pro nobis Deum, alleluia.

Gaude et laetare, Virgo Maria, alleluia.
Quia surrexit Dominus vere, alleluia.

Thursday, April 20, 2023

Friday, April 21, 2023
Friday of the Second Week of
Easter

Reading

Office of Readings

Morning Prayer

Evening Prayer

Night Prayer

Home page!

READINGS

First Reading

Acts 5:34-42

The Apostles went out rejoicing that they had been found worthy to suffer dishonor for the sake of the name.

A reading from the Acts of the Apostles

A Pharisee in the Sanhedrin named Gamaliel,

a teacher of the law, respected by all the people,

stood up, ordered the Apostles to be put outside for a short time,

and said to the Sanhedrin, “Fellow children of Israel,

be careful what you are about to do to these men.

Some time ago, Theudas appeared, claiming to be someone important,

and about four hundred men joined him, but he was killed,

and all those who were loyal to him were disbanded and came to nothing.

After him came Judas the Galilean at the time of the census.

He also drew people after him,

but he too perished and all who were loyal to him were scattered.

So now I tell you,

have nothing to do with these men, and let them go.

For if this endeavor or this activity is of human origin,

it will destroy itself.

But if it comes from God, you will not be able to destroy them;

you may even find yourselves fighting against God.”

They were persuaded by him.

After recalling the Apostles, they had them flogged,

ordered them to stop speaking in the name of Jesus,

and dismissed them.

So they left the presence of the Sanhedrin, rejoicing that they had been found worthy to suffer dishonor for the sake of the name.

And all day long, both at the temple and in their homes,

they did not stop teaching and proclaiming the Christ, Jesus.

Responsorial Psalm

Ps 27:1, 4, 13-14

R. (See 4abc) One thing I seek: to dwell in the house of the Lord.

or:

R. Alleluia.

The LORD is my light and my salvation;
whom should I fear?

The LORD is my life's refuge;
of whom should I be afraid?

R. One thing I seek: to dwell in the house of the Lord.

or:

R. Alleluia.

One thing I ask of the LORD
this I seek:

To dwell in the house of the LORD
all the days of my life,
That I may gaze on the loveliness of the
LORD
and contemplate his temple.

**R. One thing I seek: to dwell in the house
of the Lord.**

or:

R. Alleluia.

I believe that I shall see the bounty of the
LORD
in the land of the living.

Wait for the LORD with courage;
be stouthearted, and wait for the LORD.

**R. One thing I seek: to dwell in the house
of the Lord.**

or:

R. Alleluia.

Acclamation before the Gospel

Mt 4:4b

R. Alleluia, alleluia.

One does not live on bread alone,
but on every word that comes forth from the
mouth of God.

R. Alleluia, alleluia.

Gospel

Jn 6:1-15

Jesus distributed to those who were reclining as much as they wanted

✠ A reading from the holy Gospel according to John

Jesus went across the Sea of Galilee.

A large crowd followed him,

because they saw the signs he was performing on the sick.

Jesus went up on the mountain,

and there he sat down with his disciples.

The Jewish feast of Passover was near.

When Jesus raised his eyes and saw that a large crowd was coming to him,

he said to Philip, “Where can we buy enough food for them to eat?”

He said this to test him,

because he himself knew what he was going to do.

Philip answered him,

“Two hundred days’ wages worth of food would not be enough for each of them to have a little.”

One of his disciples,

Andrew, the brother of Simon Peter, said to him,

“There is a boy here who has five barley loaves and two fish;

but what good are these for so many?”

Jesus said, “Have the people recline.”

Now there was a great deal of grass in that place.

So the men reclined, about five thousand in number.

Then Jesus took the loaves, gave thanks,

and distributed them to those who were reclining,

and also as much of the fish as they wanted.

When they had had their fill, he said to his disciples,

“Gather the fragments left over, so that nothing will be wasted.”

So they collected them,

and filled twelve wicker baskets with fragments

from the five barley loaves that had been more than they could eat.

When the people saw the sign he had done, they said,

“This is truly the Prophet, the one who is to come into the world.”

Since Jesus knew that they were going to come and carry him off

to make him king,

he withdrew again to the mountain alone.

At the end of the Gospel, the Deacon, or the Priest, acclaims:

The Gospel of the Lord.

All reply:

Praise to you, Lord Jesus Christ.

Then he kisses the book, saying quietly:
Through the words of the Gospel
may our sins be wiped away.

Friday, April 21, 2023

OFFICE OF READINGS

INVITATORY

The Invitatory is said when this is the first ‘hour’ of the day.

Lord, + open my lips.

– **And my mouth will proclaim your praise.**

Ant. The Lord is risen, alleluia.

The antiphon is repeated. In individual recitation, the antiphon may be said only at the beginning of the psalm; it need not be repeated after each strophe.

Psalm 95

A call to praise God

Encourage each other daily while it is still today (Hebrews 3:13).

Come, let us sing to the Lord *

and shout with joy to the Rock who saves us.

Let us approach him with praise and thanksgiving *

and sing joyful songs to the Lord.

Ant. The Lord is risen, alleluia.

The Lord is God, the mighty God, *
the great king over all the gods.

He holds in his hands the depths of the earth
*

and the highest mountains as well.

He made the sea; it belongs to him, *
the dry land, too, for it was formed by his
hands.

Ant. The Lord is risen, alleluia.

Come, then, let us bow down and worship, *
bending the knee before the Lord, our
maker.

For he is our God and we are his people, *
the flock he shepherds.

Ant. The Lord is risen, alleluia.

Today, listen to the voice of the Lord: †
Do not grow stubborn, as your fathers did
in the wilderness, *
when at Meriba and Massah
they challenged me and provoked me, *
Although they had seen all of my works.

Ant. The Lord is risen, alleluia.

Forty years I endured that generation. *
I said, “They are a people whose hearts go
astray
and they do not know my ways.”
So I swore in my anger, *
“They shall not enter into my rest.”

Ant. The Lord is risen, alleluia.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. The Lord is risen, alleluia.

If the Invitatory is not said, then the following is used:

God, + come to my assistance.

– **Lord, make haste to help me.**

Glory to the Father, and to the Son, and to the Holy Spirit:

– **as it was in the beginning, is now, and will be for ever. Amen. Alleluia.**

HYMN

Alleluia! Alleluia!

Hearts and voices heav'nward raise:

Sing to God a hymn of gladness,

Sing to God a hymn of praise.

He who on the cross a victim,

For the world's salvation bled,

Jesus Christ, the King of glory,

Now is risen from the dead.

Now the iron bars are broken,
Christ from death to life is born,
Glorious life, and life immortal,
On this holy Easter morn,
Christ has triumphed, and we conquer
By his mighty enterprise;
We with him to life eternal
By his resurrection rise.

Christ is risen, Christ, the firstfruits
Of the holy harvest field,
Which with all its full abundance
At his second coming yields;
Then the golden ears of harvest
Will their heads before him wave,
Ripened by his glorious sunshine
From the furrows of the grave.

Christ is risen, we are risen!
Shed upon us heav'nly grace,
Rains and dew and gleams of glory
From the brightness of your face;
That with hearts in heaven dwelling,
We on earth may fruitful be,
And by angels hands be gathered
Into heav'n's eternity.

Alleluia! Alleluia!
Glory be to God on high;
Alleluia to the Savior
Who has won the victory;
Alleluia to the Spirit,
Fount of love and sanctity;
Alleluia! Alleluia!
To the Triune majesty.

Tune: Würtzburg 87.87 D

Music: Andächtige und Auserlesene
Gesänger, Würtzburg, 1705

Text: Christopher Wordsworth, 1782

Or:

Praise the Savior now and ever;
Praise him, all beneath the skies;
Prostrate lying, suff'ring, dying
On the cross, a sacrifice.
Vict'ry gaining, life obtaining,
Now in glory he does rise.

Man's work failing, Christ's availing;
He is all our righteousness;
He, our Savior, has forever
Set us free from dire distress.
Through his merit we inherit
Light and peace and happiness.

Sin's bonds severed, we're delivered,
Christ has bruised the serpent's head;
Death no longer is the stronger,
Hell itself is captive led.

Christ has risen from death's prison,
O'er the tomb his light he shed.

For His favor, praise forever,
Unto God the Father sing;
Praise the Savior, praise him ever,
Son of God, our Lord and King.
Praise the Spirit, through Christ's merit,
For he does salvation bring.

Tune: Upp, Min Tunga 87.87.87 or Lauda
Anima 87.87.87

Music: (Upp, Min Tunga) Koralpsalmboken,
Stockholm, 1697; (Lauda Anima) John
Gross, 1869

Text: Pange lingua gloriosi proelium
certaminis, Venantius Fortunatus, c. 530-
609

Translation: Augustus Nelson, 1863-1949,
alt.

PSALMODY

**Ant. 1 Lord, in your anger, do not punish
me, alleluia.**

Psalm 38

A sinner in extreme danger prays earnestly
to God

*All his friends were standing at a distance
(Luke 23:49).*

I

O Lord, do not rebuke me in your anger; *
do not punish me, Lord, in your rage.
Your arrows have sunk deep in me; *
your hand has come down upon me.

Through your anger all my body is sick: *
through my sin, there is no health in my
limbs.

My guilt towers higher than my head; *
it is a weight too heavy to bear.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. Lord, in your anger, do not punish
me, alleluia.**

**Ant. 2 Lord, you know all my longings,
alleluia.**

II

My wounds are foul and festering, *
the result of my own folly.

I am bowed and brought to my knees. *
I go mourning all the day long.

All my frame burns with fever; *
all my body is sick.

Spent and utterly crushed, *
I cry aloud in anguish of heart.

O Lord, you know all my longing: *
my groans are not hidden from you.
My heart throbs, my strength is spent; *
the very light has gone from my eyes.

My friends avoid me like a leper; *
those closest to me stand afar off.

Those who plot against my life lay snares; †
those who seek my ruin speak of harm, *
planning treachery all the day long.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. Lord, you know all my longings,
alleluia.**

**Ant. 3 I confess my guilt to you, Lord; do
not abandon me, for you are my savior,
alleluia.**

III

But I am like the deaf who cannot hear, *
like the dumb unable to speak.

I am like a man who hears nothing, *
in whose mouth is no defense.

I count on you, O Lord: *

it is you, Lord God, who will answer.

I pray: “Do not let them mock me, *

those who triumph if my foot should slip.”

For I am on the point of falling *

and my pain is always before me.

I confess that I am guilty *

and my sin fills me with dismay.

My wanton enemies are numberless *

and my lying foes are many.

They repay me evil for good *

and attack me for seeking what is right.

O Lord, do not forsake me! *
My God, do not stay afar off!
Make haste and come to my help, *
O Lord, my God, my savior!

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen

Psalm Prayer

Do not abandon us, Lord our God; you did not forget the broken body of your Christ, nor the mockery his love received. We, your children, are weighed down with sin; give us the fullness of your mercy.

Ant. I confess my guilt to you, Lord; do not abandon me, for you are my savior, alleluia.

Christ Jesus you have risen from the dead, alleluia.

– Let the heavens and the earth rejoice, alleluia.

READINGS

FIRST READING

From the book of Revelation

4:1-11

The vision of God

I, John, had another vision: above me there was an open door to heaven, and I heard the trumpetlike voice which had spoken to me before. It said, “Come up here and I will

show you what must take place in time to come.”

At once I was caught up in ecstasy. A throne was standing there in heaven, and on the throne was seated One whose appearance had a gemlike sparkle as of jasper and carnelian. Around the throne was a rainbow as brilliant as emerald. Surrounding this throne were twenty-four other thrones upon which were seated twenty-four elders; they were clothed in white garments and had crowns of gold on their heads. From the throne came flashes of lightning and peals of thunder; before it burned seven flaming torches, the seven spirits of God.

The floor around the throne was like a sea of glass that was crystal-clear.

At the very center, around the throne itself, stood four living creatures covered with eyes front and back. The first creature resembled a lion, the second an ox; the third had the face of a man, while the fourth looked like an eagle in flight. Each of the four living creatures had six wings and eyes all over, inside and out.

Day and night, without pause, they sing:

“Holy, holy, holy, is the Lord God
Almighty,

He who was, and who is, and who is to
come!”

Whenever these creatures give glory and honor and praise to the One seated on the throne, who lives forever and ever, the twenty-four elders fall down before the One

seated on the throne, and worship him who lives forever and ever. They throw down their crowns before the throne and sing:

“O Lord our God, you are worthy to receive glory and honor and power! For you have created all things; by your will they came to be and were made!”

RESPONSORY

Revelation 4:8; Isaiah 6:3

Holy, holy, holy is the Lord God Almighty, he who was, and who is, and who is to come;

– **All the earth is full of his glory, alleluia.**

The seraphim cried out to one another:

Holy, holy, holy is the Lord of hosts.

– **All the earth is full of his glory, alleluia.**

SECOND READING

From a sermon by Saint Theodore the Studite

(Oratio in adorationem crucis: PG 99, 691-694. 695. 698-699)

The precious and life-giving cross of Christ

How precious the gift of the cross, how splendid to contemplate! In the cross there is no mingling of good and evil, as in the tree of paradise: it is wholly beautiful to behold and good to taste. The fruit of this tree is not death but life, not darkness but light. This tree does not cast us out of paradise, but opens the way for our return.

This was the tree on which Christ, like a king on a chariot, destroyed the devil, the Lord of death, and freed the human race from his tyranny. This was the tree upon which the Lord, like a brave warrior wounded in his hands, feet and side, healed the wounds of sin that the evil serpent had inflicted on our nature. A tree once caused our death, but now a tree brings life. Once deceived by a tree, we have now repelled the cunning serpent by a tree. What an astonishing transformation! That death should become life, that decay should become immortality, that shame should become glory! Well might the holy Apostle exclaim: Far be it from me to glory except in the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world! The supreme wisdom that flowered on the cross has shown the folly of

worldly wisdom's pride. The knowledge of all good, which is the fruit of the cross, has cut away the shoots of wickedness.

The wonders accomplished through this tree were foreshadowed clearly even by the mere types and figures that existed in the past.

Meditate on these, if you are eager to learn.

Was it not the wood of a tree that enabled Noah, at God's command, to escape the destruction of the flood together with his sons, his wife, his sons' wives and every kind of animal? And surely the rod of Moses prefigured the cross when it changed water into blood, swallowed up the false serpents of Pharaoh's magicians, divided the sea at one stroke and then restored the waters to their normal course, drowning the enemy and saving God's own people? Aaron's rod, which blossomed in one day in proof of his

true priesthood, was another figure of the cross, and did not Abraham foreshadow the cross when he bound his son Isaac and placed him on the pile of wood?

By the cross death was slain and Adam was restored to life. The cross is the glory of all the apostles, the crown of the martyrs, the sanctification of the saints. By the cross we put on Christ and cast aside our former self. By the cross we, the sheep of Christ, have been gathered into one flock, destined for the sheepfolds of heaven.

RESPONSORY

A tree of priceless value stands in the center of paradise;

– **by his own death on this tree, our Savior overcame death for us, alleluia.**

Among the cedars of the forest,
this one surpasses all the others.

– **On this tree, our Savior overcame death
for us, alleluia.**

CONCLUDING PRAYER

Let us pray.

Father,
in your plan of salvation
your Son Jesus Christ accepted the cross
and freed us from the power of the enemy.
May we come to share the glory of his
resurrection,
for he lives and reigns with you and the
Holy Spirit,
God, for ever and ever.
– **Amen.**

Or:

O God, hope and light of the sincere,
we humbly entreat you to dispose our hearts
to offer you worthy prayer
and ever to extol you
by dutiful proclamation of your praise.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of
the Holy Spirit,
God, for ever and ever.
– **Amen.**

ACCLAMATION

Let us praise the Lord.
– **And give him thanks.**

Friday, April 21, 2023

MORNING PRAYER

INVITATORY

The Invitatory is said when this is the first 'hour' of the day.

Lord, + open my lips.

– **And my mouth will proclaim your praise.**

Ant. The Lord is risen, alleluia.

The antiphon is repeated. In individual recitation, the antiphon may be said only at the beginning of the psalm; it need not be repeated after each strophe.

Psalm 95

A call to praise God

Encourage each other daily while it is still today (Hebrews 3:13).

Come, let us sing to the Lord *

and shout with joy to the Rock who saves us.

Let us approach him with praise and thanksgiving *

and sing joyful songs to the Lord.

Ant. The Lord is risen, alleluia.

The Lord is God, the mighty God, *
the great king over all the gods.

He holds in his hands the depths of the earth
*

and the highest mountains as well.

He made the sea; it belongs to him, *
the dry land, too, for it was formed by his
hands.

Ant. The Lord is risen, alleluia.

Come, then, let us bow down and worship, *
bending the knee before the Lord, our
maker.

For he is our God and we are his people, *
the flock he shepherds.

Ant. The Lord is risen, alleluia.

Today, listen to the voice of the Lord: †
Do not grow stubborn, as your fathers did
in the wilderness, *
when at Meriba and Massah
they challenged me and provoked me, *
Although they had seen all of my works.

Ant. The Lord is risen, alleluia.

Forty years I endured that generation. *
I said, “They are a people whose hearts go
astray
and they do not know my ways.”
So I swore in my anger, *
“They shall not enter into my rest.”

Ant. The Lord is risen, alleluia.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. The Lord is risen, alleluia.

If the Invitatory is not said, then the following is used:

God, + come to my assistance.

– **Lord, make haste to help me.**

Glory to the Father, and to the Son, and to the Holy Spirit:

– **as it was in the beginning, is now, and will be for ever. Amen. Alleluia.**

HYMN

This joyful Eastertide

Away with sin and sorrow!

My love, the Crucified,

Has sprung to life this morrow:

Refrain:

Had Christ, who once was slain,

Not burst his three-day prison,
Our faith had been in vain:
But now has Christ arisen,
Arisen, arisen, arisen;
But now has Christ arisen!

My flesh in hope shall rest
And for a season slumber
Till trump from east to west
Shall wake the dead in number:

Refrain:

Had Christ, who once was slain,
Not burst his three-day prison,
Our faith had been in vain:
But now has Christ arisen,
Arisen, arisen, arisen;
But now has Christ arisen!

Death's flood has lost its chill

Since Jesus crossed the river;
Lover of souls, from ill
My passing soul deliver:

Refrain:

Had Christ, who once was slain,
Not burst his three-day prison,
Our faith had been in vain:
But now has Christ arisen,
Arisen, arisen, arisen;
But now has Christ arisen!

Tune: Vreuchten 67.67 with refrain

Music: Ooudaen's David's Psalmen, 1685

Text: George R. Woodward, 1848-1934

Or:

In this our bright and Paschal day
The sun shines out with purer ray,

When Christ, to earthly sight made plain,
The glad Apostles see again.

The wounds, the riven wounds he shows
In that his flesh with light that glows,
In loud accord both far and nigh
The Lord's arising testify.

O Christ, the King who lovest to bless,
To you our hearts and souls possess;
To you our praise that we may pay,
To whom our laud is due for aye.

Tune: Ach, bleib bei uns L.M.

Music: Samuel Scheidt, 1567-1654

Text: Aurora lucis rutilat, verses 9-11,
attributed to Saint Ambrose of Milan (340-
397)

Translation: John Mason Neale, 1818-1866

PSALMODY

Ant. 1 Have courage, my son; your sins are forgiven, alleluia.

Psalm 51

O God, have mercy on me

Your inmost being must be renewed, and you must put on the new man (Ephesians 4:23-24).

Have mercy on me, God, in your kindness. *
In your compassion blot out my offense.
O wash me more and more from my guilt *
and cleanse me from my sin.

My offenses truly I know them; *
my sin is always before me.
Against you, you alone, have I sinned; *

what is evil in your sight I have done.

That you may be justified when you give
sentence *

and be without reproach when you judge.

O see, in guilt I was born, *

a sinner was I conceived.

Indeed you love truth in the heart; *

then in the secret of my heart teach me
wisdom.

O purify me, then I shall be clean; *

O wash me, I shall be whiter than snow.

Make me hear rejoicing and gladness, *

that the bones you have crushed may revive.

From my sins turn away your face *

and blot out all my guilt.

A pure heart create for me, O God, *

put a steadfast spirit within me.

Do not cast me away from your presence, *
nor deprive me of your holy spirit.

Give me again the joy of your help; *
with a spirit of fervor sustain me,
that I may teach transgressors your ways *
and sinners may return to you.

O rescue me, God, my helper, *
and my tongue shall ring out your goodness.
O Lord, open my lips *
and my mouth shall declare your praise.

For in sacrifice you take no delight, *
burnt offering from me you would refuse,
my sacrifice, a contrite spirit.*
A humbled, contrite heart you will not
spurn.

In your goodness, show favor to Zion: *
rebuild the walls of Jerusalem.

Then you will be pleased with lawful
sacrifice,

Holocausts offered on your altar.

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and will be for ever. Amen.

Psalm Prayer

Father, he who knew no sin was made sin
for us, to save us and restore us to your
friendship. Look upon our contrite heart and
afflicted spirit and heal our troubled
conscience, so that in the joy and strength of
the Holy Spirit we may proclaim your praise
and glory before all the nations.

Ant. Have courage, my son; your sins are forgiven, alleluia.

Ant. 2 You go forth to save your people, to save your anointed one, alleluia.

Canticle: Habakkuk 3:2-4, 13a, 15-19
God comes to judge

Lift up your heads for your redemption is at hand (Luke 21:28).

O Lord, I have heard your renown, *
and feared, O Lord, your work.

In the course of the years revive it, †
in the course of the years make it known; *
in your wrath remember compassion!

God comes from Teman, *

the Holy One from Mount Paran.

Covered are the heavens with his glory, *
and with his praise the earth is filled.

His splendor spreads like the light; †
rays shine forth from beside him, *
where his power is concealed.

You come forth to save your people, *
to save your anointed one.

You tread the sea with your steeds *
amid the churning of the deep waters.
I hear, and my body trembles; *
at the sound, my lips quiver.

Decay invades my bones, *
my legs tremble beneath me.
I await the day of distress *
that will come upon the people who attack
us.

For though the fig tree blossom not *
nor fruit be on the vines,
though the yield of the olive fail *
and the terraces produce no nourishment,

though the flocks disappear from the fold *
and there be no herd in the stalls,
yet will I rejoice in the Lord *
and exult in my saving God.

God, my Lord, is my strength; †
he makes my feet swift as those of hinds *
and enables me to go upon the heights.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. You go forth to save your people, to save your anointed one, alleluia.

Ant. 3 Zion, give praise to your God; he has brought peace to your borders, alleluia.

Psalm 147:12-20

The restoration of Jerusalem

Come, I will show you the bride of the Lamb (Revelation 21:9).

O praise the Lord, Jerusalem! *
Zion, praise your God!

He has strengthened the bars of your gates, *
he has blessed the children within you.
He established peace on your borders, *
he feeds you with finest wheat.

He sends out his word to the earth *
and swiftly runs his command.
He showers down snow white as wool, *
he scatters hoar-frost like ashes.

He hurls down hailstones like crumbs. *
The waters are frozen at his touch;
he sends forth his word and it melts them: *
at the breath of his mouth the waters flow.

He makes his word known to Jacob, *
to Israel his laws and decrees.
He has not dealt thus with other nations; *
he has not taught them his decrees.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Psalm Prayer

Lord you established peace within the borders of Jerusalem. Give the fullness of peace to your faithful people. May peace rule us in this life and possess us in eternal life. You are about to fill us with the best of wheat; grant that what we see dimly now as in a mirror, we may come to perceive clearly in the brightness of your truth.

Ant. Zion, give praise to your God; he has brought peace to your borders, alleluia.

READING

Acts 5:30-32

The God of our fathers has raised up Jesus whom you put to death, hanging him on a

tree. He whom God has exalted at his right hand as ruler and savior is to bring repentance to Israel and forgiveness of sins. We testify to this. So too does the Holy Spirit whom God has given to those that obey him.

RESPONSORY

The Lord is risen from the tomb, alleluia, alleluia.

– **The Lord is risen from the tomb, alleluia, alleluia.**

He hung upon the cross for us,
– **alleluia, alleluia.**

Glory to the Father, and to the Son, and to the Holy Spirit.

**– The Lord is risen from the tomb,
alleluia, alleluia.**

GOSPEL CANTICLE

**Ant. Jesus took bread, and when he had
given thanks, he gave it to those who were
at table with him, alleluia.**

Canticle of Zechariah

Luke 1:68-79

The Messiah and his forerunner

Blessed + be the Lord, the God of Israel; *
he has come to his people and set them free.

He has raised up for us a mighty savior, *
born of the house of his servant David.

Through his holy prophets he promised of
old †

that he would save us from our enemies, *
from the hands of all who hate us.

He promised to show mercy to our fathers *
and to remember his holy covenant.

This was the oath he swore to our father
Abraham: *

to set us free from the hands of our enemies,
free to worship him without fear, *
holy and righteous in his sight
all the days of our life.

You, my child, shall be called the prophet of
the Most High; *
for you will go before the Lord to prepare
his way,
to give his people knowledge of salvation *

by the forgiveness of their sins.

In the tender compassion of our God *
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and
the shadow of death, *
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. Jesus took bread, and when he had
given thanks, he gave it to those who were
at table with him, alleluia.**

INTERCESSIONS

God the Father raised up Christ through the Spirit, and will also raise up our mortal bodies. Let us cry out to him:

Lord, raise us to life through your Holy Spirit.

All-holy Father, you accepted the holocaust of your Son in raising him from the dead, – accept the offering we make today, and lead us to eternal life.

Lord, raise us to life through your Holy Spirit.

Look with favor on all we do today, – that it may be for your glory and the sanctification of the world.

Lord, raise us to life through your Holy Spirit.

May our work today not be in vain but for
the good of the whole world,
– and through it lead us to your kingdom.
**Lord, raise us to life through your Holy
Spirit.**

Open our eyes today to recognize our
brothers and sisters, and our hearts to love
them,
– so that we may love and serve each other.
**Lord, raise us to life through your Holy
Spirit.**

THE LORD'S PRAYER

(Gathering our prayer and praises into one,
let us offer the prayer Christ himself taught
us:)

Our Father, who art in heaven,

hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.

CONCLUDING PRAYER

Father,
in your plan of salvation
your Son Jesus Christ accepted the cross
and freed us from the power of the enemy.
May we come to share the glory of his
resurrection
for he lives and reigns with you and the
Holy Spirit,

God, for ever and ever.

– **Amen.**

Or:

O God, hope and light of the sincere,
we humbly entreat you to dispose our hearts
to offer you worthy prayer
and ever to extol you
by dutiful proclamation of your praise.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of
the Holy Spirit,
God, for ever and ever.

– **Amen.**

DISMISSAL

If a priest or deacon presides, he dismisses
the people:

The Lord be with you.
– **And with your spirit.**

May almighty God bless you,
the Father, and the Son, and the Holy Spirit.
– **Amen.**

Another form of the blessing may be used,
as at Mass.

Then he adds:

Go in peace.

– **Thanks be to God.**

Friday, April 21, 2023

EVENING PRAYER

INTRODUCTION

God, + come to my assistance.

– **Lord, make haste to help me.**

Glory to the Father, and to the Son, and to the Holy Spirit:

– **as it was in the beginning, is now, and will be for ever. Amen. Alleluia.**

HYMN

Come, O Christian people sing

In triumphant gladness;

God has rescued Israel,

Given joy for sadness;

Freed from Pharaoh's bitter yoke

Jacob's sons and daughters;
Leading them beyond all death
Through the Red Sea waters.

Spring is in our hearts today;
Christ has burst his prison
And from three days' sleep in death
As a sun has risen.

All the winter of our sins,
Long and dark, is flying
From his light, to whom we give
Song and praise undying.

Now the queen of seasons, bright
With the day of splendor,
With the royal feast of feasts,
Far from dark December,
Comes to glad Jerusalem,
Who with true affection,
Welcomes with untiring praise

Jesus' resurrection.

Neither could the gates of death,
Nor the tomb's dark portal,
Nor the watchers, nor the seal,
Hold you as a mortal.
But today amid your own
You have stood bestowing
Your own peace which evermore
Passes human knowing.

Tune: Ave Virgo Virginum (Gaudeamus
Pariter) 76.76 D

Music: Johann Horn, 1544

Text: Ασωμεν παντες λαοι, John of
Damascus, c. 740

Translation: John Mason Neale, 1818-1866

Or:

I know that my Redeemer lives;
What joy the blest assurance gives!
He lives, he lives, who once was dead;
He lives, my everlasting Head!

He lives, to bless me with his love;
He lives, to plead for me above;
He lives, my hungry soul to feed;
He lives, to help in time of need.

He lives, and grants me daily breath;
He lives, and I shall conquer death;
He lives, my mansion to prepare;
He lives, to bring me safely there.

He lives, all glory to his name;
He lives, my Savior still the same;
What joy the blest assurance gives;
I know that my Redeemer lives!

PSALMODY

Ant. 1 The Lord has rescued my life from the grasp of hell, alleluia.

Psalm 116:1-9

Thanksgiving

We must endure many trials before entering God's kingdom (Acts 14:21).

I love the Lord for he has heard *
the cry of my appeal;
for he turned his ear to me *
in the day when I called him.

They surrounded me, the snares of death, *
with the anguish of the tomb;
they caught me, sorrow and distress. *
I called on the Lord's name.

O Lord, my God, deliver me!

How gracious is the Lord, and just; *
our God has compassion.

The Lord protects the simple hearts; *
I was helpless so he saved me.

Turn back, my soul, to your rest *
for the Lord has been good;
he has kept my soul from death, †
my eyes from tears *
and my feet from stumbling.

I will walk in the presence of the Lord *
in the land of the living.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *

and will be for ever. Amen.

Psalm Prayer

God of power and mercy, through your Son's passion and resurrection you have freed us from the bonds of death and the anguish of separation from you. Be ever with us on our pilgrimage; then we shall sing rather than weep. Keep our feet from stumbling, so that we may be able to follow you until we come to eternal rest.

Ant. The Lord has rescued my life from the grasp of hell, alleluia.

Ant. 2 The Lord watches over his people, and protects them as the apple of his eye, alleluia.

Psalm 121

Guardian of his people

*Never again will they hunger and thirst,
never again know scorching heat
(Revelation 7:16).*

I lift up my eyes to the mountains: *
from where shall come my help?
My help shall come from the Lord *
who made heaven and earth.

May he never allow you to stumble! *
Let him sleep not, your guard.
No, he sleeps not nor slumbers, *
Israel's guard.

The Lord is your guard and your shade; *
at your right side he stands.
By day the sun shall not smite you *

nor the moon in the night.

The Lord will guard you from evil, *
he will guard your soul.

The Lord will guard your going and coming
*

both now and for ever.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Psalm Prayer

Lord Jesus Christ, you have prepared a quiet
place for us in your Father's eternal home.
Watch over our welfare on this perilous
journey, shade us from the burning heat of

day, and keep our lives free of evil until the end.

Ant. The Lord watches over his people, and protects them as the apple of his eye, alleluia.

Ant. 3 The Lord is my strength, I shall always praise him, for he has become my Savior, alleluia.

Canticle: Revelation 15:3-4

Hymn of adoration

Mighty and wonderful are your works, *

Lord God Almighty!

Righteous and true are your ways, *

O King of the nations!

Who would dare refuse you honor, *

or the glory due your name, O Lord?

Since you alone are holy, *
all nations shall come
and worship in your presence. *
Your mighty deeds are clearly seen.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. The Lord is my strength, I shall
always praise him, for he has become my
Savior, alleluia.**

READING

Hebrews 5:8-10

Son though he was, Christ learned obedience from what he suffered; and when perfected, he became the source of eternal salvation for all who obey him, designated by God as high priest according to the order of Melchizedek.

RESPONSORY

The disciples rejoiced, alleluia, alleluia.

– **The disciples rejoiced, alleluia, alleluia.**

When they saw the risen Lord,

– **alleluia, alleluia.**

Glory to the Father, and to the Son, and to the Holy Spirit.

– **The disciples rejoiced, alleluia, alleluia.**

GOSPEL CANTICLE

Ant. To destroy the power of hell Christ died upon the cross; clothed in strength and glory, he triumphed over death on the third day, alleluia.

Canticle of Mary

Luke 1:46-55

The soul rejoices in the Lord

My + soul proclaims the greatness of the

Lord, †

my spirit rejoices in God my Savior *

for he has looked with favor on his lowly servant.

From this day all generations will call me

blessed: †

the Almighty has done great things for me, *

and holy is his Name.

He has mercy on those who fear him *
in every generation.

He has shown the strength of his arm, *
he has scattered the proud in their conceit.

He has cast down the mighty from their
thrones, *
and has lifted up the lowly.

He has filled the hungry with good things, *
and the rich he has sent away empty.

He has come to the help of his servant Israel
*

for he has remembered his promise of
mercy,
the promise he made to our fathers, *

to Abraham and his children for ever.

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. To destroy the power of hell Christ died upon the cross; clothed in strength and glory, he triumphed over death on the third day, alleluia.

INTERCESSIONS

Let us praise Christ, the source of all life and the foundation of all virtue:

Lord, establish your kingdom in the world.

Jesus our Savior, you died in your human nature but were restored to life by the Spirit,
– make us die to sin, and live by the Spirit.

Lord, establish your kingdom in the world.

You sent your disciples into the whole world to preach the Gospel to every creature,
– inspire those who preach the Gospel to live by your Spirit.

Lord, establish your kingdom in the world.

All power in heaven and on earth has been given to you, to bear witness to the truth,
– keep the hearts of those who govern us faithful to the truth.

Lord, establish your kingdom in the world.

You make all things new, and command us
to wait and watch for your kingdom,
– grant that the more we look forward to a
new heaven and a new earth, the more we
may seek to better this present world.

**Lord, establish your kingdom in the
world.**

You went down among the dead to bring
them the good news of the Gospel,
– be the great joy and hope of all the dead.

**Lord, establish your kingdom in the
world.**

THE LORD'S PRAYER

(Now let us offer together the prayer our
Lord Jesus Christ taught us:)

Our Father, who art in heaven,

hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.

CONCLUDING PRAYER

Father,
in your plan of salvation
your Son Jesus Christ accepted the cross
and freed us from the power of the enemy.
May we come to share the glory of his
resurrection
for he lives and reigns with you and the
Holy Spirit,

God, for ever and ever
– **Amen.**

Or:

O God, hope and light of the sincere,
we humbly entreat you to dispose our hearts
to offer you worthy prayer
and ever to extol you
by dutiful proclamation of your praise.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of
the Holy Spirit,
God, for ever and ever.
– **Amen.**

DISMISSAL

**If a priest or deacon presides, he dismisses
the people:**

The Lord be with you.
– **And with your spirit.**

May almighty God bless you,
the Father, and the Son, and the Holy Spirit.
– **Amen.**

Another form of the blessing may be used,
as at Mass.

Then he adds:

Go in peace.
– **Thanks be to God.**

Friday, April 21, 2023

NIGHT PRAYER

INTRODUCTION

God, + come to my assistance.

– **Lord, make haste to help me.**

Glory to the Father, and to the Son, and to the Holy Spirit:

– **as it was in the beginning, is now, and will be for ever. Amen. Alleluia.**

Examination of Conscience

A brief examination of conscience may be made. In the communal celebration of the Office, a Penitential Rite using the formulas of the Mass may be inserted here.

[I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have
failed to do,

And, striking their breast, they say:

through my fault, through my fault,
through my most grievous fault;

Then they continue:

therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

The absolution by the Priest follows:

May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life.

– Amen.]

HYMN

At the Lamb's high feast we sing
Praise to our victorious King,
Who has washed us in the tide
Flowing from his wounded side;
Praise the Lord, whose love divine
Gives his sacred blood for wine,
Gives his body for the feast,
Christ the victim, Christ the priest.

Where the Paschal blood is poured,
Death's dark angel sheathes his sword;

Israel's host in triumph go
Through the waves that drown the foe.
Christ the Lamb whose blood was shed,
Paschal victim, Paschal bread;
Let us with a fervent love
Taste the manna from above.

Mighty Victim from on high,
Pow'rs of hell now vanquished lie;
Sin is conquered in the fight:
You have brought us life and light;
Your resplendent banners wave,
You have risen from the grave;
Christ has opened Paradise,
And in him all men shall rise.

Easter triumph, Easter joy,
Sin alone can this destroy;
Souls from sin and death set free
Glory in their liberty.

Hymns of glory, hymns of praise
Father unto you we raise;
Risen Lord, for joy we sing;
Let our hymns through heaven ring.

Tune: Salzburg 77.77 D

Music: Jacob Hintze, 1622-1702

Text: Ad regias Agni dapes

Translation: Robert Campbell, 1814-1868,
adapted by Geoffrey Laycock

Or:

Holy God, we praise thy Name!
Lord of all, we bow before thee!
All on earth thy scepter claim,
All in heaven above adore thee!
Infinite thy vast domain,
Everlasting is thy reign.

Hark the loud celestial hymn
Angel choirs above are raising;
Cherubim and Seraphim,
In unceasing chorus praising,
Fill the heavens with sweet accord:
Holy, Holy, Holy Lord!

Holy Father, Holy Son,
Holy Spirit, Three we name thee,
While in essence only One,
Undivided God we claim thee;
And adoring bend the knee,
While we own the mystery.

Tune: Großer Gott 78.78.77

Music: , Vienna, c. 1774

Text: Ignaz Franz, 1719-1790

Translation: Clarence Walsworth, 1820-
1900

PSALMODY

Ant. Alleluia, alleluia, alleluia.

Psalm 88

Prayer of a very sick person

*This is your hour when darkness reigns
(Luke 22:53).*

Lord my God, I call for help by day; *
I cry at night before you.
Let my prayer come into your presence. *
O turn your ear to my cry.

For my soul is filled with evils; *
my life is on the brink of the grave.
I am reckoned as one in the tomb: *
I have reached the end of my strength,

like one alone among the dead; *
like the slain lying in their graves;
like those you remember no more, *
cut off, as they are, from your hand.

You have laid me in the depths of the tomb,
*

in places that are dark, in the depths.
Your anger weighs down upon me: *
I am drowned beneath your waves.

You have taken away my friends *
and made me hateful in their sight.
Imprisoned, I cannot escape; *
my eyes are sunken with grief.

I call to you, Lord, all the day long; *
to you I stretch out my hands.

Will you work your wonders for the dead? *
Will the shades stand and praise you?

Will your love be told in the grave *
or your faithfulness among the dead?
Will your wonders be known in the dark *
or your justice in the land of oblivion?

As for me, Lord, I call to you for help: *
in the morning my prayer comes before you.
Lord, why do you reject me? *
Why do you hide your face?

Wretched, close to death from my youth, *
I have borne your trials; I am numb.
Your fury has swept down upon me; *
your terrors have utterly destroyed me.

They surround me all the day like a flood, *
they assail me all together.
Friend and neighbor you have taken away: *
my one companion is darkness.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. Alleluia, alleluia, alleluia.

READING

Jeremiah 14:9a

You are in our midst, O Lord,
your name we bear:
do not forsake us, O Lord, our God!

RESPONSORY

Into your hands, Lord, I commend my spirit,
alleluia, alleluia.

– Into your hands, Lord, I commend my spirit, alleluia, alleluia.

You have redeemed us, Lord God of truth.
– Alleluia, alleluia.

Glory to the Father, and to the Son, and to the Holy Spirit.

– Into your hands, Lord, I commend my spirit, alleluia, alleluia.

GOSPEL CANTICLE

Ant. Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace, alleluia.

Canticle of Simeon

Luke 2:29-32

Christ is the light of the nations and the
glory of Israel

Lord, + now you let your servant go in
peace; *

your word has been fulfilled:

my own eyes have seen the salvation *
which you have prepared in the sight of
every people:

a light to reveal you to the nations *
and the glory of your people Israel.

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and will be for ever. Amen.

**Ant. Protect us, Lord, as we stay awake;
watch over us as we sleep, that awake, we
may keep watch with Christ, and asleep,
rest in his peace, alleluia.**

CONCLUDING PRAYER

Let us pray.

All-powerful God

keep us united with your Son

in his death and burial

so that we may rise to new life with him,

who lives and reigns for ever and ever.

– Amen.

BLESSING

May the all-powerful Lord

grant us a restful night

and a peaceful death.

– Amen.

Antiphon or song in honor of the Blessed Virgin Mary

Queen of heaven, rejoice, alleluia.

The Son whom you merited to bear, alleluia,
has risen as he said, alleluia.

Pray for us to God, alleluia.

Rejoice and be glad, O Virgin Mary,
alleluia!

For the Lord has truly risen, alleluia!

Or:

Regina caeli, laetare, alleluia,
quia quem meruisti portare, alleluia,
resurrexit sicut dixit, alleluia;
ora pro nobis Deum, alleluia.

Gaude et laetare, Virgo Maria, alleluia.
Quia surrexit Dominus vere, alleluia.

Or:

Hail, holy Queen, mother of mercy,
our life, our sweetness, and our hope.
To you do we cry,
poor banished children of Eve.
To you do we send up our sighs
mourning and weeping in this vale of tears.
Turn then, most gracious advocate,
your eyes of mercy toward us,
and after this exile
show us the blessed fruit of your womb,
Jesus.
O clement, O loving,
O sweet Virgin Mary.

Friday, April 21, 2023